



# Isleta Pueblo News

Volume 10 Issue 12

Pueblo of Isleta website: [www.isletapueblo.com](http://www.isletapueblo.com)

December 2015

## From the Office of the Governor

### 17th Native American Veterans Health and Wellness Symposium

November 6, 2015 the Indian Health Service – New Mexico VA Health Care System and the Isleta Veterans Association hosted the Native American Health and Wellness Symposium at the Isleta Resort and Casino. 1st Lieutenant Governor Antonio Chewiwi and 2nd Lieutenant Governor Isador Abeita thanked all veterans for their service to our country and encouraged their participation in the many opportunities being provided to veterans and their families through the Veterans Administration and Indian Health Service. The one day symposium was filled with valuable information for educational, entrepreneurial opportunities and health benefits for veterans and families. At the conclusion of the symposium a special Honoring and Recognition Ceremony was held to thank all Veterans and their families for their sacrifices in service to our country. We extend our appreciation to our Pueblo of Isleta Veterans Association who were instrumental in making this conference a success.

### 2015 White House Tribal Nations Conference – Washington DC



November 5, 2015 – Washington DC – Governor Eddie P. Torres attended the Seventh Annual White House Tribal Nations Conference hosted by President Barack Obama at the Ronald Reagan Building and International Trade Center. In a special message from the President to Congress on the Nation-to-Nation Policy, President Barack Obama has pledged to respect our nation-to-nation relationship with the United States, to respect our sovereignty, and honor our treaties. The membership of tribes in the National Congress of American Indians adopted a resolution in 2009 that encourages President Obama to systematize this nation-to-nation policy. It is a foundational tenet for the success and prosperity of Indian Country. Tribal Leaders briefing papers placed emphasis on honoring the trust responsibility in the federal budget. The federal government has a trust, treaty, and statutory obligation to tribal nations. The underpinning of federal spending in Indian country is based in the treaties that Indian tribes' ancestors signed with the US government. This budgetary

section highlights recommendations to the administration and federal government to uphold the obligation through funding with the federal budget. It included recommendation on Contract support costs and highlights the importance of Data for Effective Tribal and Federal Policy making.

In breakout sessions tribal briefing papers provided introduction and recommendations to key areas to be addressed, they include:

1. Protecting and Advancing Nation-to-Nation Relations: Tribal Sovereignty, Self-Governance, and Self Determination
2. Strengthening Tribal Economics
3. Resilience: Prevention, Intervention and Wellness
4. A Strong Future: Education Opportunities for Native Youth
5. Federal and Tribal Partnerships in Law Enforcement and Public Safety Initiatives
6. Protecting Our Future: Environmental, Natural and Cultural Resources
7. International Affairs

A special highlight of the conference for Governor Torres was a special audience with President Obama and a photo session with the President.

In addition to the Conference, Governor Torres met with Federal Emergency Management Agency (FEMA) Tribal Liaison to discuss regulatory policy adversely affecting Pueblo of Isleta home owners. Future meetings are planned to address the Pueblo's concerns.

### NM Indian Education Government to Government Fall Summit 2015

November 16-17, 2015- Laguna Pueblo-Route 66 Hotel and Casino hosted the NM Indian Education Fall Summit 2015. The theme of the summit was *"Enriching Educational Experiences and Opportunities for American Indian Students"*.

The agenda included:

- Educational Updates by Ms. Latifa Phillips, Assistant Secretary of Indian Education
- Round Table with Tribal Leaders
- PARCC Student Outcomes and Updates for 2016 implementation
- Information on School Choice and Charter Schools Serving Native American Student Populations
- Bilingual and Multicultural program opportunities including Native American language and culture
- Cultural Awareness in the School Setting
- Native American Rights Fund
- Rio Rancho Public Schools Native American Summer Academy
- Northern Community College P'oe Program
- Assembly of New Mexico Native American Educational Leadership
- Cultural Competency in Indian Education

- New Mexico Achievement Gap Research Alliance
- PARCC in BIE Schools
- Managing and Developing Title VII education Act Programs
- Tribal Education Departments National Assembly
- Valuing Diversity and Equity
- Zuni Public Schools Bilingual Programs Culturally Relevant Teaching with the Collaboration Efforts with the Pueblo of Zuni
- Using Native Core Text to Teach ELA standards while increasing Student Oral Interactions and Conversations
- Parent Advocacy for Special Education
- Keres Children's Learning Center "Reclaiming our Children's Education"
- Community Specific Sexual Health Education

The Summit provided valuable Educational updates through interaction with New Mexico State Department of Education and Tribal Leadership and Educators. The Summit was attended by Governor Eddie P. Torres, 1st Lt. Governor Antonio Chewiwi and POI Education Department representatives.

### Message from Governor Eddie Paul Torres

*As we plan for celebrating our special traditional events and holidays let us all be mindful in giving thanks to our Great Spirits for their blessings they shower upon us, and hold in your hearts those fond memories of our recently dearly departed love ones and their families. May the Great Spirit always guide you and look over you. Thank you, Governor Eddie Paul Torres.*

## St. Augustine Religious Education Program

**Merry Christmas!** It has been our custom in recent years to stage a **Christmas program** with the children in the Religious Education Program. This year the Program will take place on **Sunday, December 20 at 2:00 pm in the church.** We invite you and your family to join us for this Christmas celebration for **"Jesus is the real gift of this time of Celebration"**. The children in grades 1 – 7 and both Confirmation classes are participating.



## Isleta Career Opportunities



**\*\*PLEASE NOTE: POSITIONS ARE OPENED UNTIL FILLED\*\***

**PLEASE SUBMIT TRANSFER REQUEST TO  
HUMAN RESOURCES**

*Staffing Specialist:*

*Mari Valenzuela 724-3920 or Vickie Carrion 244-8206*

*www.isleta.com*

**Updated: November 12, 2015**

<u>Auto req ID</u>	<u>TITLE</u>	<u>DEPARTMENT</u>	<u>DIVISION</u>
549BR	SUPERVISOR - SPA	SPA SALON	HOTEL
548BR	DEALER - POKER	POKER	GAMING
547BR	AGENT-FRONT DESK (Part-Time)	HOTEL FRONT DESK	HOTEL
546BR	FLOOR TECHNICIAN-SLOTS	SLOTS	GAMING
545BR	ATTENDANT ROOM	HOTEL HOUSEKEEPING	HOTEL
544BR	ATTENDANT ROOM	HOTEL HOUSEKEEPING	HOTEL
543BR	ATTENDANT ROOM	HOTEL HOUSEKEEPING	HOTEL
542BR	HEAVY DUTY TECHNICIAN-HOUSEKEEPING	HOTEL HOUSEKEEPING	HOTEL
540BR	REPRESENTATIVE GUEST SERVICE	MARKETING PLAYERS CLUB	MARKETING
538BR	AGENT-SURVEILLANCE	SURVEILLANCE	GAMING
537BR	SERVER - TIWA	F&B TIWA	FOOD & BEVERAGE
536BR	ATTENDANT FLOOR-SLOTS	SLOTS	GAMING
535BR	SUPERVISOR FLOOR - POKER	POKER	GAMING
532BR	ATTENDANT CONCESSIONS - FUN CONNECTION	F&B FUN CONNECTION	FOOD & BEVERAGE
168BR	ATTENDANT CONCESSIONS - CHILI RISTA	F&B DELI	FOOD & BEVERAGE
497BR	AGENT-CALL CENTER	HOTEL CALL CENTER	HOTEL
400BR	COOK-EDR	F&B EMPLOYEE DINING	FOOD & BEVERAGE
525BR	TEAM MEMBER-COUNT	COUNT	GENERAL & ADMINISTRATION
483BR	SERVER BEVERAGE	F&B BEVERAGE SERVICES	FOOD & BEVERAGE
332BR	HVAC TECHNICIAN	FACILITIES MAINTENANCE	FACILITIES
511BR	REPRESENTATIVE GUEST SERVICE	MARKETING PLAYERS CLUB	MARKETING
459BR	MANAGER BOWLING AMUSEMENT	FUN CONNECTION	AMENITIES
448BR	COOK LINE-PALACE WEST	PALACE WEST	FOOD & BEVERAGE
528BR	MANAGER CAGE	CAGE	GENERAL & ADMINISTRATION
495BR	2ND MECHANIC	FUN CONNECTION	AMENITIES
541BR	MULTIMEDIA SPECIALIST	MARKETING ADVERTISING	MARKETING

## 7th Annual Light the Path Memorial Walk: "Lighten Our Steps Towards Healing"

**December 11, 2015, 5:00 P.M. at  
Isleta Recreation Center**

This annual event is in the planning stages and the time is drawing closer and closer to remember our loved ones that have journeyed before us. The 7th Annual Light the Path Memorial Walk will take place on Friday, December 11th, 2015 at the Isleta Recreation Center starting at 5:00pm.

This event is sponsored by the Isleta Community Action Team (ICAT) which is made up Pueblo of Isleta service providers, departments, and community members. Luminarias will light up the main tribal road entrances to the village, the church plaza area and the Rio Grande River Bridge. There will be a procession to St. Augustine church and upon return to the Rec Center, a dinner will be served. We will present a memorial slideshow with pictures of loved ones, as well as a raffle drawing of "awesome" door prizes.

Last year's event was a huge success, with over 2,000 luminarias lit along several tribal roads leading to the St. Augustine church. With over 250 participants in 2013 & 2014, we anticipate this number to grow larger. **NAMES ARE NOW BEING ACCEPTED TO BE PLACED ON LUMINARIAS AND FEATURED ON A MEMORIAL BANNER!!** Deadline will be December 4, 2015. Luminaria bags with your loved one's names may be picked up the next day after the event for your own personal use.

If you would like to volunteer and help fill the bags with sand, placing luminarias on the path and lighting them, you are more than welcome to join us. Call IBHS for more information about volunteering.

In closing WE all have someone special that has left so many memories while they were here with us on Earth. So, in turn we want to "Lighten Our Steps Towards Healing". If more information is needed, please contact Behavioral Health @ 869-5475. Names being accepted for Memorial Walk, through DONATIONS!



### **PURCHASED/REFERRED CARE**

**Please present your PRC referral when you check in for your appointment. Failure to do so may result in billing errors. If you receive a bill, bring it to PRC immediately.**

**For more information,  
Call PRC at 869-4488.**

**PUEBLO OF ISLETA, HIGHER EDUCATION PROGRAM APPLICANT CHECKLIST**

This checklist helps you keep track of required documents you have submitted and/or have to submit to ensure you are eligible to receive funding from the Isleta Higher Education Program (IHEP). Some of these documents may already be in your file, please call to verify. *You must submit all required documents on the following deadline dates to receive consideration for a grant. Funding will not be provided if documents are received after these deadline dates.*

Term	IHEP Application Due Date	Other Required Documents Due Date
Fall	July 1	August 31
Spring	November 1	December 31
Summer	April 1	May 31

*If attending an institution on a quarterly basis please contact the IHEP, as your deadlines may be different.*

IHEP staff initial/date	Required Documents
_____	2015/2016 POI/HEP Supplemental Scholarship Application – isletapueblo.com
_____	Pueblo of Isleta Census Office documentation – must have at least ¼ degree of Isleta Blood
_____	2015/2016 Student Aid Report summary – fafsa.gov
_____	Financial Needs Analysis – completed by the institution’s financial aid office
_____	Acceptance/Admission Letter – provisional/contingent letters are unacceptable
_____	Class Schedule – all courses enrolled in must be applicable to your degree
_____	Consortium Agreement – if attending two institutions
_____	Degree Plan – an institution document of courses needed to complete chosen degree
_____	High School Transcript/Diploma OR GED – must have graduate date or passing score
_____	Official College Transcripts – for prior or current students for the last funded term

Any questions please contact:

IHEP	Thoer Peterman	Kathleen Jojola
P (505) 869-9790	Scholarship Coordinator	Scholarship Assistant
F (505) 869-7573	poi08001@isletapueblo.com	poi08004@isletapueblo.com

Notes:

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**Pueblo of Isleta Higher Education Program Reminder:**

Pueblo of Isleta Higher Education Scholarship supporting documents for the spring 2016 term are due December 31, 2015. Supporting documents for the spring 2016 term will only be accepted from those new students who submitted applications for funding by the November 1, 2015 deadline and those students who are currently funded for the fall 2015 term. Please call, email, or stop by the higher education department to verify your application and document status. Higher education staff can be reached at (505)869-9790 or please email: Thoer Peterman – Scholarship Coordinator at POI08001@isletapueblo.com or Kathleen Jojola – Scholarship Assistant at POI08004@isletapueblo.com.

**Isleta Head Start & Early Head Start NOW ACCEPTING APPLICATIONS For the 2015-2016 program year!!**

**\*\*Head Start applications are accepted for children ages 3 years (as of August 31, 2015) up to 5 years of age**

**\*\*Early Head Start applications are accepted for families that are Prenatal up to age 30 months**

Early Head Start Center-Based option can accept children as early as 3 months (classroom age assignment may vary dependant upon the need demonstrated by applications received)

Early Head Start Home-Based option assigns a Home Visitor to each family who provides weekly activities, education, & support in the home. This option is open for Expecting Mothers and children up to age 3 years

**\*\*The following items are needed to fill out an application:**

- √ Tribal Identification w/CIB # (**REQUIRED** if residence is **outside** the reservation)
- √ Proof of Residency (New Mexico Driver’s License, Utility Bill, Government/Tribal ID)
- √ Proof of income for previous 12 months (Such as: Public Assistance Award Letter, 2014 tax forms, W-2’s, paystubs for last 12 months, etc.)
- √ Proof of Child’s Birth (State issued Birth Certificate, CIB Letter, Baptismal Letter)
- √ A copy of your child’s IFSP/IEP (if applicable)
  
- √ For Prenatal option, Pregnant Mothers need to provide proof of pregnancy

Please do not delay, call **869-9796** and schedule your application appointment today!

**There are still slots available for the Head Start program. Please make an appointment to complete your child’s application ASAP!**

**Isleta Head Start & Child Care**

Isleta Head Start has a vacancy on our Policy Council for a Community Representative. If you would like more information or are interested please submit a letter of interest to: Molly Sanchez, Executive Director - poi24001@isletapueblo.com or call 869-9796.

**You are cordially invited to attend the...**

# 2016 College & Career Fair

**Network, job search, explore and learn more about the educational and professional options available to you! Representatives from colleges will be available to answer questions.**

**Saturday  
January 16, 2016  
9AM - 12PM**

**Open to the public,  
door prizes!**

**Isleta Eagle Golf Course**

Hosted by the Pueblo of Isleta Department of Education and the Los Lunas Public School District. For more information, please contact Kathleen Jojola or Beverly Piro at (505) 869-9790.

Kathleen Jojola: POI08004@IsletaPueblo.com  
Beverly Piro: POI08101@IsletaPueblo.com




**Did you call for an Ambulance?  
Please report the information to PRC within 72 hours.  
869-4488**



**Isleta Elder Center:  
November Activities:**

With the month of November coming to an end, we start to realize that the entire 2015 year will have passed by in just a month's time. The Isleta Elder Center has a lot to be grateful for this year, looking back at how much our pueblo's community has come together to either assist or participate in the many events our program has offered and the year is not over yet. We have been very fortunate to have had the support of all the Pueblo of Isleta departments, who have been more than generous with assisting in various events. There is no amount of words that can truly express our appreciation for everyone that has been involved in our program throughout the years.

*"Coming together is a Beginning,  
Keeping together is Progress,  
Working together is Success." - Henry Ford*

**2015 Veterans Day Luncheon:**



Veterans Day is a public holiday that is dedicated to honoring anyone who has served in the United States military. On November 10, 2015 the Elder Center was honored serve our community's veterans to our annual Veterans Day Luncheon. The event was a success as the Elder Center served over a 100 local veterans and community members throughout the luncheon. The Isleta Police department assisted the Elder Center in serving food and helping in other duties throughout the luncheon. The Luncheon consisted of an opening ceremony with the help of Governor Eddie Paul Torres, Isleta Veterans Association, & Isleta Police Department. During the event Rebecca Gonzalez, Manager of the Legacy Corps for Veterans & Military Families, honored her program's volunteer members in a pinning ceremony for their service to our community's local veterans and military families.



**2015 Thanksgiving Luncheon:**

This year the Isleta Elder Center gave thanks to our community during our annual Elder Thanksgiving Luncheon in our new facility. The Elder Center hosted and served over 150 community members to a beautiful menu of Thanksgiving favorites such as turkey, stuffing, mashed



potatoes, cranberry sauce, chili (both Red & Green) & of course a slice of delicious pumpkin pie! Our event would not have been a success without the help of various POI departments taking time out their day to come serve the elders of our community. A Special Thanks to the Isleta Parks & Recreation, Police Department, Social Services, Human Resources Department, Lt. Governor Abeita/Tribal Administration, and everyone who took the time to help out our program.



**Upcoming Events:**

**Isleta Elder Center's  
Heart & Mind Study**

This is a very beneficial presentation & discussion about the adverse effects of Dementia/Alzheimer's disease and how it specifically relates to our community. This is an opportunity for families to get information and ask more questions about this study. In addition, the research group will provide an opportunity for input as they seek funding to extend the study specifically for the Pueblo of Isleta. November 30, 2015

Location: Isleta Elder Center Activities Room Starts: 6:00 pm

**Santa Fe Indian School's Annual  
Elder & Veteran Luncheon**

December 3, 2015

Location: SFIS — Santa Fe, NM

Time: 10:30 am — 4:30 pm

Transportation Available

**Annual Isleta Elder Center  
Christmas Dinner**

December 16, 2015

Location: Isleta Resort & Casino

Deadline for RSVP December 14, 2015 (please see invitation for details)

Time: TBA

**Isleta Elder Center Ugly Sweater  
Christmas Bingo Event:**

December 22, 2015

Location: Isleta Elder Center

Activities Room

Starts: 1:00pm



December 2015

ELDERLY CENTER MENU

	12/1/2015	12/2/2015	12/3/2015	12/4/2015
<p><b>**Menus Subject to change</b></p> <p><b>***Low Fat Milk Served Daily</b></p> <p>CONGREGATE MEALS <i>Salad Bar offered daily</i></p> <p><b>Homebound Deliveries</b> PLEASE call day before to CANCEL meals</p>	<p>Beef/Potato Stew w/Green chile 3 oz beef, 1/2c potato, 1/4 c green chile</p> <p>Carrot Salad 1c WW Roll 56g Orange 138 ct</p>	<p>Baked Chicken 3 oz</p> <p>Wild rice 1/2 c</p> <p>Sweet Potato 1/2 c Steamed Cauliflower 1/2 c Fruit Salad w/walnuts 1/2 c</p>	<p>3 oz Tuna Salad on Leaf Lettuce</p> <p>Cucumber/Tomato Salad 1 c</p> <p>Coleslaw 1 c Applesauce Cake 1 ea Fresh Fruit 1 ea</p>	<p>Chicken Fajita 3 oz chicken</p> <p>1/4 c Fajita Veggies</p> <p>Mexican Corn 1/2 c Pinto Beans 1/2 c 2 ea 6" Tortillas Fruit Cup 1/2</p>
12/7/2015	12/8/2015	12/9/2015	12/10/2015	12/11/2015
<p>Beef/Potato Burrito w/Green Chile 3 oz beef, 1/4 c potato 1/4 c green chile Refried Bean w/Cheese 1/2 c Calabacitas 1/2 c Orange 1/2 c</p>	<p>Turkey Sub Sandwich 3 Bean Salad 1 c Potato Salad 1 c Banana 1 ea</p>	<p>Meat Loaf 3 oz Mashed Potato 1/2 c Gravy 2 TBS Mixed Veggies 1/2 c WW Roll 56g Fruit 1/2 c</p>	<p><b>Peanut Butter/Jelly Sandwich</b> <b>2 oz M/MA, 1 gran eq</b> <b>1 oz cheese stick</b> <b>Fresh Carrot Sticks 1 c</b> <b>Fresh Broccoli 1 c</b> <b>Oatmeal Cookie 1 ea</b> <b>Fresh Pear 1 ea</b> <b>KITCHEN TRAINING</b></p>	<p>Red Pork Posole 3 oz pork, 1/2 c hominy Zucchini 1/2 c Fresh Bread 1 slice Canned Peaches 1/2 c</p>
12/14/2015	12/15/2015	12/16/2015	12/17/2015	12/18/2015
<p>Breaded Fish Sandwich Fish 3 oz, Bun 64 g Lettuce/Tomato 1/4 c Tomato Soup 1/2 c Corn 1/2 c Tartar Sauce 1 pk Apple 125 ct</p>	<p>Chicken Noodle Soup 3 oz Chicken, 1/2 c pasta Mixed Veggies 1/2 c Carrot Salad 1c WW Roll 56g Fruit cup 1/2 c</p>	<p>Frito Pie w/ Cheese 2 oz beef, 1/2 c bean (V) 1 oz cheese Lettuce/Tomato 1/4 c Squash/Zucchini 1/2 c Apple Crisp (1/2 c fruit, 1 grain eq)</p>	<p>Chicken Salad Sandwich Wrap 3 oz Chicken 1 ea - 9" Tortilla Coleslaw 1 c Veggie/Pasta Salad 1 c (Broccoli/Cauliflower) Fresh Pear 1 ea</p>	<p>Sloppy Joe 3 oz beef WW Bun - 56 g Potato Salad 1 c Cucumber/Tomato Salad 1 c Fruit Cup 1/2 c</p>
12/21/2015	12/22/2015	12/23/2015	12/24/2015	12/25/2015
<p>Carne Adovada 3 oz beef 1/4 c Red chile Garlic Mashed Potato 1/2c Zucchini 1/2 c Jello Salad w/Fruit 1/2 c fruit Fry Bread 1 ea</p>	<p>Chicken Fried Steak 3 oz Baked potato 1/2 c Cream Gravy 2 oz Mixed Veggies 1/2 c Biscuit 56 g Apple sauce 1/2 c</p>	<p>GC Chicken Enchiladas 2 oz Chicken, 1 oz cheese 1/2 green chile, corn tortilla 24 g Spanish Rice 1/2 c Refried beans 1/2 c Peaches 1/2 c</p>	<p>Chicken rice soup 3 oz chicken, 1/2 c rice Peas 1/2 c Corn 1/2 c Crackers 24 g Banana 1 ea</p>	<p>Closed for Holiday</p>
12/28/2015	12/29/2015	12/30/2015	12/31/2015	1/1/2016
<p>Beef Lentil Soup 2 oz beef, 1/2 c Lentil (M/MA) Broccoli Salad 1 c Capri Veggies 1/2 c Mixed Fruit 1/2 c WW Roll 56 g</p>	<p>Hot Turkey Sandwich 3 oz turkey, 2 TBS gravy Stuffing 1/2 c Jellied Cranberry 1/4 c Green Beans 1/2 c Garden blend veggie 1/2 c Fruit cup 1/2 c</p>	<p>Pork chop 3 oz Corn bread stuffing 1/2 c Mashed Sweet Potato 1/2 c Steamed Cabbage 1/2 c Fruit Cobbler 1 piece (1/2 c fruit, 1 grain eq)</p>	<p>Sausage/Pepperoni Pizza 1 oz Sausage, 1 oz Pepperoni 1 oz cheese, 2 grain eq Tossed Salad 1 c Cucumber 1 c Orange 138 ct</p>	<p>Closed for Holiday</p>



From the Elder Center Kitchen  
Mah-Tu-Wahn Café  
December 2015

Spotlight Seasonal Fruit of the Month-Eat a Rainbow



EAT A RAINBOW FOR YOUR HEALTH



Red fruits help keep your heart strong.



Orange fruits help keep your eyes healthy.



Yellow fruits help keep you from getting sick.



Green fruits help make your bones and teeth strong.



Blue and purple fruits help your memory.

<http://www.fruitsinfo.com/did-you-know.php>

Examples of Rainbow Fruits/Vegetables

Red: Fruit:

Red Apple, Cherries, Red grapes, Pomegranate, Strawberries, Watermelon

Red Vegetables:

Tomato, Red cabbage, Red potato, Radish, Red pepper, Red onion, Red chile

Orange Fruit:

Apricots, Cantaloupe, Orange, Nectarine, Mango

Orange Vegetables:

Carrot, Pumpkin, Sweet Potato

Yellow Fruit: Peaches, Pears, Pineapple, Melons

Yellow: Vegetables:

Corn, Yellow peppers, Yellow squash, Yellow tomatoes

Green Fruit:

Green grapes, Green apples, Honeydew, Kiwi, Lime

Green Vegetables:

Broccoli, Cabbage, Spinach, Cucumber, Celery, Lettuce, Kale, Peas, Green chile

Blue/Purple Fruit:

Blueberries, Figs, Plums, Purple grapes, Raisins, Prunes

Blue/Purple Vegetables:

Beetroot, Cabbage, Purple sprouting broccoli



⇒ PRC will assist with payment for medical services only.

⇒ PRC does not cover Durable Medical Equipment like Orthopedic braces, crutches, wheelchairs, hospital beds.

⇒ PRC does not cover Labs at other facilities.

⇒ PRC does not cover pharmacy, rehab services or long term care facilities.

**Call PRC for more information.**

**869-4488**




### Animal Control

Hello to all pet owners and pets. Isleta Animal Control would like to thank the pet owners who signed up their pet to get sterilized at our November 2015 Spay it forward clinic. A big thank you goes out to the Rocky Mountain Puppy Rescue and the Veterinarians who travel from Colorado to put on these three day clinics for the Reservation. We also partner with Valencia County Spay and Neuter coalition for these clinics. We are happy to announce that for the new year of 2016, the Rocky Mountain Puppy Rescue and the Veterinarians, the Valencia County Spay Neuter NM coalition, along with Isleta Animal Control will be hosting six spay it forward clinics throughout the year. The first clinic will be held January 29, 30 & 31, 2016 at the Valencia County Spay and Neuter clinic (next door to the Valencia County Animal Shelter) located at 1209 Highway 314, Los Lunas NM 87031. If you are interested in getting your pet spayed or neutered, contact Isleta Animal Control to reserve a spot, only thirty slots will be available, volunteers are also welcomed.

Now that the weather is starting to become colder, please keep in mind that your pet also needs to stay warm if kept outside or inside. For pets that kept outside you can help keep them warm in their dog house by adding loose straw, even by putting a warm sweater on them or adding a heat lamp in their dog house. Make sure that your pet has access to fresh clean water and food on a daily basis, if the water freezes over clear out the ice and replace with fresh water. For pets that are kept inside, simply add old or used blankets to their kennel or bed. Placing a sweater on them will also keep them warm. Make sure that your pet has access to fresh clean water and food on a daily basis.

## WATERCOLOR CLASS

Want to learn how to paint in Watercolor? If so, please join the Library in a two day art lesson for beginners and intermediate to learn basic watercolor techniques.





Activity will take place Wednesday, December 9th and Thursday, December 10th from 5:30pm-7:00pm.


Open to the first 10 patrons 13 & up.

Supplies will be provided

For more information please contact Cheyenne at the Library by phone at 869-9808 or by email at [poi02008@isletapueblo.com](mailto:poi02008@isletapueblo.com)










**ROCKY MOUNTAIN PUPPY RESCUE**

# Spay & Neuter Clinic!

January 29, 30 & 31, 2016.

Sponsored by Rocky Mountain Puppy Rescue, Spay Neuter NM & Isleta Animal Control

Call 869-7564

To Sign Up Your Pet!

## Join us for our Lego Club at the Pueblo of Isleta Public Library!

December 19th (Every 3rd Saturday of the Month)

10:00 am—12:00 pm

Put Your Creative Imagination To Use

SPACE IS LIMITED TO TEN SPOTS!\*

ALL AGES WELCOME

BUILD WITH LEGOS!






\* Sign ups are the first of each month. You may call the library to have your name placed on the list. Parents must attend with their children.

For more information you may contact the library at: (505) 869-9808

Purchased/Referred Care provides a referral for 1 visit at a time.

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Questions? Call PRC at



**Join the Pueblo of Isleta Workforce!**



The Pueblo of Isleta offers a wide range of career opportunities with competitive salaries and excellent benefits. Search the current career opportunities and apply today!

(505) 869-7584 Office  
(505) 869-7579 Fax  
poiemployment@isletapueblo.com

Pueblo of Isleta, Human Resources  
P.O. Box 1270 Isleta, NM 87022

**Career Opportunities**

Location	Position Posting	Closing Date
Assisted Living Facility	Caregiver I (Occasional)	11/18/2015
Assisted Living Facility	Caregiver I (Part-Time)	11/18/2015
Assisted Living Facility	Care Giver II (Occasional)	11/18/2015
Assisted Living Facility	Care Giver II (Part-Time)	11/18/2015
Comanche Ranch	Ranch Hand (Seasonal)	Continuously Accepting Applications
Elder Center	Home Chores/Retro Fit Worker (Part-Time)	Open Until Filled
Elder Center	Personal Care Service Aide	Continuously Accepting Applications
Elder Center	Veteran Support Service Program Member	Open Until Filled
Headstart	Child Care Provider	Open Until Filled
Headstart	Data Clerk	Open Until Filled
Headstart	Disabilities Coordinator	Open Until Filled
Headstart	Early Head Start Teacher I - NEW	Open Until Filled
Headstart	Health Coordinator - NEW	Open Until Filled
Headstart	Nutritionist Coordinator	Open Until Filled
Health Center	Accounts Payable Clerk - NEW	12/02/2015
Health Center	Appointment Clerk - NEW	12/04/2015
Health Center	Billing Clerk - NEW	12/02/2015
Health Center	CHR Van Driver (Occasional)	Open Until Filled
Health Center	Dental Assistant	Open Until Filled
Health Center	EMT Paramedic (3-Positions)	Open Until Filled
Health Center	EMT Intermediate (4 Positions)	Open Until Filled
Health Center	Physical Therapist	Open Until Filled
Health Center	Physician	Open Until Filled
Health Center	Registered Nurse	Open Until Filled
Housing Authority	Carpenter (Two Positions)	Open Until Filled
Housing Authority	HVAC Technician	Open Until Filled
Housing Authority	Laborer (2 Positions)	Open Until Filled
Housing Authority	Plumber	Open Until Filled
Isleta Business Corporation	IBC Board Member	Open Until Filled
Isleta Business Corporation	Food Server	Open Until Filled
Isleta Business Corporation	Sales Associate	Open Until Filled
Police Department	Police Captain - NEW	12/03/2015
Police Department	Police Officer	Continuously Accepting Applications
POI Elementary School	Elementary Teacher	Continuously Accepting Applications
POI Elementary School	School Nurse (Part-Time)	Open Until Filled
Public Services	Animal Control Officer - RE-ADVERTISEMENT	Open Until Filled
Public Services	Pipe Layer/Laborer (2 YR Appointment)	Open Until Filled
Public Services	Septic Truck Driver	Open Until Filled
Public Services	Wildland Law Enforcement Officer - NEW	Open Until Filled
Recreation Center	Assistant Parks Superintendent - NEW	12/03/2015
Recreation Center	Fitness Instructor	Open Until Filled
Recreation Center	Lifeguard (Regular Part-Time)	Continuously Accepting Applications
Treasury	Grants Coordinator	Open Until Filled
Tribal Court	Associate Judge	Open Until Filled
WIC	WIC Assistant	11/18/2015

The PUEBLO OF ISLETA is a Drug Free Employer.

Successful completion of pre-employment drug screen and background investigation is a condition of employment.

**Pueblo of Isleta Application Process**



Interested persons who meet the minimum qualifications must submit a completed signed Pueblo of Isleta Employment Application. A resume may be submitted with the application but not in lieu of.

**Contact A POI Recruiter Today!**

Pattie Jojola (505) 869-7587 poi70106@isletapueblo.com  
Myra Garro (505) 869-9792 poi07001@isletapueblo.com

Up to the minute Position Postings and Employment Applications may be obtained from the Career Opportunity Webpage at: <http://www.isletapueblo.com/careers.html>

**PREVENT FROZEN PIPES**

The winter months mean freezing outdoor temperatures which can cause water lines to freeze. Frozen pipes can burst and cause extensive water damage. An eighth-inch (three millimeter) crack in a pipe can emit up to 250 gallons (946 liters) of water a day. Both plastic (PVC) and copper pipes can burst. By taking a few simple precautions, you can save yourself the mess, money and aggravation frozen pipes cause.

**Before the cold hits**

Insulate pipes in your home's crawl spaces, garage, unfinished basement and attic. These exposed pipes are most susceptible to freezing. Remember - the more insulation you use, the better protected your pipes will be.

Disconnect garden hoses and insulate all outdoor faucets (hose bibs). This reduces the chance of freezing in the short span of pipe just inside the house.

Heat tape or thermostatically-controlled heat cables can be used to wrap pipes. Be sure to use products approved only for the use intended (exterior or interior). Closely follow all manufacturers' installation and operation instructions.

Seal leaks that allow cold air inside near where pipes are located. Look for air leaks around electrical wiring, dryer vents and pipes. Use caulk or insulation to keep the cold out and the heat in. With severe cold, even a tiny opening can let in enough cold air to cause a pipe to freeze.

**When the temperature drops**

A trickle of hot and cold water might be all it takes to keep your pipes from freezing. Let warm water drip overnight, preferably from a faucet on an outside wall.

Open cabinet doors to allow heat to get to un-insulated pipes under sinks and appliances near exterior walls.

**Before you go away**

Set the thermostat in your house no lower than 55°F (12°C).

Ask a friend or neighbor to check your house daily to make sure it's warm enough to prevent freezing or shut off and drain the water system.

Be aware that if you have a fire protection sprinkler system in your house, it will be deactivated when you shut off the water.

**If your pipes freeze**

Don't take chances. If you turn on your faucets and nothing comes out, leave a faucet turned on for water to drain from, and so you can see when the water starts to flow again.

**If you have any further questions or concerns, please contact the Public Services/Utility division**



**National Child Abuse Facts**

Approximately 5 children die every day because of **Child Abuse**. Over 70% of these children are below the age of 3.

90% of **Child Abuse Victims** know the perpetrator in some way. 68% are abused by a family member.

*"Together We Journey to Promote Healthy Relationships Between Families, Children, & Communities."*

For more information  
Contact Isleta Social Services:  
(505) 869-2772

PUEBLO OF ISLETA  
**CHILD ABUSE AWARENESS MONTH**  
**APRIL 2016**

*Save The Date*

**2016 Child Abuse Awareness Events**

Event # 1	Child Abuse Awareness Parade Community BBQ/Health Fair	<b>APRIL 2, 2016</b>
Event # 2	Child Abuse Awareness Family Night	<b>APRIL 14, 2016</b>
Event # 3	Grocery Bingo Night	<b>APRIL 21, 2016</b>
Event # 4	Community Night: Traditional Storytelling	<b>APRIL 26, 2016</b>
Event # 5	Child Abuse Awareness 5k Fun Run/Walk	<b>APRIL 28, 2016</b>





## Pueblo of Isleta Public Library

Greetings to all far and near! Remember when you thought Christmas and New Year's Eve was months and months away? Well the time is amongst us. One major holiday down and a couple more to go before we bring in a New Year. Stop by the Library and checkout a good book to relax with or check out a movie and snuggle up with your loved ones. This is also a good month to catch up on all the TV series you missed out on all year and "Binge" watch them all at once.

### News

Please come by the Library to pick up a calendar of our December closures or jot these dates down on your calendar. The Library will be closed during the following dates:

- Wednesday, December 2nd from 8:00am-12:00pm for our monthly staff meeting, which falls on every first Wednesday of each month.
- Early closure on Tuesday, December 15 at 4:30pm.
- We may close early on Christmas Eve at the discretion of Governor.
- We are closed during Christmas Day December 25, and Saturday December 26.
- We may close early on New Year's Eve December 31st at the discretion of Governor.
- We will be closed on New Year's Day January 1st, and January 2nd.

The deadline for all January Newsletter articles will be on Friday December 18th. This will be a STRICT deadline due to the Christmas Holiday and Traditional Dances of the Pueblo of Isleta. If you would like an article submitted into newsletter, please contact the Library at 505.869.9808 and we can answer any questions you may have.

Our Homework Help Program has been keeping us on our toes but has become manageable with 25 enrolled students as opposed to 50 enrolled students with additional unattended children. Instead of dropping our enrollment from 25 to 10 next year, we have decided to stay with 25 enrolled students. Keep in mind during the winter days with less daylight, students whom walk home will need to leave the library at 5:00pm. This is for their safety. Please understand that we, the Pueblo of Isleta Public Library, are not responsible for students when they decide to leave the Library. If you have any questions or concerns about the Homework Help Program, give us a call 505.869.9808.

Good news! The Library will once again have our Library Comic Con next year in March. The Library staff is now brainstorming and trying to make this coming year's Library Comic Con a memorable one. If you are a fan of comics, movies, and video games and would like to volunteer for this event please let us know. All the help we can get is appreciated.

We will start planning our 2016 Summer Reading Program (SRP) in the month of January. With that said, be advised that we will be CLOSED for two (2) consecutive mornings as we plan for both SRPs. At this moment, we have not selected the dates but are leaning towards a theme of a Television News Broadcast Episode. It would be nice to take the students on a field trip to one of the Local News Stations. Should anyone out there have an "in" or connections with any local TV News stations, please get in contact with us.

### Upcoming

December Do-It-Yourself programs for adults and children will be on Thursday December 3rd from 5:30pm to 6:30pm. These programs are purposely on the same day so families can participate and take two different projects home. Valeri will be conducting the DIY for Adults. She will show participants how to make a peppermint-serving tray and pecan turtle clusters. This is open to the first 10 patrons or families. Families are encouraged. Cheyenne will be conducting our DIY for Children and they will be making a Santa Sleigh out of candy bars. For more information please give the Library call at 505.869.9808.

The Library will host a Stuffed Animal Sleepover for all ages on Friday and Saturday, December 4th & 5th. On Friday from 3:00pm-4:30pm, we will read the story, "Elf on the Shelf" and talk about the purpose this elf has. We will create a name tag for our toy and make a small blanket for your "little friend". After we make blankets we will tuck the stuffed animals in for the night. What kind of mischief will your stuffed animal get into at the Library? We will show you what happened the next day on Saturday at 11:00am. We will serve a small treat for you to enjoy during the footage we caught during the night. If you would like to sign up or you have any questions please speak with Tara at the Library 505.869.9808.

Santa will be visiting the Library on Tuesday, December 8th from 2:00pm-6:00pm. This year our background for pictures will be based on "A Charlie Brown Christmas" with Snoopy and of course the Charlie Brown Christmas Tree. We invite all families to come visit Santa. This event is FREE and open to the public. Pictures will be emailed out and family pictures will be printed out and ready for pick up on Thursday, December 10th. If you have any questions please give us a call at 505.869.9808.

Our Art class is back this month! On December 9th and 10th from 5:30pm-7:00pm participants will learn how to work with watercolor. This program is open to the first 10 patrons 13 & up. All supplies will be provided. Make this a night out with friends or family! Please call Cheyenne at the Library to sign up 505.869.9808.

Lego Club at the Library will be on Saturday December 19th from 10:00am-12:00pm. We would like to invite all families and ages to this event. All Legos are provided. For the first hour participants will have free time with the Legos and the second hour we will present a building challenge. After they have completed the challenge, everyone will share what they have made. If you would like to sign up for the Lego Club, please give the Library a call at 505.869.9808.

2016 is around the corner and it brings our 2nd Annual Countdown to Noon Party at the Library on December 31st from 11:15am-12:00pm. This program is targeted for children, families AND individuals who cannot stay up until midnight because they get sleepy before all the excitement

happens. This event is FREE and open to the public. No need to sign up, just come on in and enjoy some games, dancing, music and our balloon drop. We will countdown to noon and we will release our balloon drop. Party favors are supplied while supplies last. If you have any questions please give the Library a call at 505.869.9808.

### Recap

Tech Tuesday was held on the 17th of November. Unfortunately we did not have anyone attend. We will continue our Tech Tuesday starting next year in January. Please if you have any suggestions on what you would be interested in, call us and let us know, come by the Library or Facebook us. We love to hear feedback and suggestions of programs that will benefit the community. Past Tech Tuesday classes included introduction to Pinterest, Apps for your phone and introduction to iMac computers.

Our Healthy Fries Program was held on Wednesday, November 18th. We had a total of 8 participants. Tara instructed the class and provided everyone with a booklist of books about healthy foods, nutrition, and weight loss books to get the vibe going. We had half of the class volunteer to cut our sweet potatoes, zucchini and asparagus. Once everything was cut they got their hands dirty and rolled the zucchini and asparagus in a breading mixture of panko crumbs and seasonings. Everyone had a great time socializing with each other while everything baked in the oven. We also provided everyone with a survey of the program and got some helpful feedback. As mentioned in the previous paragraph, we enjoy hearing your concerns and suggestions for improvement. We want to provide the best service possible to everyone during our Library programs. With the success of the food programs we have been having we have decided to have food programs every month next year. Keep your eyes and ears open for the food programs.

Do-It-Yourself Fishing spinners was held on November 19 from 5:30pm-6:30pm. The fishing spinners were made out of bottle caps, split rings, barrel swivels, BB's, and treble hooks. Christino instructed the class of 10 and started off by sharing books about fishing and his story of his test run with this spinner. Long story short, the spinner worked!



Participants of the "Make Your Own Spinner Program"



*Father & Daughter participants of the "Make Your Own Spinner" Program*

Some participants who were in the DIY fish bait returned to make this DIY fishing spinner and enjoyed the company of other fishing enthusiasts. We also provided the class with a survey to fill out to get feedback and suggestions on more programs like this.



*Anzara & Lujan Family making their Spinners while having a Cold Root Beer & Orange Crush.*

We are now creating a following or regulars of our classes that we teach and we would like to thank everyone for taking the time to take advantage of these FREE programs we provide to the public.

Homework Help Program kids have been working hard staying on track with homework and getting in their daily reading. The Library treated them out to a fun night at Fallout Trampoline Arena and dinner at Furr's Buffet on Friday November 20. The Fallout Trampoline Arena just opened this summer and the kids were excited to go to a different park, as opposed to Gravity Park Trampoline Park which they have visited many times in the past. This is just the first incentive the kids will be given. The other incentive for our Homework Help program enrolled students will be free haircuts from licensed barbers before school starts up again in January. We currently have 22 enrolled students and 3 available spots open. If you are interested in signing up your child, please give the Library a call at 505.869.9808. All rules and policies will be given at time of registration.

Our Lego Club was held on November 19th where families and children of all ages joined us. Like every Lego Club program the participants were able to have free time with the Legos we provided. The second hour Kyle, our new Library staff member, presented them a challenge of building a skyscraper. They were getting competitive on building the tallest and coolest skyscraper. They all enjoyed themselves and we look forward to seeing more participants next Lego Club.

For the month of November Cheyenne hosted a Manga book club on our Library nooks that was open to all ages. Manga is a style of Japanese comic books and graphic novels, which are aimed toward adults and children. Our Manga Book Club read three books called, "High school of the Dead", "Sword Art Online Progressive Volume 1", and "PandoraHearts Volume 1". PandoraHeart was their favorite and High school of the dead was the least favorite. They watched the shows on YouTube based on the books and had a discussion on comparison and differences between the shows and books. Cheyenne also handed out a survey to receive suggestions on future programs as well as rate the Manga Book Club. She received great feedback and all suggestions will be considered for future programs.

**Pueblo of Isleta Public Library  
Hours of Operation:**

Mon-Thurs - 8:00 a.m. - 6:30 p.m.  
Friday - 8:00 a.m. - 4:30 p.m.  
Saturday - 9:00 a.m. - 1:00 p.m.  
Closed on Sundays, all federally recognized

holidays and also Isleta traditional Holidays. Please contact library for more information on closures.

Mailing and Physical Address:  
950 Moonlight Drive  
Albuquerque, NM 87105

Phone: (505)-869-9808  
Fax: 505-869-8119

Email: poi02002@isletapueblo.com

Facebook Page:  
www.facebook.com/IsletaPuebloLibrary

Web Address:  
www.isletapueblo.com/library2.html

YouTube: www.youtube.com/user/poilibrary

**Isleta Pueblo News**



**Editor:**  
Nathaniel Lujan

**Asst. Editor:**  
Tara Abeita

**Published By:**  
Valencia Express


## Pueblo of Isleta Public Library

### PICTURES WITH SANTA AND A CHARLIE BROWN Christmas

**TUESDAY DECEMBER 8TH 2015 2PM-6PM**


Kids will receive a special treat from Santa!

**THIS IS A FREE EVENT AND OPEN TO EVERYONE**



Pictures will be sent out via email. Participants must have a valid email address in order to receive pictures.

For more information please call the Library at 505-869-9808



## STUFFED ANIMAL SLEEPOVER

**All Ages!**

Drop off your Stuffed Animal, Action Figure, or Baby Doll for a sleepover at the Pueblo of Isleta Public Library.

**(One toy per child)**

**When you drop off your friend we will:**

- 1.) Create a name tag
- 2.) Storytime with the book "The Elf on the Shelf"
- 3.) Make a blanket for your "Little Friend"
- 4.) Tuck your friend in for the night

*What mischief will they get into overnight?*



**Please call the Library to register by November 23rd and receive a free gift from us!**

**Drop off: Friday December 4th at 3:00pm**

**Pick up: Saturday December 5th 11:00am**

**Video of what happened overnight will be shown and a small snack will be served.**



**For more information please call the Library at 505.869.9808 and speak with Tara.**





United States Department of the Interior

BUREAU OF INDIAN AFFAIRS  
Southern Pueblos Agency  
1001 Indian School Road, NW  
Albuquerque, New Mexico 87104



**PUEBLO OF ISLETA**  
**PUBLIC NOTICE**

**A PETITION TO REQUEST A SECRETARIAL**  
**ELECTION TO CHANGE THE PUEBLO OF**  
**ISLETA CONSTITUTION, ARTICLE II,**  
**SECTIONS 1, 2, 3, AND 4**

**(MEMBERSHIP REQUIREMENTS)**

ON NOVEMBER 16, 2015, MS. JOANN RAE, SPOKESPERSON FOR THE ISLETA PUEBLO TRIBAL MEMBER COALITION SUBMITTED A LETTER TO DECLARE THEIR WISH TO MAKE AN OFFICIAL FILING OF THE PETITION TO REQUEST A SECRETARIAL ELECTION TO CHANGE THE MEMBERSHIP REQUIREMENTS IN THE ISLETA CONSTITUTION, ARTICLE II, SECTIONS 1, 2, 3, AND 4 FROM "ONE-HALF (1/2) OR MORE DEGREE OF ISLETA INDIAN BLOOD" TO ONE-QUARTER (1/4) OR MORE DEGREE OF ISLETA INDIAN BLOOD."

COPIES OF THE PETITION WILL BE MADE AVAILABLE FOR EXAMINATION BY ELIGIBLE VOTERS OF THE PUEBLO OF ISLETA, AT THE OFFICE OF THE SUPERINTENDENT, SOUTHERN PUEBLOS AGENCY. THE EXAMINATION PERIOD WILL BE FOR 15 DAYS BEGINNING NOVEMBER 17, 2015. DURING THIS 15 DAY PERIOD, CHALLENGES OF SIGNATURES MAY BE FILED WITH THE SUPERINTENDENT.

CHALLENGES WILL BE CONSIDERED ON THE FOLLOWING GROUNDS ONLY:

- 1) FORGERY OF SIGNATURES; AND 2) LACK OF PROPER QUALIFICATION OF A SIGNER.

NO CHALLENGE WILL BE CONSIDERED WHICH IS NOT ACCOMPANIED BY SUPPORTING EVIDENCE IN WRITING.

JOHN E. ANTONIO, SR.  
SUPERINTENDENT  
505-563-3600

11-19-15  
DATE

**INDIAN PUEBLO CULTURAL CENTER**

**PUEBLO SHOP & STROLL:**  
*A Fireside Tradition*

**FRI. DEC. 4, 2015**  
**5-7 PM**

**A PAUL ORTEGA**  
FRIDAY, DEC. 4, 2015

- BONFIRE IN THE IPCC'S OUTDOOR PLAZA
- FIRE DANCE FROM THE WHITE MOUNTAIN APACHE CROWN DANCERS
- NATIVE ARTISTS HOLIDAY BAZAAR
- KIDS HOLIDAY CRAFTS
- FREE HOT COCOA

**INDIAN PUEBLO CULTURAL CENTER**

DEC. 4, 2015

**@ 7 PM**

**INDIAN PUEBLO CULTURAL CENTER**

2401 12th St. NW, ABQ, NM 87104 /IndianPueblo  
www.IndianPueblo.org

**INDIAN PUEBLO CULTURAL CENTER'S**  
*Annual Pueblo Gingerbread House Contest*

For entry form and rules, visit: /IndianPueblo

Entries Accepted:  
Nov. 27-Dec. 7

Winners Announced:  
Dec. 15

**Prizes**

<b>Adult</b>	1st: \$650	2nd: \$400
	3rd: \$250	People's Choice: \$500
<b>Child</b>	1st: \$250	2nd: \$150
	3rd: \$100	People's Choice: \$200

2401 12th St. NW, ABQ, NM 87104 /IndianPueblo  
www.IndianPueblo.org

**INDIAN PUEBLO CULTURAL CENTER'S**  
*Annual Pueblo Gingerbread House Contest*

**Rules**

1. Gingerbread Houses MUST BE EDIBLE. Graham crackers, cookies, or other pre-made foods may be used for the buildings instead of traditional gingerbread; but please, no cardboard or plastic.
2. Houses must fit on a 24 inch by 24 inch display. (Due to size limitations).
3. Houses must be representative of a Pueblo Village, house, community, church, historic dwelling, etc...
4. Entrant's name must be clearly printed underneath the base of the entry. An entry form must accompany the display.
5. Professional bakers are not eligible to submit an entry.
6. Entries will be accepted Friday November 27th, 2015 through Monday December 7th, 2015. All entries must be received by 4pm on Monday December 7th.
7. Displays can be picked up on Monday January 4, 2016. All remaining displays will be disposed of on Tuesday January 5th, 2016.
8. Judging will be performed the week of December 7th. Winners will be announced Tuesday December 15th.
9. People's Choice Award voting open to visitors December 8th, 2015 through January 2, 2016. Winners of People choice will be announced on Monday January 4, 2016.

**Prizes**

<b>Adult</b>	1st: \$650	2nd: \$400
	3rd: \$250	People's Choice: \$500
<b>Child</b>	1st: \$250	2nd: \$150
	3rd: \$100	People's Choice: \$200

**Entry Form 7th Annual Pueblo Gingerbread House Contest 2015**

Entrant Name (please print) \_\_\_\_\_ Tribal Affiliation (if any:) \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Email Address: \_\_\_\_\_ Phone Number: \_\_\_\_\_

I acknowledge and will abide by the rules of this contest. Permission is hereby granted to the Indian Pueblo Cultural Center to print or otherwise duplicate the picture or likeness of my entry and/or myself with my entry for either internal or external release; this includes print, online publications, media including print and broadcast. I understand that the image of my entry becomes the property of the Indian Pueblo Cultural Center.

Permission is also granted to the Indian Pueblo Cultural Center to transport my entry for publicity purposes while understanding that at no time does the Indian Pueblo Cultural Center guarantee the safety or security of my entry and cannot be held responsible for any damages incurred by my entry on or off the Center's property.

Signature of Entrant: \_\_\_\_\_ Date: \_\_\_\_\_

If the participating entrant is 12 years or younger, the following section must be completed: I affirm that the entrant listed above is \_\_\_\_\_ years of age and will independently design, construct and decorate the entry to be submitted. Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

2401 12th St. NW, ABQ, NM 87104 /IndianPueblo  
www.IndianPueblo.org

**Notify Purchased/Referred Care (PRC) within 72 hours of receiving Hospital Emergency or Urgent Care services!**



### Just J.O.M.

YOUR ONE STOP FOR ALL  
JOHNSON-O'MALLEY NEWS  
AND EVENTS

#### Headlines in JOM

##### Happy Holidays!!

We hope you are staying warm and cozy in this cold weather. The staff here at DOE loved seeing everyone at the Turkey Bingo on November 24, 2015. It was so much fun and we hope you enjoyed it as well. We also had fun when we went to see the play "A Christmas Story" at Popejoy Hall.

We wanted to give a giant welcome to our new staff member, Daphne Littlebear. She is the new Supervisory Academic Counselor for the Department of Education. We are so very excited and overjoyed to have her on our staff!

##### Family Literacy Night

Please join us for our Family Activity Night on December 17, 2015. JOM will be having a Literacy Night. Each JOM eligible student will be able to take home 3 books to add to their home library. This will be a fun filled night. We will be serving refreshments.

##### Tamale Making

December 12, 2015 at 5:30 pm we will be hosting a Tamale Making Activity. The program will provide all the supplies for making tamales. All attendees will be learning about cooking safety and food safety. Come join us and learn to make wonderfully delicious tamales. This is an event for all JOM eligible students and their families.

##### River of Lights

##### River of Lights Friday, December 4, 2015 JOM eligible students K-6 grade

Students K-6th grade are welcome to join us December 4, 2015 to experience the River of Lights in Albuquerque, New Mexico. We will be leaving the Department of Education by 5:30 pm and returning by 8:00 pm. Children will learn about science and learn how electricity works to make these beautiful displays.

Admission and dinner will be provided for all JOM eligible students. These forms must be signed by the parent or legal guardian and submitted to reserve a spot. JOM eligibility will be verified.

##### Cliff's Magical Christmas

##### Cliff's Magical Christmas December 19, 2015 JOM eligible 7-12 grade Students

Students 7th-12th grade are welcome to join us December 19, 2015 and have some fun at Cliff's Amusement Part for their annual Magical Christmas. Students will learn about science and learn how electricity works to create lights and operate rides. We will be leaving the Department of Education by 3:00pm and returning by 10:00pm. Admission and dinner will be provided for all JOM eligible students. Permission slips will be available at the JOM office on December 7, 2015. These forms must be signed by the parent or legal guardian and submitted to reserve a spot. JOM eligibility will be verified.

#### December 2015

- 4th River of Lights
- 12th Tamale Making
- 17th Family Literacy Night
- 19th Cliff's
- 25th Christmas Day
- 31st New Year's Day

**Pueblo of Isleta Public Library Presents...**

# COUNTDOWN TO NOON

**THURSDAY DECEMBER 31ST**

**MUSIC 11:5AM-12:00PM GAMES**

**JOIN US AS WE BRING IN THE 2016 NEW YEAR!**  
WE WILL BE COUNTING DOWN TO 12:00 NOON ON NEW YEARS EVE!

**PARTY FAVORS DANCING**

FOR MORE INFORMATION PLEASE CONTACT THE LIBRARY AT 505.869.9808

## Candy Sleigh DIY Craft

In the spirit of Christmas the Pueblo of Isleta Public Library welcomes you to come and read a Christmas story and after we will be building a candy sleigh

Open to the first 10 patrons to sign up at the Library.

Event will take place Thursday, December 3rd from 5:30pm-6:30pm and is open to all ages.

For more information contact Cheyanne at the Library at 869-9808 or by email at [poi02008@isletapueblo.com](mailto:poi02008@isletapueblo.com)

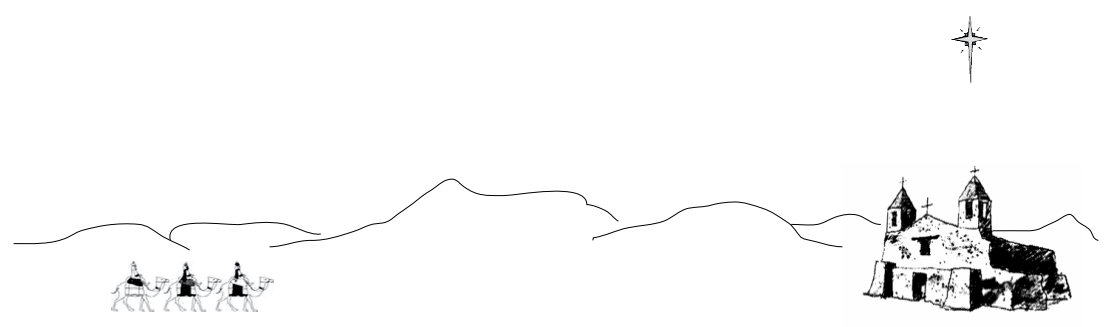
## December DIY

Join us at the Library and learn how to make your own peppermint serving tray and pecan turtle clusters.

Thursday, December 3rd  
5:30pm-6:30pm

Open to the first 10 patrons who sign up. Families are encouraged!

You may contact the library at 505.869.9808 to sign up or for any questions





# Isleta Parks & Recreation Department

First of all sorry we weren't able to get an article out last month as we were very busy getting ready for the Halloween Carnival which went very well. The Parks and Recreation Department would like to thank all the POI Departments and Tribal Members for participating and making this year's Halloween Carnival a success.





Parks

Good job Parks Division for taking on another task given by the Governor's office to clean the old Elementary School. Thank you guys for all your hard work that you do for the Pueblo of Isleta. Just a friendly reminder that the parks are all fertilized and the water fountains haven been shut off in preparation of the winter months.



The Parks and Recreation Department would like to wish everyone a very Happy Thanksgiving and A Safe Christmas.

I would like to thank the Tribal administration, Tribal Council and other Tribal programs for their support during the transition between directors. The new director will start on November 23, 2015 and I hope everyone will give him the same support I was given. I would especially like to thank the Parks & Recreation Staff at the New Facility Center for their support and guidance.

Thank you,

Mike Trujillo, Acting Director, Isleta Parks & Recreation Department

**HOLIDAYS AT THE IPCC**

**Pueblo Shop & Stroll: A Fireside Tradition** - Friday, Dec. 4, 5-7 pm  
Support Native American artists this holiday season! Purchase handcrafted art directly from artists. See the White Mountain Apache Crown Dancers' nighttime performance of a Fire Dance. Sip hot chocolate & stroll among luminarias. Enjoy holiday arts & crafts with your family. Included with museum admission (free for A. Paul Ortega ticket holders).

**A. Paul Ortega Farewell Concert** - Friday, Dec. 4, 7 pm  
Don't miss this once-in-a-life time event! See the legendary Apache singer's final concert & first major live performance in 15 years. Preferred Seating \$25. General Admission \$15. Purchase tickets at Ticketeap.com or at the IPCC.

**7th Annual Pueblo Gingerbread House Contest** - Friday, Nov. 27-Monday, Dec. 7  
Tis the season to be creative! \$2,500 in prizes awarded for gingerbread bread houses inspired by a Pueblo village or building. See full rules & guidelines on IPCC's Facebook page. Houses remain on display through January 6th. Visit the IPCC to vote for your favorite!

**Pueblo Stories by the Fire** - Saturdays: Nov. 28, Dec. 5, Dec. 12 & Dec. 19 @ 5 pm  
Be inspired by the Pueblo wintertime tradition of storytelling. Bring your family for an evening of Pueblo stories & hands-on art activities beside the fire. Included with museum admission.

**Stories in Silver** - Saturday, Dec. 12, 12-2 pm  
Discover the art of storyteller bracelets, learn how Native American silversmiths pass down stories through wearable art & find meaningful holiday gifts! Free.

**New Year's Eve Dinner at Pueblo Harvest Cafe** - Thursday, Dec. 31, 5-10 pm  
Pueblo Harvest's award-winning culinary team is cooking up a special New Year's Eve menu. Celebrate the holiday with Pueblo hospitality & unforgettable cuisine! Call for reservations: 505-724-3510

**New Year's Eve Party at Pueblo Harvest Cafe** - Thursday, Dec. 31, 10 pm-1 am  
Ring in the New Year with fan-favorite blues band The Memphis P-Talls & special guest Raven Rutherford. Champagne toast & New Year's Eve party favors included. \$30. Call for tickets: 505-724-3510.

**ADMISSION Through March 31st**  
Adults \$5    Students \$2  
Seniors 62+ \$4    Children \$2  
Military \$4    Under 5 Free  
NM Residents \$3

**DANCES EVERY SATURDAY & SUNDAY, 12 PM**

**DEC 5**  
WHITE MOUNTAIN APACHE CROWN DANCERS

**DEC 6**  
RED TURTLE DANCERS (POJOAQUE)

**DEC 12 & 13**  
SOUTHERN SLAM DANCERS (ZIA)

**DEC 19 & 20**  
FONTENELLE FAMILY DANCERS (ZUNI/OMAHA)

**DEC 26-27**  
WHITE EAGLE DANCERS (ZUNI)

**Give the Gift of Culture**  
It's your favorite museum. Make it their favorite gift.  
IndianPueblo.org/membership

**EVENT SPACE**  
MEETINGS, PARTIES & WEDDINGS  
Contact Amy Liotta 505-724-3509

**FOUR WINDS TRAVEL CENTER**  
Mon-Sun 5a-12a  
f/FOURWINDSTRAVELCENTER

**PARTY IN THE FIRE ROOM**  
Live music, all-you-can-eat horn pizza & drink specials  
**FRIDAYS & SATURDAYS**

**Support Native American Artists This Holiday Season**  
shumakolowa NATIVE ARTS  
SHUMAKOLOWA.COM


**INDIAN PUEBLO CULTURAL CENTER**  
Gateway to the 19 Pueblos of New Mexico  
2401 12th St. NW, Albuquerque, NM 87104 • 505.843.7270

**CAR SEAT SAFETY**  
An estimated 3 out of 4 child safety seats are used incorrectly.

Could yours be one of them? Seat belts and child safety seats save lives, and Safer is dedicated to efforts which increase their proper use. According to the University of New Mexico Division of Government Research, of the people who were wearing seat belts in crashes in 2006 in New Mexico, only 1.6% died or suffered an incapacitating injury, compared with 28.8% of those who were not belted. Approximately 81% of belted crash victims were reportedly unharmed, compared to only 38% of unbelted occupants.

The NHTSA reports that using child safety seats decreases the risk of death by an estimated 71% for infants and 54% for older children.

The following programs are funded by the New Mexico Department of Transportation, Traffic Safety Division, and are administered by Safer New Mexico Now. For more information on any of these programs, please contact Safer at (505) 856-6143.



**ISLETA RESORT & CASINO**



*Invites You!*

Find out more about the **2016 Monthly Artisan Market.**

Learn new ways each month to proudly sell your products and increase your market share.

**Wednesday, December 16th**  
**5:00pm - 6:00pm**  
**Isleta Resort & Casino | Seminar Room**

For more information contact Michelle Garcia at 505.848.1953

PLEASE READ YOUR APPOINTMENT LETTER ATTACHED TO YOUR REFERRAL CAREFULLY. IT HAS A LOT OF GOOD INFORMATION TO GET YOU TO YOUR APPOINTMENT ON TIME. QUESTIONS? CALL 869-4488.



**4th Annual  
Isleta Cancer and Heart Healthy Conference**

Health Educator, Stephanie Barela, 869-4479



The 4th Annual Isleta Cancer and Heart Healthy Conference took place at the Isleta Eagle Golf Course on October 24th. It was a day filled with discussions and information about cancer, cancer prevention and support. The day ended with a special mass at St. Augustine Catholic Church, which was dedicated to those who have suffered from cancer and heart disease. Participants of the conference learned about different types of cancer treatment, cancer screening and early detection, coping skills for patients and their families, along with cancer and cardiovascular disease as related to Native Americans. This year we decided that since cancer is the second leading cause of death in Native Americans and heart disease is the first leading cause of death in Native Americans, we wanted to educate on that as well. The conference was very informative and all 42 participants really enjoyed themselves.

**THANK YOU**, to the Pueblo of Isleta Community Cancer Support Group, especially to those that were on the planning committee. We hope to see more people attend our monthly support meetings on the 2nd Tuesday of the month from 10:30-noon most months, and then 6:00pm - 7:30pm in March, June and September. Also, keep an eye out for any future conferences or events that we will be offering.

A BIG thank you also goes to the Leukemia & Lymphoma Society for co-sponsoring the event and helping to provide our breakfast, lunch and snack.

\*Breakfast, Lunch and Snack brought to you by the Leukemia & Lymphoma Society; sponsored by Celgene and Takeda Oncology Company.


**Isleta Cancer Caregiver  
of the Year Award 2015  
William Abeita**

This year the Pueblo of Isleta Community Cancer Support Group presented our first ever *Isleta Cancer Caregiver of the Year Award*. Our first recipient was William Abeita. He was nominated by his mother, Cynthia Abeita, who stated, "I don't know what I would do if he wasn't here to give me support...he was with me when the doctors told me I had Cancer...he never tires of all he does for me." The heartfelt letter helped the cancer group understand that the help William offered his mother was immeasurable and because of that we wanted to acknowledge him for his assistance. Thank you, Mr. Abeita!




**MEDICAL WORE BLUE ON TUESDAY,  
11/2/15, IN SUPPORT OF POLICE**





**HAPPY HOLIDAYS**

FROM THE ISLETA ONE STOP, TRAVEL CENTER  
AND GRILL @47




**Isleta Grill @47**  
*Catering for the Holidays*

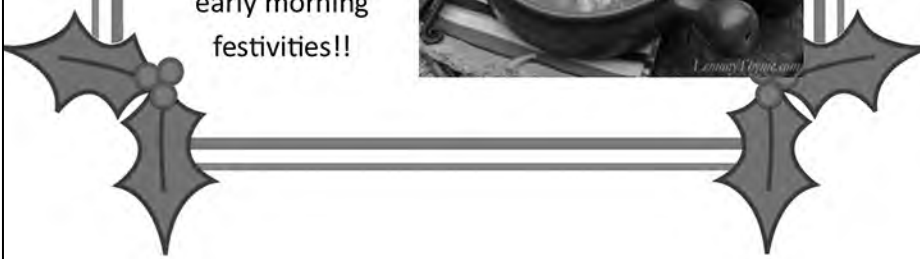
**Enchilada Casserole**  
*(Red or Green Chile)*


**Posole**

**505.869.9835**



Also Offering  
**Breakfast Burritos**  
by the dozen for  
your **Office Parties** or  
early morning  
festivities!!





**Ham Distribution**


**DATES:** Monday, December 14, 2015  
Tuesday, December 15, 2015

**WHERE:** New Recreation Center  
Game Room

**TIME:** 8:00 a.m. to 6:00 p.m.

**FOR:** Eligible Tribal Members living in Isleta Pueblo, Los Lunas, Belen, Bosque Farms, Albuquerque, Rio Rancho and Bernalillo ONLY!!

**Individuals must provide proof of tribal membership. Only one ham per household your cooperation will be appreciated. Thank you!**



**Edward Torres, Governor**

## Health Beat

Health Educator: Stephanie Barela @ 869-4479

### National Walk to School Day-October 7, 2015

On Wednesday, October 7th, the Isleta Elementary School 6th graders and kindergarten students participated in a National Walk to School Day Event. The students first learned about pedestrian safety and then the 6th graders partnered up with the kindergarteners and walked from the Isleta Elementary School to the Isleta Health Center, demonstrating their newly learned pedestrian safety skills while singing some pedestrian safety songs.



### Staying Healthy-November 12, 2015

On Thursday, November 12, the Isleta Elementary School kindergarteners walked to the Isleta Health Center and met with Dr. Nelson to learn ways to stay healthy and also took a tour around the Isleta Health Center.

## WIC

505 869-2662

### Greek Yogurt Soft Sugar Cookies

From: Lovely Little Kitchen (www.lovelylittlekitchen.com)  
Serves: 18 cookies

#### Ingredients:

#### Cookies

- 2 cups all purpose flour
- 1 tsp baking powder
- 1/4 tsp baking soda
- 1/8 tsp salt
- 1/3 cup butter
- 2/3 cup sugar
- 1 egg
- 1/2 tsp vanilla extract
- 2/3 cup Greek yogurt



#### Frosting

- 1/4 cup butter, softened
- 4 ounces cream cheese, softened
- 1 cup powdered sugar
- 1 tbsp. heavy cream

#### Directions

##### Cookies

Sift together flour, baking powder, baking soda, and salt in a medium bowl. Set aside.

In bowl of an electric mixer, cream together butter and sugar on medium speed.

Add egg, vanilla, and Greek yogurt and mix well.

Add flour mixture slowly on low speed until just incorporated. Remove cookie dough from the bowl and wrap in plastic wrap, shaping dough into a disk. Chill overnight.

Preheat oven to 350 degrees.

On a well floured surface, roll out cookie dough to 1/4 inch thickness. Cut out into circles. I used the rim of a juice glass. Place circles of dough onto a greased baking sheet, six per batch.

Bake cookies for 9-11 minutes.

Remove from baking sheet after 5 minutes to a cooling rack and allow to cool completely before frosting.

##### Frosting

With an electric mixer, cream together butter, cream cheese, and powdered sugar on low speed. Add in heavy cream and whip on high speed until frosting is light and fluffy, about 2-3 minutes.

Keep cookies refrigerated until serving. The frosting is soft at room temperature, but cookies can be stacked with parchment paper between layers if refrigerated.

#### WIC News

We have made some exciting changes to our food package. Starting October 1st 2015 we have added whole wheat pasta as an option in the whole grains category and yogurt is now on our food package.

#### Make Holiday Recipes Healthier!

Any recipe can be modified to be more nutritious. Don't be afraid to experiment, there are a lot of small changes you can make to benefit the health of your family.

Substitute apple sauce for all or part of the butter or oil in a recipe.

Reduce the amount of sugar in desserts - you can reduce by 1/4 to 1/2 of the sugar called for in a recipe without compromising the flavor.

Use whole wheat flour instead of white flour for all or a portion of the flour in your recipes.

Increase the vegetables in recipes that call for them and make multiple kinds of veggies for holiday meals.

*Happy Holidays from  
the Isleta WIC staff!*

If you are receiving bills for medical services, bring them to PRC.

**RED FLAG**...if you are receiving the bill, then PRC is not being billed!

**Call 869-4488  
for more information.**



**ISLETA HEALTH CENTER**  
*"Did you know?"*

### Did you know about the 24-hour Nurse Advice Line?

- Have you ever wondered what to do when the Health Center is closed and you aren't feeling well?
- Have you ever wondered if you were in an emergency situation and should call 911?
- Have you been unsure if you needed to visit the walk-in clinic or make an appointment?

If you need answers to health related concerns and aren't sure if you need to visit the walk-in clinic or call 911, use the toll-free **NURSE ADVICE LINE\***. When you speak with a Registered Nurse, please follow the nurse recommendations for home care or the need for health facility care.

**NURSE ADVICE LINE**  
**1-877-752-2552**

This line is available 24 Hours A Day, 7 Days A Week, 365 Days A Year and is available for FREE to ALL Isleta Health Center patients!

**\* CALL 911 FOR LIFE THREATENING EMERGENCIES**  
**This includes, but is not limited to: chest pains, severe injury and/or bleeding, and severe breathing problems.**

**NOTE:** You must notify Purchased/Referred Care staff (formerly CHS) within 72 hours if you are seen at any facility other than the Isleta Health Center.

Isleta Health Center <b>DECEMBER 2015</b> <i>Questions? Call 869-3200</i>						
SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
	<b>December 1<sup>st</sup> is World Aids Day</b> <i>Have you been checked?</i> Call the NM Aids Services at 505-938-7100 or visit 625 Truman St. NE, Albuquerque, NM 87110	<b>1</b> Women's Support Group: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Group Exercise Class: 5:30-6:45p @ Diabetes Wellness Center. 🌐🌐🌐World Aids Day!	<b>2</b> Parent Group: 9-11a @ BHS. Anger Mgmt. Skills: 1-2p @ BHS.	<b>3</b> Grief Group: 1-2p @ BHS. Group Exercise Class: 5:30-6:45p @ Diabetes Wellness Center.	<b>4</b> Early Recovery Skills: 9-11a @ BHS. Another Recovery Technique (ART): 1-4p @ BHS.	<b>5</b>
<b>6</b>	<b>7</b> Early Recovery Skills: 9-11a @ BHS. Women's Path to Recovery: 1-2:30p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS.	<b>8</b> Women's Support Group: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS.	<b>9</b> Parent Group: 9-11a @ BHS. Anger Mgmt. Skills: 1-2p @ BHS.	<b>10</b> Grief Group: 1-2p @ BHS. Group Exercise Class: 5:30-6:45p @ Diabetes Wellness Center.	<b>11</b> Early Recovery Skills: 9-11a @ BHS. Another Recovery Technique (ART): 1-4p @ BHS.	<b>12</b>
<b>13</b>	<b>14</b> Early Recovery Skills: 9-11a @ BHS. POI Cancer Support Group POT-LUCK: 10:30-12P, Health Center, Call Stephanie to reserve a spot & meal! Women's Path to Recovery: 1-2:30p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS.	<b>15</b> Women's Support Group: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Group Exercise Class: 5:30-6:45p @ Diabetes Wellness Center.	<b>16</b> Parent Group: 9-11a @ BHS. Anger Management Skills: 1-2p @ BHS. Diabetes Activity Night: 5:00p @ DPP Wellness Center.	<b>17</b> Grief Group: 1-2p @ BHS. Group Exercise Class: 5:30-6:45p @ Diabetes Wellness Center.	<b>18</b> Early Recovery Skills: 9-11a @ BHS. Another Recovery Technique (ART): 1-4p @ BHS.	<b>19</b>
<b>20</b>	<b>21</b> Early Recovery Skills: 9-11a @ BHS. Women's Path to Recovery: 1-2:30p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS. building.	<b>22</b> Women's Support Group: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Group Exercise Class: 5:30-6:45p @ Diabetes Wellness Center.	<b>23</b> Parent Group: 9-11a @ BHS. Diabetes Alliance Group: 10-11a @ Diabetes Prevention Administration. Anger Management Skills: 1-2p @ BHS.	<b>24</b> Grief Group: 1-2p @ BHS.	<b>25</b> CHRISTMAS Health Center Day CLOSED	<b>26</b>
<b>27</b>	<b>28</b> Early Recovery Skills: 9-11a @ BHS. Women's Path to Recovery: 1-2:30p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS.	<b>29</b> Women's Support Group: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Group Exercise Class: 5:30-6:45p @ Diabetes Wellness Center.	<b>30</b> Parent Group: 9-11a @ BHS. Anger Management Skills: 1-2p @ BHS.	<b>31</b> Grief Group: 1-2p @ BHS.		

**PRC**

Patients are responsible for notifying PRC of any follow up appointments, continued or referred care, or any additional procedures the specialist may recommend. Please provide as much notice as possible to allow us to enter the information, request the orders, and mail out to you prior to your appointment.



**Pueblo of Isleta Community Cancer Support Group**

Support the health of your family.  
 Educate yourself on cancer.  
 REDUCE YOUR RISK!



**Freedom From Smoking**

NEED HELP STOPPING SMOKING?

SIGN UP FOR THE ISLETA HEALTH CENTER'S **Freedom From Smoking** PROGRAM NOW!

SIGN UP FOR THE NEXT GROUP!  
 97% OF THE PARTICIPANTS THAT ATTENDED EVERY SCHEDULED SESSION QUIT SMOKING!!



**Weekly Prizes!**

- ➔ Nicotine Replacement Therapy for those clinic patients who attend weekly sessions!
- ➔ Get support from others that are going through the same thing.

**CONTACT:**

**Stephanie Barela @ 505-869-4479**

for more information or to reserve your spot in this class!



Sponsored by the Isleta Health Center

**Annual Holiday Potluck**  
**December 14<sup>th</sup>**  
 (2<sup>nd</sup> Monday)  
**@ 10:30 a.m.**  
 in the  
**Isleta Health Center Kitchen!**

For information or to sign up for a dish,  
 Call Stephanie Barela @ 869-4479.



**Thinking About Quitting**  
 NOT READY TO COMMIT TO A Full Quit Smoking PROGRAM?  
 Take this 1 time, 1 on 1, 90 minute session to increase your motivation to quit!  
 Call Stephanie, Health Educator @ 869-4479 to Sign up  
 Isleta Health Center