



Isleta Pueblo News

Volume 12 Issue 4

Pueblo of Isleta website: www.isletapueblo.com



April 2017

From the Office of the Governor

Ma Gu Wam,

I hope this message reaches you in good health and spirits. My condolences to those who have recently lost family and loved ones. Let's be thankful that we had many of these elders for close to one hundred years. Imagine the history that these people lived and the lessons conveyed to us. Blessings to everyone for continued good health and long life. What a busy beginning of the year with all of the traditional events and the Easter Season activities soon to be upon us. Please be informed that many of the tribal offices will be closed on Good Friday so that employees may partake in the day's events.

On March 13th, I appointed Ms. Francine Jaramillo as our new in-house Attorney for the Pueblo of Isleta. Ms. Jaramillo comes to us from the American Indian Law Center and we are proud to have one of our tribal members fill this very important position. Ms. Jaramillo's Bio is incorporated in this month's newsletter.

The New Mexico State Legislature came to a close on March 18th with the Tribal Infrastructure Fund still a major funding topic for the Pueblo of Isleta. With regard to the gas tax-we are against any changes to the tax code which could delete special tax exemptions presently allowed to the tribes. HB 202 included a 10% increase in the gas tax, without eliminating the tribal gas tax and moving incidence of tax to the rack. It is likely that a special session will be called and these concerning issues will be addressed. As you may know, Governor Martinez is threatening a government shutdown for state government.

Tiwa Lending Services, Office of the Special Trustee, First Nations Development Institute and American Indian Chamber of Commerce of New Mexico are to be commended for joining forces to offer the second Native American Youth Empowerment Symposium held at Isleta Resort and Casino on March 27, 2017. This symposium was geared towards teaching youth skills for money management, financial literacy. April is "Financial Literacy Month". The Keynote speaker was Secretary Kelly Zunie, New Mexico Indian Affairs Department and a video address by Congresswoman Michelle Lujan-Grisham. A big "thank you" to all who participated to make this event happen.

In closing, I want to wish you and all your families many good blessings.

Isleta Resort & Casino

April 2017

Construction fences are set to go up and work will soon get underway this month at Isleta Resort & Casino. The work is part of a massive \$40 million upgrade, set to span the course of the next 18 months. The plan was first unveiled to Pueblo of Isleta community members in the February Newsletter, and further discussed during a community meeting at the Resort in early March.

The Resort's reinvention answers a common call in the Gaming industry for the demand to continually rejuvenate your product, in order to stay relevant and competitive. That need is especially important in the Albuquerque-area, which has been found to be one of the top three most competitive gaming environments in the United States.

In fact, the majority of casinos across the country typically do some level of renovation and reinvention every 3 to 5 years. Our Resort has not seen such changes, however; and therefore that is one of the main premises behind the planned renovation. The Resort's re-invention of its product not only maintains its current client base, but also aims to attract new guests from around the region.

"The Albuquerque market is a very experience-driven market. Visitors want to enjoy a night out, where they can find a good meal and quality entertainment. Our renovation will focus highly on those two areas. In order to further advertise the all-encompassing entertainment package we offer, we're excited to be known as "Where the Fun Begins," says Isleta Resort & Casino CEO Harold Baugus.

In fact, the new design includes food court style dining. The new product will add higher quality, quicker service type of food offerings. The first phase of the construction, however, begins with the casino's main entrance. Guests will now be directed to enter through the northern doors, near the Bingo Showroom. Valet will also transport Guests to that area. Additional upgrades down the road include an expanded Triple Sevens Saloon, new Showroom, updated casino floor, and much more. The Resort has promised to keep community members aware of construction, and is expected to continue to provide updated information via the community Newsletter.

Pueblo of Isleta Veterans Association

As the Marine Corps are out "looking for a few good men," the Pueblo of Isleta Veterans Association are "looking for information on a few good veterans", listed below. These are new additions, names to be added to the list of POI veterans. The below names were submitted to the Association, and sometimes not by the individual veteran, but by a family member, relative, friend, or other, and we are now asking to help to correct the list. If anyone out there can add or delete any info to the list, or if the info is correct, please call Commander Fred R. Lujan at 573-3733, or Adjutant Ulysses Abeita at 264-4110.

Feliciano Abeita – Army
Venessa Bitsalloie - Navy
Jose August Chewiwi – Army
Juan Estevan Chewiwi – Navy
Marvin Garcia – Army
Todd M. Jiron – Air Force
Charles B. Jojola – Army
Earnest Pat Jojola - Navy
Harold Bob Jojola – Marines
Jose Ignacio Jojola – Army
Juan Antonio Jojola - Navy
George F. Keryte – Army
Jose (Mickey) Keryte – Army
Jose Abelino Lente - Navy
Jose Rey Olguin - Army
Joseph Richard Olguin - Marines
Carlos Zuni – Air Force

The next POI Veterans Association meeting is scheduled for 5 April 2017 at 6:00 PM at the POI Veterans Center located in Los Charcos, NM. Jennifer DeWinne, VA Medical Center Health Systems Specialist will provide information on the importance of the DD-214 (Military Discharge Document). This is valuable information for veterans and their families.

The POI Veterans Center is still working to complete the center. As you may have noticed there are three modular buildings located on the property; the main building was purchased for approximately \$120,000 and the other two were old buildings were donated by POI. These two buildings are in need of major renovation, and the renovation process has been started. Funding for the module building, renovation, fencing, driveway etc., and etc. is the result of NM State Capital Outlay Funds. We are very thankful to all the legislators who have helped support our Association. Since 2010, the Association has received approximately \$300,000 from NM State Capital Outlay Funds. And always, we want to thank the late Richard "Dickie" Baker for donating the property to the POI veterans.

For more information on the Association, veterans concerns/questions, please call Commander Fred R. Lujan, 573-3733, Vice – Commander Michael B. Lucero, 288-4098, or Adjutant/VSO, Ulysses Abeita, 264-4110.

And a reminder, any veteran with an honorable discharge may join the Association for a mere annual membership fee of \$10.00. Next meeting...5 April 2017 at 6 PM.

The Pueblo's New General Counsel: Making it Legal



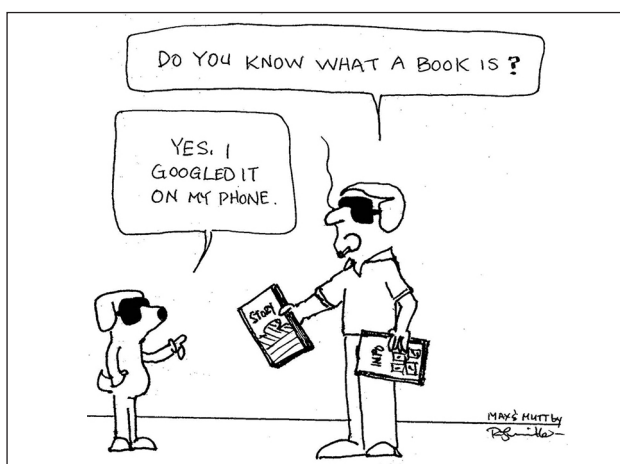
The Pueblo welcomes Ms. Francine M. Jaramillo, Esq. to the Legal Department. Ms. Jaramillo recently accepted an offer to become the Pueblo's General Counsel. She began work on March 13, 2017. In her capacity, she will manage the Pueblo's legal functions, work closely with tribal leadership and tribal departments, and oversee the work of outside legal counsel. Her responsibilities include providing legal counsel and advice in the areas of tribal government, federal-tribal relations, environmental and natural resources,

economic development, employment matters and jurisdictional issues. Ms. Jaramillo will also be assessing the Legal Department's operations and developing strategies to ensure that the Pueblo's legal needs are addressed in a timely and effective manner, and in accordance with the highest professional standards. A long-term goal is to lessen the Pueblo's reliance on outside counsel and handle more of the work in-house.

Prior to joining the Legal Department, Ms. Jaramillo worked as a Staff Attorney for the American Indian Law Center, Inc. (AILC), the oldest existing Indian-managed and Indian-operated legal and public policy organization in the country. During her 6 years at AILC, she provided research and analysis on policies and laws impacting tribes and Native Americans, developed curriculum and conducted training for tribal courts, tribal governments, and other public and private entities. She was part of the AILC Team that performed tribal court assessments, evaluated tribal needs, provided recommendations for improving tribal court operations and assisted in securing funding for tribal courts through the Bureau of Indian Affairs.

Ms. Jaramillo has taught legal writing and advocacy to students in AILC's Pre-law Summer Institute. She was also an adjunct professor at the University of New Mexico (UNM) School of Law where she co-taught Indian Law Appellate Advocacy. For 6 years, Ms. Jaramillo served as an Associate Justice for the Pueblo of Isleta Appellate Court.

Soon after graduating from law school, Ms. Jaramillo was appointed by former Governor Bill Richardson to serve as Senior Policy Analyst for the New Mexico Indian Affairs Department. In that role, she was instrumental in the passage of several key pieces of legislation benefiting the Pueblos and Tribes including the New Mexico State/Tribal Collaboration Act, which calls for consultation with tribal governments; Amendments to the New Mexico Subdivision Act, which protects the natural resources including water from subdivision development along tribal boundaries; and the Severance Bonds for Tribal Infrastructure, which created a permanent funding source for the New Mexico Tribal Infrastructure Fund (TIF). She received her B.A. from the University of Washington and her J.D. from the UNM School of Law. Ms. Jaramillo is a member of the State Bar of New Mexico. She was born, raised, and still lives in Isleta Pueblo. Her dream has always been to return to the Pueblo and use her legal credentials and education to protect, serve, and advance the interests of her community.



LETTER FROM THE EDITOR

Deadline for May Newsletter articles is set for Monday, April 24, 2017 at 4:30pm. Articles may be dropped off at the Library or emailed to poi02002@isletapueblo.com. Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it's time to panic, so call Nate at 505.869.9808.

People whom wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member whom will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

Probates need to be published in the Newsletter for two consecutive months. Probates are considered court documents therefore all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at <http://www.isletapueblo.com/newsletters.html>.

Thank you,
Nathaniel Lujan

Newsletters may be found at the sixteen distribution locations listed below. Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at <http://www.isletapueblo.com/newsletters.html>



The sixteen Newsletter distribution locations are:

- 1) The Administration Building (Governor's Office): Receptionist Desk
- 2) Census Office: Receptionist Desk
- 3) Health Center: Lobby(Newsletter Stand)
- 4) Housing Department: Receptionist Desk
- 5) Department of Education: Receptionist Desk
- 6) New Recreation Center: Newsletter Stand
- 7) Old Recreation Center: Front Desk & Breakroom (Newsletter Stand)
- 8) Tribal Service Complex: Receptionist Desk
- 9) Tribal Service Complex: I.P.D. Dispatch Window
- 10) Tribal Service Complex: Tribal Courts Window
- 11) Elders Center: Receptionist Desk & Lunch Delivery
- 12) Head Start: Receptionist Desk
- 13) Library: Newsletter Stand
- 14) Ranchitos Park: Blue Box (see picture for example)
- 15) Old Head Start Complex: Blue Box (see picture for example)
- 16) Intersection of Tribal Road 82 & Tribal Road 84: Blue Box (see picture for example)

PROBATE NEWS

Second Notice – A petition to Probate the Estate of Juan Rey Abeita, deceased September 02, 1996. Case No. CV-16-PRO-00153, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Wednesday, May 24, 2017 at 9:00 a.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

Second Notice – A petition to Probate the Estate of Marcelina L. Abeita, deceased August 02, 2015. Case No. CV-16-PRO-00154, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Wednesday, May 24, 2017 at 10 a.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

HAPPY BIRTHDAY NANA

The historic Isleta Courthouse on the plaza was the setting for the 100th birthday celebration for former Isleta First Lady, Margaret Carpio Abeita on Saturday March 11, 2017. Excitement and merriment filled the courthouse all afternoon as wave and wave of family, friends and well-wishers came by to wish the Abeita family matriarch a happy 100th and to share stories and tales of this beloved lady throughout her long lifetime. Margaret Carpio was born on February 14, 1917 to Jose Carpio and Emilia Lente. She later married the handsome Andy Abeita, had seven children, 26 grandchildren, 28 great grandchildren and 1 great-great grandchild. Raising her children was a full-time job but when her husband became Governor in 1965, Margaret put housekeeping to the side as she rose to assist her Governor husband with his traditional responsibilities. Margaret and Andy Abeita were married for 51 years. They traveled extensively as ambassadors for Isleta Pueblo and made hundreds of friends. Our best wishes go out to Mrs. Abeita on this special occasion.



Meanwhile...Back at the Ranch.....

Spring has arrived!! The grass is greening up, temperature is going up and the days are getting longer. We've had some decent rainfall since the beginning of the year and that has meant green grass so far. The cows and range are looking good, there are lots of little calves on the ground and we should be done calving by the middle of May. We are looking forward to a better calf crop than what we had this past year and this translates into more revenue for the Pueblo.

As the season changes so does the Comanche Ranch. We will soon begin construction on crossfencing our largest pasture as well as installing 1 mile of new waterline and installing a 10,000 gallon water storage tank. These improvements are made possible by using monies provided by the USDA, Natural Resources Conservation Service (NRCS) under their Environmental Quality Improvement Program (EQIP). Under this program the USDA will pay for 90% of the cost of the projects and the ranch will be responsible for the other 10%. The majority of our contribution is through our labor since the ranch hands will be doing the work. The only real cost is the fence materials and the installation of the tank, for that we must contract out. Along with the changes to the infrastructure is the changes to the cow herd. Since 2015 we have increased our breeding percentage from 63% to 83%, a significant increase in a short amount of time. With the addition of new bulls our goal is to increase the breeding percentage to 92-95% within the next 2-3 years.

Change can be slow at times especially in this industry but with hard work, dedication and the support of the Administration and other programs we will succeed. We must also not forget our faith and prayers. There have been many times when things were not going according to plan and I took some time to pray to our Creator and the "old cowboys" that have gone before us, to give us strength, wisdom and guidance to complete the task at hand and things turned out for the best....with that I will leave you with some words of wisdom from Bob Davie, the head coach of the UNM Lobos football team. Coach Davie said "You cannot have expectations without commitment".

Until next month here's wishing you all good health and happy trails....and a Happy Easter!

Recumbent Bike Missing



On Tuesday morning March 21, 2017 my son's therapy bike was stolen from our backyard. He has Cerebral Palsy and uses this bike for his therapy. The bike is red with a black basket behind the seat and a pig horn on the handlebars. I am requesting it be returned with no questions asked. If found or you know the whereabouts please contact the Isleta Police at 505-869-9704.

Here is a similar bike. Missing bike includes the black basket and pig horn.

Isleta Parks & Recreation



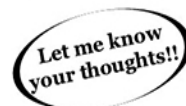
STARTS AT 10:00AM

Annual Easter Egg Hunt

APRIL 15, 2017
LOCATION: NEW REC. CENTER
AGES: 5 & UNDER, 6-8, 9-11, 12 & UP
NOW INCLUDING: ELDER EASTER EGG HUNT 50 & OLDER

For More Information:
 (505) 869-9777

Suggestions or Comments for 2017?



PUEBLO OF ISLETA HEALTH CENTER

Health Education Department

Help me plan the year by letting me know what you would like to learn!

Do you want to learn about certain health topics?

Do you see a need in the community for a certain type of training?

Tell Your Local Health Educator!

Stop by the Health Center and drop your health training topic suggestions or comments in the "Suggestions, Comments or Complaint Box" located inside the main entrance (on your right as you enter) or you may send an e-mail to sbarela@islclinic.net



Isleta Health Center

Stephanie Barela, Health Educator
 Phone: 505-869-4479

Isleta Career Opportunities



****PLEASE NOTE: POSITIONS ARE OPENED UNTIL FILLED****

www.isleta.com

Vickie Carrion 244-8206 or Andrea Fuentes 724-3920

Updated: March 17, 2017 (Internal Postings In **BOLD**)

<u>Auto req ID</u>	<u>TITLE</u>	<u>DEPARTMENT</u>	<u>DIVISION</u>
1155BR	CASHIER – CAGE	CAGE	GENERAL & ADMINISTRATION
1158BR	CASHIER – CAGE	CAGE	GENERAL & ADMINISTRATION
1153BR	MACHINE TECH-COUNT	COUNT	GENERAL & ADMINISTRATION
1149BR	ATTENDANT CONCESSIONS - CHILI RISTA	F&B DELI	FOOD & BEVERAGE
1148BR	ATTENDANT CONCESSIONS - CHILI RISTA	F&B DELI	FOOD & BEVERAGE
1147BR	ATTENDANT CONCESSIONS - CHILI RISTA	F&B DELI	FOOD & BEVERAGE
1146BR	ATTENDANT CONCESSIONS - CHILI RISTA	F&B DELI	FOOD & BEVERAGE
1145BR	ATTENDANT CONCESSIONS - CHILI RISTA	F&B DELI	FOOD & BEVERAGE
1120BR	ATTENDANT CONCESSIONS - CHILI RISTA	F&B DELI	FOOD & BEVERAGE
1114BR	COOK	F&B FUN CONNECTION	FOOD & BEVERAGE
1125BR	ATTENDANT CONCESSIONS - CHILE RISTA 2 - PW	F&B PALACE WEST	FOOD & BEVERAGE
1150BR	CASHIER - F&B TIWA	F&B TIWA	FOOD & BEVERAGE
1111BR	TIWA BARTENDER	F&B TIWA	FOOD & BEVERAGE
1157BR	UTILITY-F&B	F&B UTILITY	FOOD & BEVERAGE
1105BR	SUPERVISOR PREVENTION MAINT	FACILITIES MAINTENANCE	FACILITIES
1154BR	TECHNICIAN - IRRIGATION	FACILITIES MAINTENANCE	AMENITIES
1152BR	ATTENDANT LAUNDRY	HOTEL HOUSEKEEPING	HOTEL
1151BR	PORTER LOBBY EVENING-HOUSEKEEPING	HOTEL HOUSEKEEPING	HOTEL
1139BR	ATTENDANT FLOOR-SLOTS	SLOTS	GAMING
1141BR	ATTENDANT FLOOR-SLOTS (Part-Time)	SLOTS	GAMING
1140BR	ATTENDANT FLOOR-SLOTS (Part-Time)	SLOTS	GAMING
1138BR	SUPERVISOR SHIFT SLOTS	SLOTS	GAMING
1144BR	SPA ATTENDANT	SPA SALON	HOTEL
1058BR	MACHINE TECH-COUNT	COUNT	GENERAL & ADMINISTRATION
975BR	TEAM MEMBER-COUNT	COUNT	GENERAL & ADMINISTRATION
1137BR	TEAM MEMBER-COUNT	COUNT	GENERAL & ADMINISTRATION
1142BR	TEAM MEMBER-COUNT	COUNT	GENERAL & ADMINISTRATION
778BR	HEAVY DUTY TECHNICIAN-CUSTODIAL	CUSTODIAL	FACILITIES
776BR	PORTER-CUSTODIAL (SWING)	CUSTODIAL	FACILITIES
827BR	PORTER-CUSTODIAL (SWING)	CUSTODIAL	FACILITIES
828BR	PORTER-CUSTODIAL(GRAVEYARD)	CUSTODIAL	FACILITIES
829BR	PORTER-CUSTODIAL(GRAVEYARD)	CUSTODIAL	FACILITIES
832BR	PORTER-CUSTODIAL(GRAVEYARD)	CUSTODIAL	FACILITIES
830BR	PORTER-CUSTODIAL(GRAVEYARD)	CUSTODIAL	FACILITIES
851BR	SERVER BEVERAGE	F&B BEVERAGE SERVICES	FOOD & BEVERAGE
636BR	COOK-BANQUET	F&B CATERING BANQUETS	FOOD & BEVERAGE
1025BR	SOUS CHEF-BANQUET	F&B CATERING BANQUETS	FOOD & BEVERAGE
788BR	SUPERVISOR - BAR	F&B CENTER BAR	FOOD & BEVERAGE
371BR	SUPERVISOR CENTER BAR	F&B CENTER BAR	FOOD & BEVERAGE
1034BR	ATTENDANT CONCESSIONS - CHILI RISTA	F&B DELI	FOOD & BEVERAGE
1035BR	ATTENDANT CONCESSIONS - CHILI RISTA	F&B DELI	FOOD & BEVERAGE
1118BR	CONSESSIONS SUPERVISOR	F&B DELI	FOOD & BEVERAGE
808BR	COOK-DELI	F&B DELI	FOOD & BEVERAGE
1018BR	ATTENDANT EMPLOYEE DINING ROOM - GRAVEYARD	F&B EMPLOYEE DINING	FOOD & BEVERAGE
1019BR	ATTENDANT EMPLOYEE DINING ROOM - GRAVEYARD	F&B EMPLOYEE DINING	FOOD & BEVERAGE
1037BR	ATTENDANT CONCESSIONS - FUN CONNECTION	F&B FUN CONNECTION	FOOD & BEVERAGE
1039BR	ATTENDANT CONCESSIONS - FUN CONNECTION	F&B FUN CONNECTION	FOOD & BEVERAGE
821BR	SERVER - STEAKHOUSE	F&B STEAKHOUSE	FOOD & BEVERAGE
1110BR	SERVER - TIWA	F&B TIWA	FOOD & BEVERAGE
1090BR	SUPERVISOR SHIFT TIWA	F&B TIWA	FOOD & BEVERAGE
1108BR	TIWA BUSSER	F&B TIWA	FOOD & BEVERAGE
814BR	TIWA LINE COOK	F&B TIWA	FOOD & BEVERAGE
1103BR	BUILDING SUPERINTENDENT	FACILITIES MAINTENANCE	FACILITIES
1121BR	CONSTRUCTION ADMINISTRATIVE ASSISTANT	FACILITIES MAINTENANCE	FACILITIES
1106BR	ELECTRICIAN	FACILITIES MAINTENANCE	FACILITIES
1107BR	HVAC TECHNICIAN	FACILITIES MAINTENANCE	FACILITIES
1104BR	PLUMBER	FACILITIES MAINTENANCE	FACILITIES
759BR	2ND MECHANIC	FUN CONNECTION	AMENITIES
663BR	LABORER-GOLF COURSE (seasonal)	GOLF COURSE MAINTENANCE	AMENITIES
664BR	LABORER-GOLF COURSE(seasonal)	GOLF COURSE MAINTENANCE	AMENITIES
1092BR	CLERK GOLF SHOP	GOLF COURSE OPERATIONS	AMENITIES
1081BR	SUPERVISOR FRONT DESK	HOTEL FRONT DESK	HOTEL
1098BR	ATTENDANT LAUNDRY	HOTEL HOUSEKEEPING	HOTEL
1101BR	SUPERVISOR HOUSEKEEPING	HOTEL HOUSEKEEPING	HOTEL
1100BR	APPLICATIONS ADMINISTRATOR I	IT	GENERAL & ADMINISTRATION
1117BR	IT SPECIALIST II	IT	GENERAL & ADMINISTRATION

<u>Auto req ID</u>	<u>TITLE</u>	<u>DEPARTMENT</u>	<u>DIVISION</u>
1102BR	DEALER - POKER (Part-Time)	POKER	GAMING
1143BR	ATTENDANT 505 EXPRESS RETAIL	RETAIL MAIN	HOTEL
1031BR	ATTENDANT FLOOR-SLOTS	SLOTS	GAMING
1091BR	FLOOR TECHNICIAN-SLOTS	SLOTS	GAMING
1020BR	MANAGER SHIFT SLOTS	SLOTS	GAMING
1068BR	SUPERVISOR - SPA	SPA SALON	HOTEL
1017BR	DEALER TABLE GAMES (Part Time)	TABLE GAMES	GAMING
878BR	ATTENDANT VALET	VALET	HOTEL
995BR	ATTENDANT VALET	VALET	HOTEL

Pueblo of Isleta Career Opportunities

Position Posting	Location	Closing Date
ACADEMIC COACH,	Dept., of Education,	Open Until Filled
BILLING TECHNICIAN,	Health Center,	Open Until Filled
BUS DRIVER (2 Part-time),	Head Start & Child Care,	Open Until Filled
BUSINESS MANAGER,	Isleta Elementary School,	Open Until Filled
CARPENTER,	Housing Authority,	Open Until Filled
CAREGIVER I, (*Temporary Full-Time),	Assisted Living Facility,	Open Until Filled
CAREGIVER I, (*Temporary Part-Time),	Assisted Living Facility,	Open Until Filled
CAREGIVER II, (*Temporary Full-Time),	Assisted Living Facility,	Open Until Filled
CAREGIVER II, (*Temporary Part-Time),	Assisted Living Facility,	Open Until Filled
NEW CERTIFIED CODER,	Health Center,	03/27/2017
CHILD CARE PROVIDER,	Head Start,	Open Until Filled
CLINICAL THERAPIST,	Health Center-Behavioral Health,	Open Until Filled
NEW CONTRACT HEALTH MANAGER,	Health Center,	03/27/2017
COOK (*Temporary Part-Time),	Assisted Living Facility, WITHIN ONLY-	Open Until Filled
CUSTODIAN,	Elder Center, WITHIN ONLY-	Open Until Filled
DATA COORDINATOR,	Head Start and Child Care,	Open Until Filled
DISABILITIES COORDINATOR,	Head Start,	Open Until Filled.
EMT-INTERMEDIATE (2 positions),	Health Center,	Open Until Filled
EMT PARAMEDIC (PRN/Occasional),	Health Center,	Open Until Filled
FOOD SERVICE AIDE,	Elder Center, WITHIN ONLY-	Open Until Filled
IN-HOME CARE ATTENDANT,	Elder Center, WITHIN ONLY-	Open Until Filled
HVAC TECHNICIAN,	Housing Authority,	Open Until Filled
LABORER (4-Tmp Pstns NTE: 6 mo.),	Housing Authority,	Open Until Filled
NURSE EDUCATOR,	Health Center,	Open Until Filled
PERSONAL CARE SERVICE AIDE (Occasional)	Elder Center,	Continuously Accepting Applications
PHYSICAL THERAPIST,	Health Center,	Open Until Filled
PHYSICIAN,	Health Center,	Open Until Filled
PIPELAYER / LABORER (NTE 2 Years),	Public Services Department, WITHIN ONLY-	Open Until Filled
PLUMBER,	Housing Authority,	Open Until Filled
RANCH HAND (Seasonal),	Comanche Ranch, WITHIN-	Continuously Accepting Applications
RANCH HAND (Seasonal),	Comanche Ranch, WITHIN-	Continuously Accepting Applications
REGISTERED NURSE (RPT),	Health Center,	Open Until Filled
RE-ADVERTISED - SPECIAL EVENTS &		
COMMUNICATIONS ASSISTANT,	Health Center-Diabetes Prgrm,	Open Until Filled
SUMMER LIFEGUARD (2 Pstns),	Parks & Recreation,	Open Until Filled
SUMMER RECREATION AIDE (15 Pstns),	Parks & Recreation,	Open Until Filled
SUMMER WEED & LITTER CREW (6 Pstns),	Parks & Recreation,	Open Until Filled
TEACHER - COMPUTER,	POI Elementary School,	Open Until Filled
TEACHER-ELEMENTARY SCHOOL,	POI Elementary School,	Continuously Accepting Applications
TEACHER II-EARLY HEAD START,	Head Start & Child Care,	Open Until Filled
TIWA LANGUAGE INSTRUCTOR,	Head Start & Child Care,	Open Until Filled
TIWA LANGUAGE TEACHER,	POI Elementary School,	Open Until Filled
VETERAN SUPPORT SERVICE PROGRAM MEMBER,	Elder Center,	Open Until Filled

Isleta Newsletter & Classified Ads???

The new administration has requested that the Newsletter start a Classified Ad section for Tribal members selling land, houses, mobile homes, vehicles, and farm equipment. Leasing of houses and mobile homes will be accepted. Smaller items which can be sold at the local flea markets or weekly yard sales will NOT be accepted.

Currently, this service is FREE to Tribal members. Land, houses, and mobile homes must be within the reservation boundaries. Ads must meet the 160 character limit. Ads that exceed the 160 characters will NOT be submitted into the Newsletter. A single picture may be submitted with the ad. Submitters of classified ads are responsible for generating their own ads as this is a FREE service.

As a reminder, Tribal business owners may submit a small flyer at no charge. Like the classified ads, business owners are responsible for generating their own flyers as this is a FREE service.

Classified ads and business flyers will be posted no more than two consecutive months. In the event where the Newsletter may exceed the 24 page limit, classified ads and business flyers will be "bumped" for newsletter articles. Again, this is a FREE service for Tribal members.

DEADLINES for classified ads, business flyers, and newsletter articles can be found in the first paragraph of the "Letter from the Editor" article.

The Isleta Newsletter is owned and operated by the Pueblo of Isleta. Therefore, the Governor of the Pueblo of Isleta has the final say of all articles and contents within the Isleta Newsletter.

For additional questions, you may call the Library and speak with Nate or Tara at 505.869.9808.

HIGHER EDUCATION:

Graduation Banquet will be held on April 26, 2017:

• If you have graduated or will complete your degree this Academic year 2016-2017 please call the education office at 869-9790 to be placed on the graduation list with all information. We will need:

- Your Name
- Phone Number
- Address
- University Name
- Degree Completed

High School Seniors:

• We will be working with the Johnson-O'Malley to distribute a scholarship packet to you at your High School or through the mail. If you have questions or would like to submit your application before the deadline dates, please feel free to come to the Education office at any time if you wish to pick one up.

Kick Start to College Nights:

• Scholarship program/JOM will be hosting College information nights to include amazing door prizes in early May, watch for flyers to be posted. Hope to see you then.

Summer Funding Reminder:

• If you are a continuing student and were funded for the Fall 2016/Spring 2017 Terms; you will need to request a SUMMER – FNA (Financial Needs Analysis), in which it must be completed by your college institution's (Financial Aid Office).

• Please make sure your upcoming classes align to your program of study.

Deadline Dates for the Summer 2017 Term:

- Application Deadline Date: **April 1st**
 - If you did NOT submit a Scholarship Application for Fall 2016 or Spring 2017, you will need to submit an application to POI Higher Education in order to be considered for the Summer 2017 Term.
- Other Required Document Deadline Date (CONTINUING STUDENTS): **May 31st**
 - Class Schedule (must meet degree analysis)
 - Official Transcripts
 - Updated degree analysis, failure to submit may delay funding.
 - FNA (Financial Needs Analysis)
- Application Deadline Date Fall 2017: **July 1st**

NEW STUDENTS:

Please contact the POI Higher Education Program at (505) 869-9790 or via email at:

- Cecelia Jaramillo, Scholarship Coordinator
poi08001@isletapueblo.com
- Kathleen Jojola, Scholarship Assistant
poi08004@isletapueblo.com

**Isleta Elementary School
Parent Preview
April 12, 2017
@ 1:30pm**

PRESENTATION

PREVIEW the
PUBERTY EDUCATION program
to be presented to 4th, 5th, & 6th
grade students on April 27th
during class time.

Questions? Call 869-4479
Stephanie Barela, IHC Health Educator

Everyone Welcome!

Pueblo of Isleta Parks & Recreation Department

2017 Youth Summer Recreation Program

NEW REC CENTER INFORMATION

WHEN: June 5th to July 28th

WHO: 6 years old and up.

WHERE: New Rec Center

TIMES: 9 am to 3 pm (Early Drop off and late pick up available for working parents.)

SUMMER FUN AT THE RECREATION CENTERS!

OLD REC CENTER INFORMATION

WHEN: June 5th to July 28th

WHO: 4 and 5 years olds (only).

WHERE: Old Rec Center (Pickle Heights)

TIMES: 9 am to 2:30 pm

REGISTRATION INFORMATION

WHEN: Starts April 3rd, 2017 (Monday – Friday)

WHERE: New Rec Center

TIMES: During normal operating hours.

REGISTRATION INFORMATION

WHEN: Starts April 3rd, 2017 (Monday – Friday)

WHERE: New Rec Center

TIMES: During normal operating hours.

Join us this summer for lots of fun activities at the rec centers. There will be fieldtrips, daily swimming, indoor and outdoor games and activities, nature walks and much much more. Breakfast and lunch will be provided daily to all participants.

For more information about the summer program and the important changes to this year's summer program, please read the newsletter and/or contact the New Recreation Program at 869-9777.



This is general information for more details call 869-9777.

ENVIRONMENT DIVISION STUDY WHAT IS RADON?

- Radon is an odorless, colorless, tasteless Radioactive gas
- It is a natural occurring gas that is produced by the breakdown of uranium in soil and rocks
- Radon can migrate through foundations, cracks and small openings into homes and buildings
- Radon is the second leading cause of lung cancer in the United States

The Pueblo's Environment Division recently received radon test kits from the New Mexico Environment Department's Indoor Radon Outreach Program. The Environmental Protection Agency's action level is 4.0 picocuries per liter of air (pCi/L). At or above this level of radon, the EPA recommends you take corrective measures to reduce your exposure.



In February, Environment carried out a preliminary study of a few tribal offices and all the levels were all under 1.0 pCi/L. In March, we expanded our study to cover most of the Tribal offices and facilities.

This is one step towards looking at indoor air quality here on the Pueblo. If you have any questions regarding this study or would like to request a radon test kit for your home, please contact Ruben Lucero at 505-869-9819.

DONATE

Your used milk gallons and receive a \$1.00 off your Library fines for every milk gallon donated!

With a limit of 10 per patron!

Milk gallons will be used for our upcoming 2017 Summer Reading Program!

12 CAR GIVEAWAY!

FIAT FRENZY

Drive home a winner in a new **2017 FIAT 500c!**

Drawings held every hour 2pm - 10pm
Now - May 6 | Every Friday & Saturday

\$235,000 IN CASH, FREE PLAY & 12 FIATS!

Plus! RECEIVE UP TO **1,000 ENTRIES**

Actual vehicle not shown. Management reserves the right to cancel or modify promotion at any time.

EARN & GET

EVERY SUNDAY
10AM - 10PM
APRIL 2 - 30

Receive \$10 FREE PLAY for every 200 points you earn playing your favorite Slot Machine! Up to \$50 every Sunday!

Free Play!

Maximum of five times per promotional day.

THE MAVERICKS

APRIL 21 | 8PM

TICKETS ON-SALE AT ISLETA CASINO BOX OFFICE OR WWW.ISLETA.COM \$30 FOR LOWER LEVEL STANDING ROOM ONLY | \$35 FOR RESERVED SEATING

New Mexico's Favorite **SEAFOOD BUFFET**

TIWA Restaurant & Lounge
Every Thursday | 4PM - 10PM
Special Discounts Apply for Isleta Players Club Members

For a special price of **\$26.95** | **\$15.95** Children 10 and under

See Player's Club for complete details and restrictions.

ISLETA
resort • casino

11000 BROADWAY SE | ALBUQUERQUE, NM 87105 | 505.724.3800 | ISLETA.COM

Seasonal allergies (hay fever)

Allergies are an abnormal response of the immune system. People who have allergies have an immune system that reacts to a usually harmless substance in the environment. This substance (pollen, mold, and animal dander, for example) is called an allergen.

Allergies are a very common problem, affecting at least two out of every 10 Americans

Spring time brings budding trees, green grass, and of course, weeds.

With seasonal allergies, also called hay fever and allergic rhinitis, there are some strategies you can try to keep some of your symptoms under control. Bothersome symptoms include sneezing, congestion, runny nose and itchy eyes.

Try to reduce your exposure to the things that trigger your allergy symptoms.

Stay indoors on windy days.

If possible delegate lawn mowing and weed pulling.

Remove the clothing you have worn outside and shower to rinse the pollen from your skin and hair.

Don't hang laundry outside. Pollen can stick to sheets and towels.

Wear a pollen mask if you do outside chores.

Take extra steps when pollen counts are high.

Check your local TV, newspaper or internet for current pollen counts and forecasts.

Close windows and doors at night or any other time when pollen counts are high.

Avoid outdoor activities in the early morning when the pollen counts are highest.

If high pollen counts are forecasted start taking your allergy medication before your symptoms start.

2017 MRGCD BOARD OF DIRECTOR'S ELECTION CALENDAR

ISSUE RFP FOR ELECTION SERVICES Current contract effective through 2017 Election	N/A
APPROVAL OF POLLING LOCATIONS After candidates are established, polling locations are recommended to the Board for approval. Approved list is given to Election Director to begin programming and assigning voting machines for the election. §73-14-24.A. For every conservancy district election, the Board of Directors shall provide for adequate polling places within the boundaries of the District. In addition, the Board of Directors shall provide a polling place at the main office of the District and may provide such other locations as it deems necessary. The Board of Directors may also create absentee-early voter and absent voter precincts. §73-14-24.D. If only one candidate has filed a declaration of candidacy for a position to be filled at an election, no declared write-in candidate has filed for a position and there are no questions or bond issues on the ballot, only one polling place for the election may be designated. The one polling place may be located in the office of the Election Director or in the office of the Middle Rio Grande Conservancy District.	APPROVED BOARD MEETING MONDAY, AUGUST 8, 2016
MRGCD RULE 20 RATIFIED FOR 2017 ELECTION	APPROVED BOARD MEETING MONDAY, OCTOBER 24, 2016
RATIFICATION OF ELECTION DIRECTOR §73-14-20.D. "Election Director" means a person whom the Board of Directors may request to provide election services by a contract approved by the Secretary of State.	APPROVED BOARD MEETING MONDAY, DECEMBER 12, 2016
RATIFICATION OF ELECTION OFFICER §73-14-20.E. "Election Officer" means a person appointed by the Board of Directors to conduct the election in the absence of the Election Director and who performs all election services as required by statute.	APPROVED BOARD MEETING MONDAY, DECEMBER 12, 2016
RATIFICATION OF LIST COMPILER §73-14-20.1.A. The Board of Directors of the conservancy district may contract for a list compiler before each election to compile and produce a qualified elector's list for the District.	APPROVED BOARD MEETING MONDAY, DECEMBER 12, 2016
RESOLUTION – NOTICE OF ELECTION Board approves resolution prior to publishing deadlines	APPROVED BOARD MEETING MONDAY, DECEMBER 12, 2016
PROCLAMATION – NOTICE OF ELECTION §73-14-24.A. On the first Tuesday after the first Monday in January prior to the District election, an election proclamation shall be published that includes a list of the offices for which a candidate may file, the date and place at which declaration of candidacy shall be filed and the date of the election. The election proclamation shall be published once in a newspaper of general circulation in the counties in which the election shall be held.	TUESDAY, JANUARY 3, 2017 El Defensor Chieftain Valencia County News-Bulletin Corrales Comment Albuquerque Journal Additional Publications
RATIFICATION OF ELECTION CALENDAR	BOARD MEETING MONDAY, JANUARY 23, 2017
COMPENSATION RATES FOR POLL WORKERS APPROVED The Board of Directors will determine the rate of compensation for Presiding Judges and poll workers. The guideline for the General Election may be used. All poll workers are paid the same rate plus mileage. Poll workers are also paid for their attendance at training sessions.	BOARD MEETING MONDAY, JANUARY 23, 2017
ALL ELECTION FORMS APPROVED All Election Forms are prepared by the Election Contractor and will be approved by the Board. Notice of Candidacy/ Petition forms will give candidates a month to gather signatures as required by statute. At the same Board Meeting, the Board will adopt a policy regarding distribution of election forms to the public.	BOARD MEETING MONDAY, FEBRUARY 27, 2017
DECLARATION OF CANDIDACY; SIGNATURES OF ELECTORS FORMS First day to pick up Declaration of Candidacy and Petition Forms from MRGCD Election Officer at the MRGCD General Office. Forms must be picked up in person and will not be available on MRGCD website, by US Mail or sent by electronic mail.	MONDAY, MARCH 6, 2017
QUALIFIED ELECTOR PROPERTY ACQUISITION DEADLINE (Ninety Days Prior) §73-14-20.1.A. An individual who purchases property ninety days prior to an election and whose name does not appear on the qualified elector's list shall not vote in that election. The individual may become certified to vote in a future election by filing his deed with the appropriate county clerk at least ninety (90) days before the next District election.	WEDNESDAY, MARCH 8, 2017
DEADLINE TO RECEIVE ALL RECORDS FROM COUNTIES, PUEBLOS, NEW MEXICO VITAL RECORDS AND HEALTH STATISTICS §73-14-20.1.B Names of qualified electors shall be obtained from the records of the County Clerk of the appropriate county, the appropriate county assessor of the appropriate county, records of the District or from the census bureau and enrollment records provided by the Pueblos. The County Assessor of the appropriate county, the County Clerk of the appropriate county and the tribal representatives of the appropriate Pueblos shall deliver to the Election Director all records regarding qualified electors of the benefited area no later than the last day of March before a District election.	FRIDAY, MARCH 31, 2017
DECLARATION OF CANDIDACY; SIGNATURES OF ELECTORS §73-14-25.A. Any person who desires to become a candidate for election as a member of the District Board of Directors shall file his written declaration of candidacy with the Election Director or with the Election Officer at least sixty (60) days before the election. The Election Officer or the Election Director shall certify the candidates to the Board of Directors.	FRIDAY, APRIL 7, 2017
FILING DEADLINE FOR CANDIDATES (SIXTY DAYS PRIOR) §73-14-25 Declaration of candidacy; signatures of electors. A. Any person who desires to become a candidate for election as a member of the Conservancy District Board of Directors shall file his written declaration of candidacy with the Election Director or the Election Officer at least sixty (60) days before the election. The Election Director or the Election Officer shall certify the candidates to the Board of Directors. B. The declaration of the candidacy shall contain: (1) A statement that the candidate is a qualified elector of the District and meets the qualifications of a director as required by law; (2) The candidate's name, address, county of residence and date of declaration of candidacy; (3) The numerical designation of the position on the Board of Directors for which he/she desires to be a candidate; (4) If a candidate for a position representing a county in the District, a petition signed by a least seventy-five (75) qualified electors of the District who reside in the county; (5) If a candidate for the position at large in the District, a petition signed by at least one hundred twenty-five (125) qualified electors; and (6) A statement that the candidate resides within the conservancy district and in the county for which he desires to be a candidate on the Board of Directors.	FRIDAY, APRIL 7, 2017

**CANDIDATES DRAW FOR POSITION ON BALLOT
(FIFTY-SEVEN DAYS PRIOR)**

MONDAY, APRIL 10, 2017

Rule 20.10.1.A.

Position on the ballot will be determined when candidates file for office by drawing from numbers one (1) through twenty five (25). The candidate with the lowest number shall be first on the ballot with each following position being determined by the next lowest number. The name of the candidate shall appear on the ballot in the same form as it appears on the deed to his/her property within the benefited area of the District.

INFORMATIONAL MEETING FOR ELECTION CANDIDATES

MONDAY, APRIL 10, 2017

Candidates that have been qualified to run in the election will receive information on the various characteristics of the election, i.e. Rule 20, benefitted lands, boundaries of the MRGCD of as well as a brief history of the MRGCD.

**FILING DEADLINE FOR WRITE-IN CANDIDATES
(FIFTY FIVE DAYS PRIOR)**

WEDNESDAY, APRIL 12, 2017

(Write-In Ballots – The Board of Director's power to regulate procedure at polling places, instructions to voters and determination of voter eligibility does not include the authority to deny the privilege of casting a write-in ballot to elect a board member.

Rule 20.10.2.A.

A person desiring to be a write-in candidate shall file a written declaration of intent with the Election Officer at least fifty five (55) calendar days prior to the election. The declaration of intent shall be in the form established by the Board. At the time of filing the declaration of intent to be a write-in candidate, the write-in candidate shall be considered a candidate for all purposes and provisions in relation to candidates in Rule 20 except that he/she shall not be entitled to have his/her name printed on the ballot.

Rule 20.10.2.D.

No unopposed write-in candidate shall have his election certified unless he has received at least the number of write-in votes as he would need signatures on a nominating petition pursuant to the requirements of Section 10 of Rule 20.

ANNOUNCEMENT OF WRITE-IN CANDIDATES

FRIDAY, APRIL 14, 2017

Rule 20.2.B.

The Election Contractor shall, fifty-three (53) days prior to election day, certify the name(s) of the declared write-in candidate(s) to the Election Director.

DELIVERY OF QUALIFIED ELECTOR LISTS TO ELECTION DIRECTOR (FORTY-FIVE DAYS PRIOR)

SATURDAY, APRIL 22, 2017

A master list is given to the Election Director for Absentee Voting purposes. The List Compiler puts the list together from data gathered from the County Assessors, Pueblo Governor approved enrollment lists, MRGCD water users, and it is edited to purge the list of deceased individuals (received from the New Mexico Vital Records and Health Statistics) as well as eliminate duplications as much as possible. Company names, corporations, limited partnerships, churches, and any listing other than an individual name is purged. Every effort is made to obtain spouse names (etux) and other names on deed (et al) at the respective county offices.

§73-14-20.1.A.

The Board of Directors of the conservancy district may contract for a list compiler before each election to compile and produce a qualified elector's list for the District. The list compiler shall deliver the completed list to the Election Director no later than forty-five (45) days prior to a District election.

ANNOUNCEMENT OF CANDIDATES

MONDAY, APRIL 24, 2017

Candidates are announced at the first Board meeting following the filing deadline for candidates.

ABSENTEE VOTING BEGINSTHURSDAY, APRIL 27, 2017 TO
SATURDAY, JUNE 3, 2017

§73-14-31.C.

Absentee ballots shall be distributed by the Election Contractor or the Election Director during regular hours and days of business from the fortieth (40) day preceding the election up until 5:00 p.m. on the Saturday immediately prior to the date of the election.

NOTICE OF THE ELECTION20 DAYS WEDNESDAY, MAY 17, 2017
10 DAYS SATURDAY, MAY 27, 2017
5 DAYS THURSDAY, JUNE 1, 2017

§73-14-27.B.

Notice of the election shall be published three (3) times in a newspaper of general circulation within each county of the District. Each notice shall state the time, place and purpose of the election and shall be published twenty (20), ten (10) and five (5) days before the election.

El Defensor Chieftain
Valencia County News-Bulletin
Corrales Comment
Albuquerque Journal
Additional Publications**EARLY VOTING BEGINS**MONDAY, MAY 22, 2017 TO
SATURDAY, JUNE 3, 2017

§73-14-20.B.

"Absentee-early voter" means a qualified elector who has voted early, prior to election day, on an electronic voting machine at a designated absenteeearly voter precinct.

ELECTION DAY

TUESDAY, JUNE 6, 2017

§73-14-24.

B. The members of the Board of Directors created pursuant to provisions of Section 73-14-18 through 73-14-32 NMSA 1978 shall be elected at an election held on the first Tuesday after the first Monday in June in 2001 and in each odd-numbered year thereafter.

C. The polls may be opened and closed in the same manner as provided for the general election under the Election Code (7:00 a.m. open polls/7:00 p.m. close polls)

QUALIFICATION OF PROVISIONAL BALLOTS

THURSDAY, JUNE 8, 2017

Rule 20 13.7 An error or omission may occur whereby a Qualified Elector's name is inadvertently not included on the list of qualified electors. If an individual voter declares that s/he is indeed a qualified elector as defined under the law and an error has occurred resulting in his or her name not being included on the list, s/he may vote by paper ballot on a Provisional Ballot.

Rule 20 21.13 The Provisional Ballot will not be counted until a Provisional Ballot voter provides one proof of ownership of property as described in §7314-21.1(D) to the Election Director or Election Officer. The Election Director or Election Officer will confirm the individual's name in the Provisional Ballot Poll Book and shall initial in the notations column that proof has been received. The Election Director or Election Officer will verify or reject the proof of ownership provided within two business days of the election day. The Election Director or Election Officer will initial in the notations column of the Provisional Ballot Poll Book "ACCEPTED" or "REJECTED".

Rule 20 21.15 On the next Thursday following the election day after 4:00 p.m., the Provisional Ballot Precinct Board shall obtain the Provisional Ballot "QUALIFIED" ballot bag or pouch from the Election Director or Election Officer and tally the qualified provisional ballots. The Presiding Judge shall have the authority to unseal the Provisional "QUALIFIED" ballot bag or pouch.

Rule 20 21.16 Qualified Provisional Ballots shall be counted and tallied as are other ballots for the District election.

ELECTION CANVASS

FRIDAY, JUNE 9, 2017

§73-14-86.A.

On the morning of the first Friday following the election, the board of directors shall meet and canvass the returns certified to it by the election judges.

DECLARATION OF RESULTS

FRIDAY, JUNE 9, 2017

§73-14-86.B.

After canvassing the returns, the board shall issue election certificates to the candidate or candidates who received the highest number of votes for each position on the ballot. The board shall declare the results of the election in writing and forward a copy of the declaration to the secretary of state and to the state engineer.

Getting Your Adult Loved One Ready for Treatment

What's the next step in your loved one getting help at Isleta Behavioral Health Services (IBHS) for addiction treatment? First, your loved one should visit IBHS to complete an assessment with a Case Manager on staff. Our Case Management services can discuss common questions and concerns about treatment placement and admission requirements for local and out of state residential treatment resources. The client will be informed of any other documentation needed for placement.

The IBHS receives many requests for immediate residential treatment placement. The admission criterion for the facilities we use includes a physical examination, TB test, current alcohol/drug assessment, and social history. Once this step is complete, the client application is submitted to the treatment facility, whose representatives then give final approval (or disapproval) for admission of the individual applying for treatment services. It is important to remember that the decision for admission to any facility is made by the treatment facility staff and not by IBHS personnel.

Once a client is accepted to a treatment program, their case manager will then set an admission date, prepare a transportation plan, and have the client sign a contractual agreement with IBHS (see sample below). Finally, the client will be informed about what

is allowed at the residential program to which they are accepted.

But do you ever wonder how come some people can drink alcohol without problems but others cannot? Research tells us that some people have a genetic risk for alcoholism while others develop problems through ongoing alcohol abuse. Some individuals are able to recover from alcoholism and stay in the community while others benefit more through placement in a residential treatment program. Alcohol abuse is dangerous and can lead to serious trouble with withdrawals. Your loved one may fear to stop the use of alcohol because of the pain of withdrawal (e.g., shakes, anxiety, paranoia, nausea, fatigue, depression and other medical health symptoms).

Residential treatment programs do not accept anyone under the influence of drugs or alcohol. Remember that the MATS Detox Program or the emergency room in Albuquerque can assist your loved one through the pain of withdrawal.



CLIENT CONTRACTUAL AGREEMENT WITH IBHS

I, (Client) _____, accept the Residential Treatment Services (RTC) of IBHS, with the following understanding:

- That I will be financially responsible for any travel itinerary cost, which is not used by me in the course of my residential treatment. Specifically, these costs are air flight, bus travel and/or train travel. I agree to repay Isleta Behavioral Health Services for any or all travel expenses unused by me.
- If I do not complete my RTC contractual time frame, or if I am unsuccessfully discharged from the RTC program before my contractual exit date, I will be responsible for my own return travel cost.
- I also agree to attend IBHS Outpatient services following my Residential Treatment stay. The duration of IBHS Outpatient treatment services will be determined by my IBHS Clinical Therapist and the Residential Treatment Facility's follow up treatment recommendations and discharge summary.

Client Signature: _____ Date: _____

IBHS Signature: _____ Date: _____

April 29, 2017

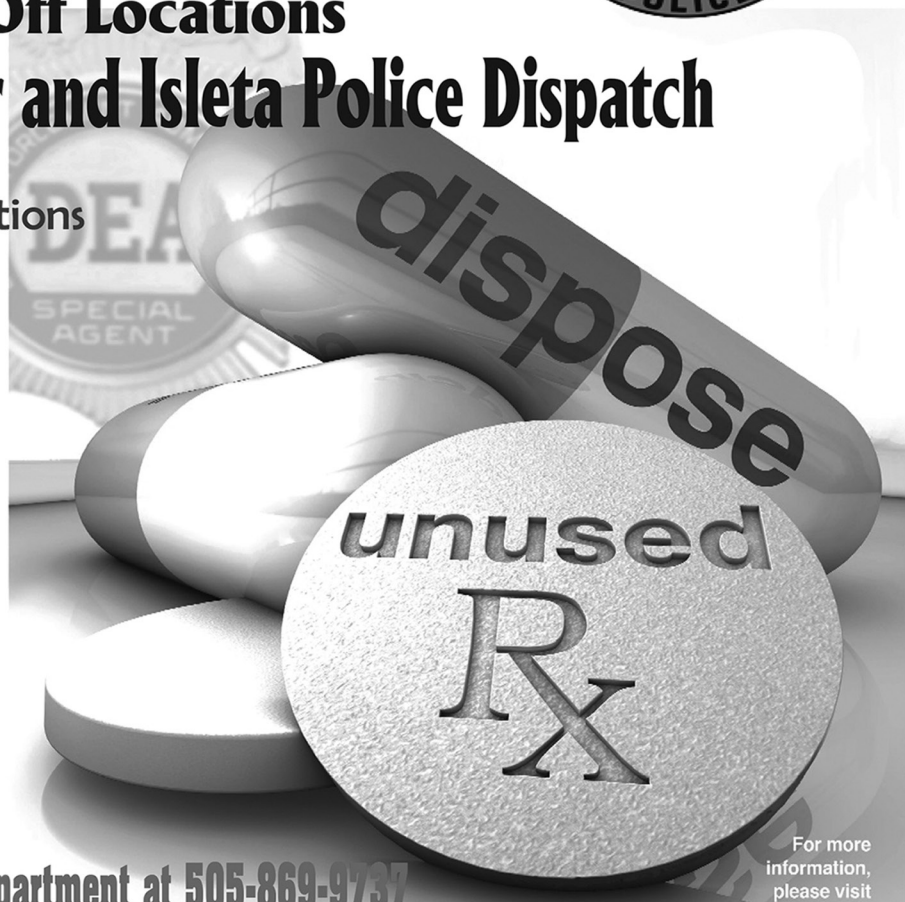
9 AM - 2 PM



Two Drop-Off Locations Main Recreation Center and Isleta Police Dispatch

Turn in your unused or expired medications
We will accept the following:

- ◆ All Prescription Medications
 - + Antibiotics, codeine, morphine, Ritalin, anti-depressants, steroids, inhalers, cough syrup, and many more
 - + Ointments
- ◆ Prescription Patches
- ◆ Over-the-Counter Medications
- ◆ Vitamins
- ◆ Samples
- ◆ Medications for Pets



For More Information Contact Isleta Police Department at 505-869-9737

For more information, please visit www.dea.gov

Isleta Pueblo WIC Program

April 2017

505.869.2662

April is National Public Health Month!

What can we do?

In our communities:

Help families get healthy foods. Improve access to food programs such as SNAP and WIC.

Help kids eat well at school. We can help address nutrition and hunger by providing children with healthy meals while they're at school.

Help people make informed choices about what they eat. New federal standards now require chain restaurants to post nutrition information about the food they sell on menus and menu boards. Programs like WIC offer nutrition counseling that can help families make better choices.

Wipe out food deserts. Many urban neighborhoods and rural towns have plenty of fast food chains and convenience stores but not enough grocery stores selling fresh, healthy and affordable food. The U.S. Department of Agriculture estimates that 23.5 million people in the U.S. live in a food desert. A recent study found that low-income areas had half as many supermarkets as wealthier areas. Work with your city and county planners to change local policies that increase access to healthy food options.

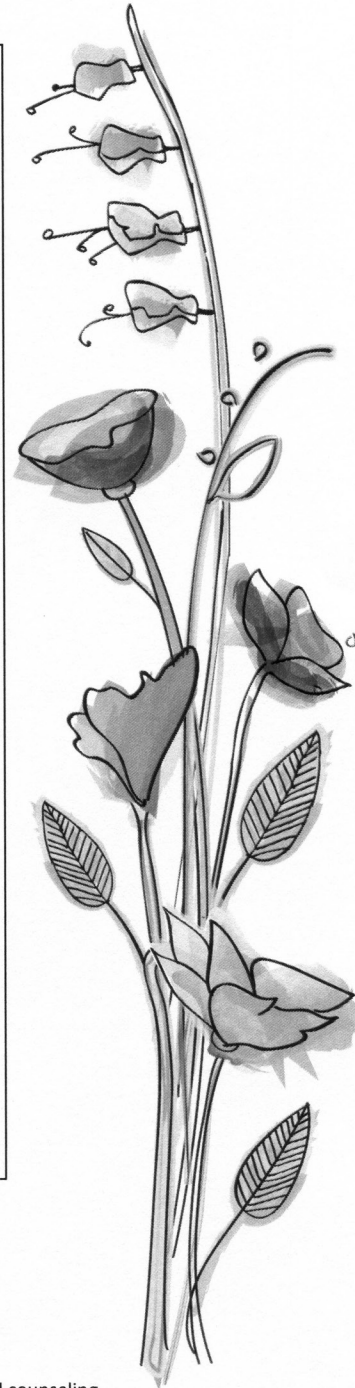
For more info: <http://www.nphw.org/tools-and-tips/themes/give-everyone-a-choice-of-healthy-food>

In our families:

Eat lots of fruits and veggies. Fruits and vegetables contain fiber, as well as vitamins and minerals important for our mind and bodies. Studies show that a diet high in these super foods can lower your risk of heart disease, obesity, Type 2 diabetes, high blood pressure and some types of cancer.

Choose whole grains. Whole wheat breads and pastas, brown rice, and oatmeal are all good choices for fiber. Many whole grain products are fortified with folate which can help reduce the risk of neural tube defects when eaten before and during pregnancy.

Breastfeed. Breastfeeding your babies and supporting other family members to breastfeed greatly improves the health of yourself and your children for an entire lifetime. Studies have shown reduced risks of cancers, asthma, diabetes, obesity, and many other childhood and adult illnesses.



The WIC Program offers healthy foods for women, infants and children, as well as nutrition information and counseling. Call us at 505 869-2662 for our soonest available appointment.

RACING BUNNY SNACK CRAFT

On your mark, get set, go! Race in the Isleta Pueblo Public Library to make a racing Easter bunny craft!

For Ages 6 & up. Open to the first 15 Patrons to sign up at the Library

Sign ups begin on March 30th

Craft will take place Thursday, April 13th from 4:30pm-5:30pm.

For more information please contact Cheyenne at the Library at 869-9808 or by email at poi2008@isletapueblo.com





Pueblo of Isleta Public Library

Hello Tax Season! If you have not yet filed yet, the deadline to get your taxes done is on April 18th. For those who filed early and are going on a spending frenzy, do not forget to pay off your Library fines. We would like to see you back at the Library checking out books and movies again. Other than that, enjoy your vacations, shopping sprees and paying bills.

News

The Library will be closed from 8:00am-12:00pm on Wednesday, April 5th for our monthly staff meeting. We use this time to plan upcoming programs and events for adults and youth. Sorry for any inconvenience. If you have an idea for a Library program please share it with a Library staff member. We like hearing from the community!

Do you have a Library fine and don't have extra cash or change laying around? You are in luck! The Library is accepting empty gallon milk jugs for money off your account. For every empty gallon milk jug you turn in you will receive a \$1 OFF your Library fine. You can turn in a MAX of 10 milk jugs per person. These will be used for our Summer Reading Program. We are also accepting donations of Paper Towel rolls. If you have any questions please give us a call at 505.869.9808.

Our Summer Reading Program registration will be Friday, May 5th starting at 7:00am. Our youth program will be open to 30 students ages 7 years old and up. Our theme will be based on architecture where students will learn how to plan, design and build different mini structures as well as problem solve. Of course every day we will incorporate 30 minutes of reading in reading groups geared towards age. Our junior program is open to 20 students ages 3 years old to 6 years old. They MUST be potty trained. Our theme will be based on animation creations based on well-known animation films. Each week we will read a book, engage in activities, sing a song and work on a craft based on an animation. Calendars for Summer Reading program will be available to the public on April 5th during our Easter Bunny pictures. If you have any questions regarding our Summer Reading Program please give us a call at 505.869.9808.

The Library will be creating a Library Board open to anyone 16 years old and up. Volunteer as a member of the Library board of the Pueblo of Isleta Public Library and voice your ideas, opinions and concerns for the betterment of Library services for the community. The Library is asking for at least 3 people to attend two meetings throughout the year. You will be contacted about upcoming meetings. If you are interested please give Nathaniel Lujan a call at the Library 505.869.9808.

Upcoming

Mark your calendars! The Easter Bunny will be making its way to the Library on April 5th from 3:00pm-6:00pm. Come and get your picture taken with the Easter Bunny for FREE! Pictures will be emailed out. Family pictures will be printed out and will be ready for pick up on Friday, April 7th. If you have any questions or concerns please give the Library a call at 505.869.9808 and speak with a Library staff member.

Book Club Alert! For ages 9 years old and up. If you are a fan of Greek gods, Library staff member Kyle will be leading a book club on the book "Percy Jackson and the Lightning Thief" by Rick Riordan. This will start on Monday April 3rd and end on Thursday April 24th. Meetings will be every Monday and Thursday from 5:00pm-6:00pm. This is open to 8 students to sign up. Sign up starting April 1st. For more information please call Kyle at the Library 505.869.9808.

Happy Easter! The Library will be celebrating Easter on April 13th with a food craft open to 15 students 6 years old & up. Library staff member Cheyenne will be teaching everyone how to make Go-Kart Easter bunnies that will satisfy your hunger. Sign up starting April 1st. For more information please call Cheyenne at the Library at 505.869.9808.

Our Homework Help Program is slowly coming to an end and the days are getting warmer. For the months of April and May the Library will be taking the students to the Park located behind the Isleta Head Start on half days of school. This will give

them the opportunity to have some outside fun without any technology to distract them. We will also be taking the Homework Help students to Hinkle Family Center on April 28th for their Incentive Field Trip as our treat for their participation in our program this school year. For more information on activities happening with our Homework Help Program please call the Library 505.869.9808.

Recap



Our Library Pokémon Go Reading Incentive program was a hit at the Library bringing in 25 students on March 1st. Students made their own Pokémon Chart to keep track of what Pokémon they caught. For every 20 minutes of reading done at the Library students were able to choose from 5 Pokémon. They were able to pick an avatar, team and given a free Pokémon to start off with. For all the Pokémon they collected they also earned Pokémon eggs, which hatched common to very rare Pokémon. We held "special" events throughout March such as: Magikarp (fish) held during Lent, Psychic Pokémon for Spring Forward, Shiny Pokémon (Green) for

Easter Pictures


Pueblo of Isleta Public Library

April 5th 3pm-6pm

Come to the Library and take a picture with the Easter Bunny! Photos will be sent out via email with the exception of family photos which will be printed out. Free and open to everyone!

For more information please call the Library at 505.869.9808





Our Library Pokémon Go participant "Charlie Brown" showing off all the Pokémon he received for reading 20 minutes multiple times. From the looks of the chart he read a total of 5 hours and 40 minutes.

St. Patrick's Day, and for Spring Break the reading time was cut down from 20 minutes to 10 minutes which brought in more students. We would like to thank the students for taking the initiative to read more and expand their minds.

The Library hosted a DIY Screen Printing program led by Library staff member Christino. Our first session was held for adults, which took place on March 13th-15th. Our second session was held during spring break March 20th-24th for students ages 10 and up. 10 Adults and 10 students cut out a stencil to use on their shirt and drew it on a screen to use on their shirts. Participants were able to create a design they can reuse and make mass productions



DIY Screen printing participate getting ready to transfer his design on to a shirt.



Dr. Seuss Storytime participant showing off her Thing one hat and One fish Two fish.



Dr. Seuss Storytime participants sewing a wocket in my pocket with felt and yarn.

of shirts if they wanted to. Some participants did a free hand design and others printed and copied a simple design of their choice. All the supplies were provided including a shirt in their size. Thank you to the participants who joined us to learn something new.

Our Dr. Seuss Storytime Program met every Wednesday in the month of March. Library staff member Valeri read a Dr. Seuss book every Wednesday from 5pm-6pm. This program was open to 8 students each week. Following the reading of the Dr. Seuss Book, Valeri made a craft based on the book that was fun and easy to make. If you missed this reading program, please join us every Monday for Family Story time

with Diane starting at 10:00am. If you have any questions about Family story time please give the Library at call 505.869.9808.

Library staff member Diane led a book club based on the book, "The Zookeepers Wife" by Diane Ackerman. This book club started on March 2nd and ended on March 31st. They met every Thursday from 5:00pm-6:00pm. Each book club meeting consisted of assigned nightly readings and lively discussions on readings. On March 31st book club participants were taken to see the movie "The Zookeepers Wife" in theaters. Participants compared the book to the movie and pointed out similarities. Everyone enjoyed the book club meetings and is looking forward to more book clubs the Library has in store.

Dr. Seuss Storytime participant making a strange shirt spot shirt with tie dye paints.



**Pueblo of Isleta Public Library
Hours of Operation:**

Library Hours

- Mon-Thurs - 8:00 a.m. - 6:30 p.m.
- Friday - 8:00 a.m. - 4:30 p.m.
- Saturday - 9:00 a.m. - 1:00 p.m.

Closed on Sundays, all federally recognized Holidays and also Isleta traditional Holidays. Please contact library for more information on closures.

Mailing and Physical Address:
950 Moonlight Drive SW
Albuquerque, NM 87105

Phone: 505-869-9808
Fax: 505-869-8119
Email: poi02002@isletapueblo.com

Facebook Page:
www.facebook.com/IsletaPuebloLibrary

Web Address:
www.isletapueblo.com/library2.html

YouTube:
www.youtube.com/user/poilibrary

Pinterest:
www.pinterest.com/poilib

Percy Jackson And The Lightning Thief

Starts on April 3rd and will end on April 24.



Join us at the Pueblo of Isleta Library as we start a new book club about Percy Jackson who is trying to find out who is the lightning thief.

From 5:00 - 6:00 pm

On Mondays and Thursdays

For ages 9 & up Open to the first 8 patron to sign up at the library

For more information please contact Kyle at the Library at 869-9808 or at poi02007@isletapueblo.com



Isleta Pueblo News



Editor:
Nathaniel Lujan
Asst. Editor:
Tara Abeita
Published By:
Valencia Express

FROM THE DESK OF Arnold Sena (PARKS & RECREATION DEPARTMENT DIRECTOR):

Happy April to everyone in the Pueblo!

Spring is in the air!!! We are well into the planning stages for our annual summer program and we are also preparing for this month's special events as well. The Department strives to provide the pueblo community with facilities, parks and a variety of activities and events year round, your input is valued and helpful to our future planning, so please feel free to contact us and let us know what you think. Currently, our Department's staff is busy hosting and working on their regular daily and monthly activities.

- The Parks Crew is out in the Pueblo daily prepping and beautifying the parks and different areas throughout the Pueblo for the spring and summer season.
- The Swimming Pool Crew is doing their thing again now that the pool heater has finally been replaced. They are working with Pueblo members (youth and adults) that are into water activities (Swimming Lessons, Water Aerobics, Lap Swimming, etc.).
- Our Fitness Instructors at both the new rec center and old rec center are busy as usual trying to keep our Pueblo members healthy with constant motivation and healthy routines and activities.
- The Recreation Crew is busy with the afterschool kids and planning for the summer as well.
- And the whole department is getting ready for this month's special events.

If you are interested in participating in any of this month's special events and programs or if you simply would like more information about the recreation centers and the daily activities, please contact the the New Recreation Center at 869-9777 or the Old Recreation Center (Pickle Heights) at 869-5741. We would love to hear from you and we would really love to see you using our facilities and services.

I hope everyone here in the Pueblo has been enjoying and taking advantage of the great weather that we've been having. I love the great warm weather we are having, but I don't like the allergies that come with it. The allergy season and the winds that we get this time of year kick my allergies into overdrive and it drives me nuts this time of the year, but if you're like me, I'm sure that all of you are more than willing to deal with the allergies for a short period of time if the weather stays this nice.

With this nice weather I hope that all of you are getting out and getting moving! This is a great time to take full advantage of this beautiful weather we are having. The temperature this time of the year is perfect for outdoor activities, so once again, **GET OUT AND GET MOVING**, do it for your health.

IMPORTANT UPCOMING EVENT DATES TO REMEMBER THIS MONTH

April 1st, 2017

Little League Opening Day

April 3rd, 2017

Start of Annual Youth Summer Program Registration (see flyer)

April 15th, 2017

Recreation Center Annual

Easter Egg Hunt (see flyer)

April 22nd, 2017

Bernie Jojola Memorial Run – 2017 Pueblo Crossroads (see flyer)

VERY IMPORTANT INFORMATION CONCERNING OUR 2017 SUMMER REC PROGRAM

2017 Summer Youth Recreation Program (see flyer) – If you have children that will be attending our 2017 summer recreation program, it's important that you read the following information concerning this year's Summer Program.

New Recreation Center Summer Program Information (6yr. olds and up)

• **WHEN** – The Summer Recreation Program for 6 year olds and up will start on Monday, June 5th, 2017 and will run through Friday, July 28th, 2017.

• **PROGRAM TIMES** – The actual program times will be from 9:00 am to approximately 3:00 pm daily. All children should be picked up by parents and/or Guardians by 3:00 pm, except the children of working parents and/or Guardians. We will be extending our morning hours this year from 9:00 am to 7:00 am and our afternoon hours from 3:00 pm to 5:45 pm to allow working parents the opportunity to drop off their children early before work and to pick them up later after they get out of work.

• **PARTICIPANT DROP OFF TIMES FOR WORKING PARENTS and/or GUARDIANS** – Working parents and/or guardians can drop off their child(ren) at the center in the mornings between 7:00 am and 9:00 am daily. **(We will not be picking up and/or dropping off children from their homes this summer!)**

• **PARTICIPANT PICK UP TIMES FOR WORKING PARENTS and/or GUARDIANS** – Working parents and/or guardians can pick up their child(ren) from the center between 3:00 pm to 5:45 pm daily. **(We will not be picking up picking up and/or dropping off children from their homes this summer!)**

• **WHO** – This program is for youth 6 years of age and up.

• **WHERE** – This program will be held at the New Recreation Center.

• **REGISTRATION** – We will start taking summer program registration forms from parents starting on Monday, April 3rd, 2017 and we will continue to take them throughout the summer program.

• **CONTACT PHONE NUMBER** – 869-9777

• **IMPORTANT INFORMATION** – Due to safety issues, liability issues and the recent cut in our vehicle fleet, we will not be able to transport (pick up and take home) registered participants this summer. To help parents and guardians with this transportation change we have extended our hours to allow the participants to be dropped off early and picked up later in the day.

Old Recreation Center Summer Program Information (4 and 5 year olds only)

• **WHEN** – The Summer Recreation Program for 4 and 5 year olds only will

start on Monday, June 5th, 2017 and will run through Friday, July 28th, 2017.

• **PROGRAM TIMES** – The actual program times will be from 9:00 am to 2:30 pm daily. All children should be picked up by parents and/or Guardians by 2:30 pm daily and no later than 3:00 pm. We will be allowing working parents and/or guardians to drop off their 4 and 5 years old at the New Recreation Center between 7:00 am and 9:00 am at approximately 9:00 am the 4 and 5 year olds will be taken to the Old Recreation Center.

• **PARTICIPANT DROP OFF TIMES FOR WORKING PARENTS and/or GUARDIANS** – Working parents and/or guardians can drop off their 4 and 5 old child(ren) at the new recreation center in the mornings between 7:00 am and 9:00 am daily. If you will be dropping off your 4 and 5 year old after 9:00 am, you will need to drop them off at the Old Recreation Center. **(We will not be picking up and/or dropping off children from their homes this summer!)**

• **PARTICIPANT PICK UP TIMES** – Once again parents and/or guardians will need to pick up their 4 and 5 year old children from the Old Recreation Center by 2:30 pm daily and no later than 3:00 pm. **(We will not be picking up picking up and/or dropping off children from their homes this summer!)**

• **WHO** – This program is for 4 and 5 year olds only.

• **WHERE** – This program will be held primarily at the Old Recreation Center.

• **REGISTRATION** – We will start taking registration forms for this program from parents starting on Monday, April 3rd, 2017 at the New Recreation Center.

• **CONTACT PHONE NUMBER** – 869-9777

• **IMPORTANT INFORMATION** – Due to safety issues, liability issues and the recent cut in our vehicle fleet, we will not be able to transport (pick up and take home) registered participants this summer. To help parents and guardians with this transportation change we have extended our hours to allow the participants to be dropped off early and picked up later in the day.

Please feel free to contact the new recreation center for more details about both programs. We will do our best to give any information you may need. We will continue to provide the children that attend the program with lots of fun activities and things to do this summer. We just need your continued support and commitment and as I mentioned we have extended our hours this summer to make it more convenient for you as parents and/or guardians to get your children to the center for this year's summer recreation program.

Thank you for understanding and we are looking forward to seeing your child and/or children here this coming summer.

IMPORTANT – We will be scheduling 2 meetings with Parent and/or Guardian here at the rec center in the next couple of months. The meetings are to give out information to parents and/or guardians and to answer any questions. Please keep your eyes open for those upcoming meeting dates.

PARKS MAINTENANCE DIVISION –

Like always, our parks division continues to do an outstanding job with our parks and various properties around the pueblo. I'm sure that many of you have seen our parks guys out and about in the pueblo trimming trees and pruning shrubs and bushes, fertilizing the parks and grass areas of different properties, prepping our ball fields for the upcoming little league season and taking care of many other things around the pueblo. I know I don't say it enough, but our Parks crew is second to none, they work their tails off every single day, even in the cold of winter and the heat of summer. We have a great group of guys that we can always count on.

Recently the crew (Brian Lente, Andrew Jojola, Darren Chiwewe, Patrick Jiron, Isidor Lujan) got together to do a little brainstorming. They were trying to figure out some new things or projects that they could work on that would help spruce up some of the areas they maintain. The project they came up with WOWED me and I'm sure it will WOW you too when you see the finished product. These guys came



up with the idea of creating sculptures in the area by the ball fields just west of the recreation center. Check out these photos of the projects that they have been working on.

SWIMMING POOL – It's now April and the pool heater is back to its normal function. It has been up and running since March 24th and we are thankful to have the water back to a comfortable temperature. We are happy to have our regular swimmers back in the water and look forward to any new guests who would like to enjoy the benefits swimming has to offer. Our programs are back in full swing with our water aerobics taking place Monday, Wednesday, and Friday evenings from 5:15-6:15 pm. Our morning lap swims take place Monday, Wednesday, and Friday mornings at 7:00 am with personal coaching available. We are looking at upcoming dates to host another swim lesson session for all ages. If there are any questions about the pool, or programs we offer please call 869-9783.

MMA (MIXED MARTIAL ARTS) FITNESS PROGRAM – Our new Mixed Martial Arts Program is off to a strong start. New stand up and grappling techniques are taught at each class. This class is for all age groups, all skill levels, and free to all tribal members. Whether you want to learn how to defend yourself, expand your martial arts abilities, or just want to get in shape this class is for you. Classes are held Monday and Friday evenings in the gymnasium, if you have any questions call 869-9777 and ask for the instructor Chris Avila.

ENHANCED FITNESS FOR INDIVIDUALS 55 AND OVER – This class is taking place in conjunction with the Elders Center. Our instructor Bernadette Jojola is doing a wonderful job with this program. I believe that she now has about 7 to 10 participants in this class. The class includes warm-up exercises, strength exercises, stretching and cardio. If you're 55 or older and are looking to get involved in some exercises, please come join us on Mondays from 10:30 am to 11:30 am, Wednesdays from 9:00 am to 10:00 am and Fridays from 9:00 am to 10:00 am. This is a go at your own pace class. For more information about this class contact the New Recreation Center at 869-9777 and ask for Bernadette.

SUMMER HIRE OPPORTUNITIES – If anyone is interested in working this summer for the Parks & Recreation Department as a Summer Recreation Aide, Summer Lifeguard or as a summer Weed & Litter staff member, please go online to the Pueblo of Isleta web site and apply now, if you meet the qualifications you

may be considered for any one of these positions. These are all summer jobs that will end in early August, but they are fun and rewarding jobs. Apply now; we are looking for creative, enthusiastic, energetic individuals that enjoy swimming, being outdoors and working with kids to fill these positions!

FUN DAYS IN APRIL – Enjoy and have fun on these days!

- April 1st April Fool's Day
- April 2nd National Peanut Butter and Jelly Day
- April 7th World Health Day
- April 10th National Siblings
- April 14th International Moment of Laughter Day
- April 18th International Juggler's Day
- April 21st National High Five Day
- April 26th Administrative Assistant Day (Secretary's Day)
- April 30th National Hairstyle Appreciation Day

ANNUAL EASTER EGG HUNT – The Pueblo of Isleta, Parks & Recreation Department will be hosting their Annual Easter Egg Hunt at the New Recreation Center on Saturday, April 15th, 2017 at 10:00 am. There will be 5 different age categories groups again this year, those age groups are as follows:

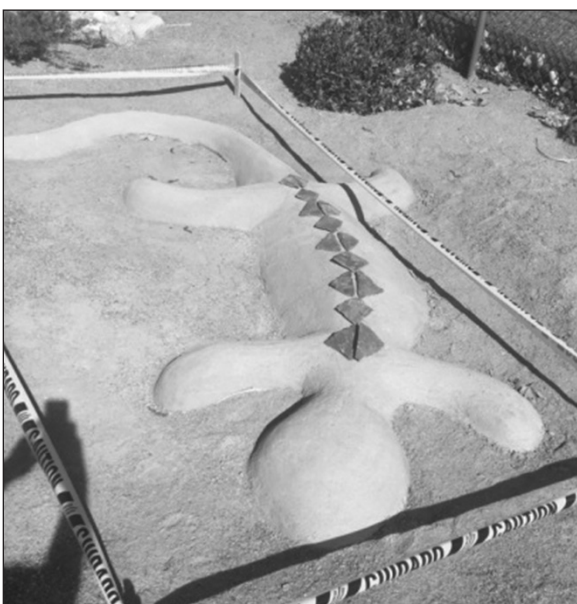
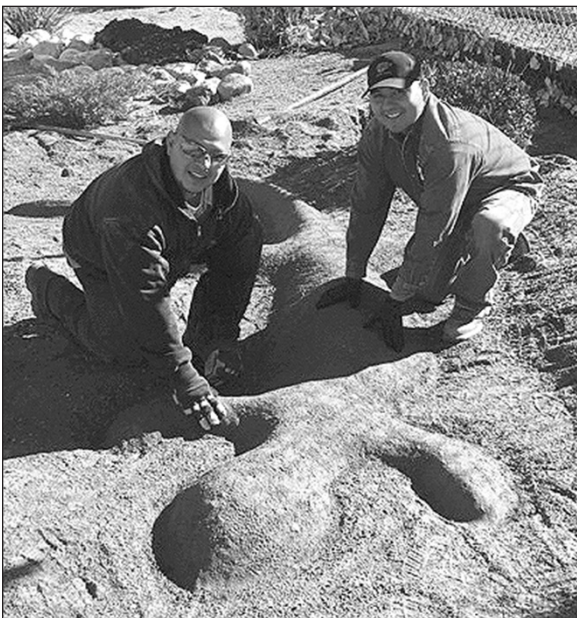
- 5 years old and under age group
- 6 to 8 year old age group
- 9 to 11 year old age group
- 12 years old and up age group
- Elder Easter Egg for the 50 and older age group

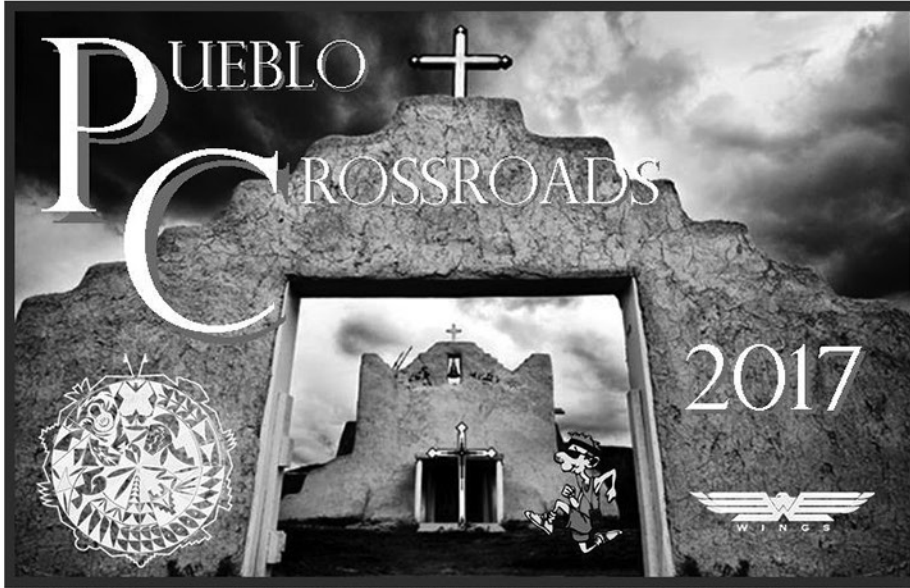
For each age category we will be giving out Easter Baskets to the individuals that find the the specialty eggs. This is a fun filled event for the whole family, COME JOIN US! If you would like more information about this fun event please contact us at the New Recreation Center at 869-9777.

BERNIE JOJOLA MEMORIAL RUN (Pueblo Crossroads 2017) – The Pueblo of Isleta, Parks & Recreation Department will once again be hosting this year's Bernie Jojola Memorial Run. This run will take place at the Big Mama Hill on Saturday, April 22nd, 2017. The onsite registration for the run will start at 8:00 am that morning and the actual run should be starting at approximately 9:00 am. We will be giving out draw string bags or small towels to registered runners while supplies last. For more information about this run, please contact the Parks & Recreation Office at 869-9777, we will do our best to give you any information that you request.

PLEASE DRIVE RESPONSIBLY AROUND THE RECREATION CENTER AND PARKS!

With the nice weather kids and adults are out walking, playing and enjoying the sun. ONCE AGAIN, PLEASE SLOW DOWN AND DRIVE SAFE!





2017 INCENTIVE PROGRAM

The incentive program will be the following:

- 5 or more events attended- Wings t-shirt w/pueblo crossroads logo.
- 7 or more events attended- Nike gym sack.
- 9 or more events attended- Free registration to the 2018 "Indian Running" Coaches' Clinic in Santa Fe.

**** Must be a member of a Pueblo Crossroads-affiliated Tribe to be eligible for incentive program****

**** Participants must register at each run/walk for event to count towards incentive earnings****

*Look out for flyers in your community or Wellness Centers.
For more information or for your Pueblo to join ,please contact any person listed below .*


Runs are subject to change. Please call before each run for updates.
ALL RUNS ARE FREE!

PUEBLOS WORKING TOGETHER TO PROMOTE HEALTH & WELLNESS

APRIL

Pueblo of Isleta

 April 22, 2017 (SAT) *Bernie Jojola Memorial Run*
 Location: *BIG Mama Hill*
 Onsite Registration: 8:00 am **Start time:** 9:00am
 Contact: Vanessa Martin 505-869-9777
 poi91204@isletapueblo.com

Pueblo of Jemez

 April 26, 2017 (WED) *Fit/Fun Run*
 Location: *Walatowa Youth Center*
 Onsite Registration: 5:30 pm **Start time:** 6:00 pm
 Contact: Karen Toya 575-834-7059 cp. 505-238-0945
 karen.toya@jemezpueblo.us
 Cornell Magdalena 575-834-7207
 Cornell.magdalena@jemezpueblo.us

MAY

Pueblo of Sandia

 May 17, 2017 (WED) *Super Hero Run*
 Location: *Education & Recreation Center*
 Onsite Registration: 5:30 pm **Start time:** 6:30 pm
 Contact: Santiago Montoya 505-771-5067
 samontoya@sandiapueblo.nsn.us

Pueblo of Santa Clara

 May 29, 2017 (MON) *Memorial Day Run*
 Location: *Puye Cliff Dwellings*
 Onsite Registration: 4:30 pm **Start time:** 5:00 pm
 Contact: Jon Tafoya 505-692-5254
 jtafoya@santaclarapueblo.org

JUNE

Pueblo of Cochiti

 June 17, 2017 (SAT) *Challenge Run/Fun Walk*
 Location: *Cochiti Visitor Center*
 Onsite Registration: 7:00 am **Start time:** 7:30am
 Contact: Jude Suina 505-465-3015
 jude_suina@pueblodecochiti.org

Pueblo of Zia

 June 28, 2017 (WED) *Paint Run & Mini Health Fair*
 Location: *TsiyaDay School*
 Onsite Registration: 5:30 pm **Start time:** 6:30 pm
 Contact: Judy Gachupin 505-321-0815
 jgachupin@fspinc.org

JULY

Pueblo of San Felipe

 July 15, 2017 (SAT) *X-RUN Challenge Course*
 Location: *SF Casino Race Track*
 Onsite Registration: 8:30 am **Start time:** 9:00am
 Contact: Robert Garcia 505-771-9996
 rgarcia@sfpueblo.com
 Myron Tenorio 505-771-9996
 myront@sfpueblo.com

AUGUST

Pueblo of Acoma

 AUGUST 5, 2017 (SAT) *MUD Run*
 Location: *McCarty's Baseball Field*
 Onsite Registration: 9:30 am **Start time:** 10:00 am
 Contact: Jeremy Chino 505-552-5134
 jchino@puebloofacoma.org

Pueblo of Tesuque

 August 10, 2017 (THUR) *Pueblo Revolt Run 1680*
 Location: *Pueblo of Tesuque Plaza*
 Onsite Registration: 5:00 pm **Start time:** 6:00 pm
 Contact: Gerald Mitchell 505-946-7661
 gmitchell@pueblooftesuque.org

Pueblo of Nambe

 AUGUST 19, 2017 (SAT) *Challenge Run*
 Location: *Nambe Pueblo*
 Onsite Registration: 9:00 am **Start time:** 10:00am
 Contact: Monica Vigil 505-455-4415 or 505-660-4876,
 mvigil@nambepueblo.org
 Victoria Martinez 505-455-4423
 vmartinez@nambepueblo.org


Pueblo of Santa Ana

 AUGUST 24 , 2017 (THUR) *Hill Challenge Run*
 Location: *Jemez Canyon Dam Picnic Area*
 Onsite Registration: 5:30 pm **Start time:** 6:00 pm
 Contact: Isaac Leon 505-771-6744
 Isaac.Leon@santaana-nsn.gov
 Lance Ami 505-771-6744
 Lance.Ami@santaana-nsn.gov

SEPTEMBER

Pueblo of KEWA (Santo Domingo)


 SEPTEMBER 4, 2017 (MON) *Labor Day Run*
 Location: *North of SD church*
 Onsite Registration: 7:00 am **Start time:** 7:30am
 Contact: Irvin Coriz 505-328-5064
 icoriz@kewa-nsn.us
 Yvette Martinez (505) 328 2712
 ymartinez@kewa-nsn.us


Pueblo of Laguna

 SEPTEMBER 16, 2017 (SAT) *Questa Summit Challenge*
 Location: *Old Paguete Road*
 Onsite Registration: 8:30 am **Start time:** 9:00am
 Contact: Donovan Lucero 505-552-6889
 dlucero@lagunapueblo-nsn.gov
 Tina Jojola 505-552-5021
 tjojola@laguanpueblo-nsn.gov

OCTOBER

Pueblo of Taos

 October 7, 2017 (SAT) *Challenge Run*
 Location: *Indian Health Center*
 Onsite Registration: 9:00 am **Start time:** 10:00am
 Contact: Paula Tsoodle 575-758-7824
 ptsoodle@taospueblo.com
 Macrina Lefthand 575-758-7824 ext. 123
 mlefthand@taospueblo.com

Pueblo of Picuris

 OCTOBER 21, 2017 (SAT)
 Location: *Picuris Pueblo Church*
 Onsite Registration: 9:00 am **Start time:** 10:00am
 Contact: Jonette Sam 575-587-2712
 chrdirector@picurispueblo.org

Pueblo of Pojoaque

 October 28, 2017 (SAT) *Glow Run*
 Location: *Wellness Center*
 Onsite Registration: 5k-5:30pm **Start time:** 5k-6:00pm
 1mile-6:20pm **1mile-6:45pm**
 Contact: Abraham Kosgei 505-455-9355
 akosgei@puebloofpojoaque.org

"Visit [facebook.com/PuebloCrossroads](https://www.facebook.com/PuebloCrossroads)
for event updates & locations"

THANK YOU

I would like to take this opportunity to thank all my family, friends, Father George and the entire community for all of your prayers and support during my extended stay in the hospital.

As many of you may know, in November I was hospitalized and diagnosed with the West Nile Virus, Neuro Invasive Disease, which is the more severe case of West Nile. My symptoms included high fever, headache, neck stiffness, disorientation, coma, tremors, convulsions, muscle weakness, vision impairment, numbness and paralysis.

I am writing this to educate the community on West Nile. It is a very debilitating and deadly disease. It is spread by infected mosquitos that feed off infected birds. Mosquitos can transmit the disease to humans and animals when they bite. The easiest and best way to avoid the West Nile Virus is to prevent mosquito bites. People over the age of 50 are more likely to develop serious symptoms of West Nile Virus, and should take special care to avoid mosquito bites.

Some infected birds can develop high levels of the virus in their bloodstream and mosquitos can become infected by biting these infected birds. Some, but not all infected birds get sick and die of the disease. Finding dead birds may be a sign that the West Nile Virus is circulating between birds and the mosquitos in the area. You should not touch dead birds with your bare hands. Dead birds should be reported to the local and state health departments.

The following is recommended by the Centers for Disease Control (CDC):

- When outdoors, use repellents containing DEET, picaridin, IR3535, some oil of lemon eucalyptus or paramenthane-diol. Follow the directions on the package.
- Many mosquitos are most active from dusk to dawn. Be sure to use insect repellent and wear long sleeves and pants at these times or consider staying indoors during these hours.
- Make sure you have good screens on your windows and doors to keep mosquitoes out.
- Get rid of mosquito breeding sites by emptying standing water from flower pots, buckets and barrels. Change the water in pet dishes and replace the water in bird baths weekly. Drill holes in tire swings so water drains out
- Keep children's wading pools empty and on their sides when they aren't being used.

Even though I am returning home, my rehabilitation will continue. It may take weeks or months, but with the continued help and prayers from my family, friends, the community and our Lord above I will make a full recovery.

Denise Ann Jojola

3rd Annual Cancer Survivors Day Event

MAY 9, 2017 ♦ 6:00 - 8:30 p.m.

@ the Health Training Center

(located behind the main Health Center building)



Call Stephanie Barela for more information at 869-4479.

NEEDED

**CANCER SURVIVORS/
CANCER CAREGIVERS
to be on SPEAKER PANEL.
(Compensation Available)**

**Contact Stephanie
869-4479**

Brought to you by:
Isleta Police Department



COMMUNITY AWARENESS

Awareness to Educate Families

- Drugs within our community
- Prevention of auto/home burglaries
- Upcoming Youth Activities

MEETING

SATURDAY

APRIL 8th

9AM

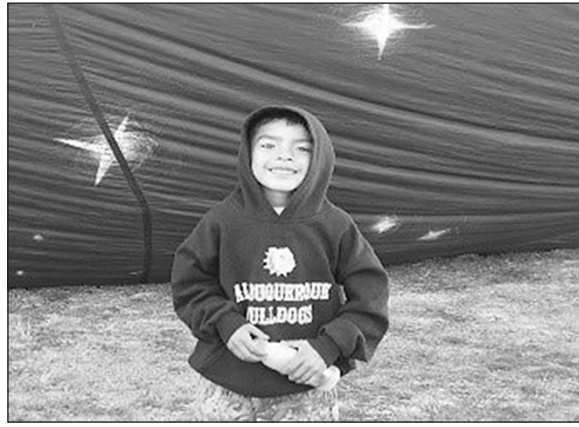
**@ ISLETA RECREATION CENTER
GAME ROOM**

Refreshments will be served

JOM News and Opportunities

WOW! The year had just started and Spring Break is already over! The second half of the school year is always busy with a whole host of activities, including JOM activities, state testing, Advanced Placement testing, sports, prom, graduation, and a whole lot more! Whew, how much busier can our children be!

JOM hosted two activities for the month of March. Students and their families got together for family art night. Families had fun bringing out their creative ideas, drawings and even dance moves. Students were also encouraged to participate in the National Johnson O'Malley Association's (NJOMA) art contest which encompassed the theme, "Gathering of JOM". NJOMA's conference is being held in Albuquerque during the Gathering of Nations this year. JOM had two students enter their art work into the contest. Each student and one parent that came to family art night received an art incentive for participating. The second activity JOM held was a fieldtrip to the Belen Balloon Rally. This event was to allow the students to observe the basic scientific principles of a hot air balloon. For instance, what is needed to move the hot air balloon, the different shapes and sizes of a basket and how many individuals actually fit inside a particular basket? Remember, every fieldtrip JOM sponsors, it is a learning opportunity for your student. So please send us some fun learning opportunities you would like your student to experience!



With Spring semester here already, the end of the school year will creep up quickly. So please encourage your students to stay on top of their assignments and responsibilities so they don't fall behind. Balancing academics and extracurricular activities can be overwhelming. If your child is in need of extra help to stay on top of his or her studies, JOM tutoring is available. Please continue to encourage your child to maintain passing grades. The JOM program is committed to providing timely advocacy support for your child when needed or requested. If you have a concern or believe your child is not receiving equitable and fair treatment, please give us a call. If there is a need we will make adjustments to our schedules to support you in meetings with the school and advocate on your student's behalf.

Our staff understands that education is a very vital part of our existence in today's world, not only in our own tribal community but in society as a whole. It is important for the educational welfare and the future successes of our students. We hope that our various educational programs and services we provide prove our commitment to the future successes of our students and the community. For more information about the Johnson O'Malley Program, please contact Marsha Leno at (505) 869-9785 or Michelle Valdez, at (505) 869-9810.



Calling All High School Seniors Graduation Banquet 2017, this is for YOU!!!

The Pueblo of Isleta Department of Education is proud to announce the 2017 Graduation Banquet in honor of our graduates April 26, 2017 being held at the Isleta Resort and Casino.

If you are a Native American student graduating from Los Lunas Public Schools or an Isleta student graduating from Albuquerque Public Schools this event is for you!!!

This event is by invite only and an R.S.V.P. is required to attend. Please contact the Department of Education by March 31, 2017 to confirm your attendance to this event at 505-869-9790. Student plus **2 adult guests only**.

Experiential Learning Opportunity *New Mexico Museum of Natural History & Science*

Friday Fractals April 7, 2017 5:00pm

The JOM program will be taking students grades 6th -12th to the New Mexico Museum of Natural History & Science for Friday Fractals. Students will observe a full dome planetarium show that dramatically showcases the beauty of algebra and the connections between math and nature. Permission slips are available. Dinner will be provided. Space is Limited!

Family Activity Night

JOM Easter

April 5, 2017 5:30pm to 7:30pm

JOM families are invited to join us for an evening filled with Egg-citement! To increase team-building skills together we will be playing Easter themed games. Together families will create their own Easter arts and crafts. Dinner will be provided. Plenty of door prizes!!!

Wishing you all a wonderful Easter holiday,

Marsha Leno, Supervisory Academic Counselor

Michelle Valdez, Administrative Assistant

Other Educational Opportunities and Scholarships Available

Below is a listing of various educational opportunities that we would like to share with you. Please take advantage of all the resources that these various entities have available for you. The more you participate, the more you learn. These events also assist with building your portfolio for college or career/job advancements. If you have questions or need assistance with applying for any of the following, please do not hesitate to contact us at (505)869-9810.

Honoring Native Life Youth Summit (Marriott Hotel, ABQ) **"Youth Voices: Honoring Life – Creating Choices"** **APRIL 7 & 8, 2017**

Please join us for a Youth summit focused on assessing on-going needs and developing strategies to address and prevent suicide in Native American communities in New Mexico.

Who Should Attend: Native American Youth councils, leaders, advocates, Tribal Leadership & Tribal Administration

REGISTRATION LINK: <https://www.surveymonkey.com/r/2017HNLYouthSummit>

CONTACT INFORMATION: Ph:(505) 350-4444 ♦ Fax:(505) 272-1876 ♦ BFChavez@salud.unm.edu

Native Youth Community Adaptation and Leadership Congress **National Conservation Training Center, Shepherdstown, West Virginia** **July 9-15, 2017**

NYCALC is a week-long student environmental conference for approximately 100 Native American, Alaskan Native, and Pacific Islander high school students interested in environmental issues, natural resource conservation, community leadership, and public service. We aim to achieve a broad representation of Native communities across the country, so student enrollment from each community is competitive and may be limited (to approximately 3-5 students per community).

WHO: Native American, Alaskan Native, and Pacific Islander 10-12th Grade High School Students (in small community groups of approximately 3-5) *Accepted students will travel with one adult chaperone from their community to and from the event.*

COST: None (All student travel to the Congress, lodging, and food costs at NCTC will be paid for by the Bureau of Indian Affairs and other federal agency partners.)

This event is sponsored by the Bureau of Indian Affairs, U.S. Fish and Wildlife Service, National Park Service, U.S. Department of Agriculture Forest Service, U.S. Geological Survey, Environmental Protection Agency, Bureau of Land Management, National Oceanic and Atmospheric Administration, National Aeronautics and Space Administration, and other federal partners.

Application Deadline: Friday, April 7, 2017

New Mexico Hispanic Bar Association: UNM Summer Law Camp **Application Deadline: March 31, 2017**

Two sessions typically occur in June and/or July each year.
<http://cpp.unm.edu/programs/summerlaw.html>

Eligibility:

- A New Mexico resident and a current 6th or 7th grade student who will begin 7th or 8th grade in the fall.
- Demonstrate an intense interest in the field of law through an essay which is part of the application.

The goal of the program is to promote and encourage New Mexico resident participation in the legal profession through early intervention with middle school students. Participants of the program receive information about the application and admissions processes to higher education, and are presented with information regarding the requirements to be admitted to UNM's Law School.

(Continued next page)

Other integral program components include: a five-day stay at the University's dormitories, educational field trips to the different courthouses in Albuquerque, philanthropy, college readiness preparation curriculum, leadership skills, team building exercises, and law preparation curriculum presented by a practicing local attorney. The program concludes with a mock trial presented at the District Courthouse in Albuquerque, New Mexico in front of an official courthouse judge and a jury made up of professional lawyers.

The camp is provided at no cost to students who are selected to participate.

CONTACT: Stacy M. Collier CEOP Outreach – CPP
Office: 505-277-0401 Email: stacyd@unm.edu

**Colorado State University
Fort Collins, Colorado
2017 Native Education Forum**

July 31-August 5, 2014 (6 day program)

Apply online at: <http://admissions.colostate.edu/nef>

The Native Educational Forum is a six-day intensive summer program for current **high school sophomores and juniors**. Students will gain university academic credit through university classroom experience, gain valuable knowledge in the university application process and research issues critical to Native American/Indigenous communities. Students who participate earn one free CSU credit hour and there is **no cost** for the program to students who apply and are selected for the program.

- Students should be entering their junior or senior year in high school.
- Students should have a cumulative GPA of 2.8 or above.
- Students should have an interest in Indigenous issues, be a leader in school, family or community activities

Native Education Forum participants who decide to attend Colorado State University may be eligible to receive the Partnership Award Scholarship.

Selected students will be responsible for travel to and from the CSU campus.

The application deadline is Friday, May 5, 2017.

**4th Annual Leadership Summit for Native Youth in Food and Agriculture
University of Arkansas School of Law
Fayetteville, Arkansas**

July 16 – 25

Application deadlines are listed below.

First-year students: April 11, 2017

Student Fellows (returning students): April 11, 2017

Applications are on-line and can be downloaded.
We encourage you to apply if you:

- * are American Indian, Alaska Native, or Native Hawaiian;
- * are between the ages of 15 and 18;
- * are passionate about food and agricultural production, and
- * have the courage to lead their Tribes and communities into the future

Spaces are limited, so PLEASE APPLY AS SOON AS POSSIBLE.

Cost to Attend

All food, lodging, instructional materials and field trip costs will be provided. Depending on the number of students, some travel scholarships will also be provided. However, we need applications as soon as possible to plan for travel needs.

Hosts

Indigenous Food & Agriculture Initiative, University of Arkansas School of Law and the Intertribal Agriculture Council

OSCAR HOWE SUMMER ART INSTITUTE

June 11–23, 2017

UNIVERSITY OF SOUTH DAKOTA, VERMILLION

The OHSAI is open to high school students in grades 10–12, with a demonstrated talent in the visual arts and strong interest in Indian culture. Participants are selected based upon the online application, at least one letter of reference, and a portfolio of their artwork. Special attention is given to applications from Native American students.

All application materials are due by April 1, 2017. Applications must include:

- * Letter of Application, containing the student's name and contact information and a statement of why the nominee would like to attend the OHSAI. This is available online at www.usd.edu/finearts/art/ohsai-registration.
- * Letter of Reference from an instructor, artist or other interested party, addressing why the nominee should be accepted into the Institute.
- * Portfolio of Artwork, consisting of 15 images of the student's artwork. Preferred method is to send a CD of the student's work in JPG format at the highest resolution possible.
- * The letter of reference and portfolio should be mailed to: Oscar Howe Summer Art Institute Department of Art, University of South Dakota 414 East Clark Street, Vermillion, SD 57069

For more information visit us online at www.usd.edu/fine-arts/art/ohsai or email art@usd.edu or phone 605-677-5636.

Contact: Cory Knedler

Department of Art University of South Dakota
414 E. Clark Street, Vermillion, SD 57069

NativeVision Scholarship

Purpose

Established in 1996, NativeVision gives annually a \$5,000 college scholarship to outstanding American Indian young people with a commitment to education, athletics and leadership.

Eligibility

Candidates must:

1. Be an enrolled member of a federally recognized tribe;
2. Demonstrate a sustained involvement in the community and an applied concern for American Indian issues and initiatives;
3. Maintain a grade point average (GPA) of **3.0 or higher** at the time of application;
4. Demonstrate involvement in extracurricular, athletic activities, and/or additional learned skills (e.g., languages, computer skills, software/ programs fluent in, etc.);
5. Be admitted to an accredited community college or four year undergraduate program (for fall 2017).

Application Checklist

Application for the NativeVision Scholarship must include the following items.

Applications missing any of the following items will not be considered.

- * Completed application describing school activities, community services, athletic activities, additional skills, and financial information.
- * Proof of membership in a federally recognized tribe.
- * Copy of your acceptance letter to school in the fall of 2017.
- * A 200 word essay explaining goals for the future and how the NativeVision scholarship would assist in achieving dreams. Please emphasize how goals relate to continued involvement in American Indian communities.
- * High school transcript indicating GPA of 3.0 or higher.
- * Two (2) completed recommendation forms including written statements from recommenders (recommendations cannot come from a family member).

PLEASE MAKE SURE YOUR NAME IS ON ALL APPLICATION MATERIALS & ESSAYS.

Application Submission

Submit completed applications to:

Marlena Hammen
NativeVision Scholarship
Johns Hopkins Center for American Indian Health
415 N. Washington Street 4th Floor
Baltimore, Maryland 21231
Telephone: 410-955-6931; Fax: 410-955-2010

Applications must be received by Ms. Hammen no later than May 12, 2017 at 5pm (EDT)

SMA NATIVE AMERICAN STEM SCHOLARSHIP

Submission Deadline: Must be received by 5:00 p.m. on June 16, 2017

Purpose: Souder Miller & Associates (SMA) seeks to recognize and encourage Native American college-bound high school and college students in his/her pursuit of a four-year degree in Science, Technology, Engineering or Mathematics.

Scholarship Terms and Renewal: Each scholarship shall be for a full academic year where the student registers for a fulltime course load, pursues a BA/BS degree in Science, Technology, Engineering or Mathematics, successfully completes all courses, maintains a cumulative GPA of 3.0, and does not become subject to any disciplinary or criminal action. Automatic renewal for up to a maximum of four academic years or up to completion of Bachelor's Degree (whichever comes first) is at the discretion of the Scholarship Committee. SMA will transfer the first installment of \$750.00 directly to the scholarship recipient's college or university by August 19th, and the second installment of \$750.00 after receipt of the first semester transcripts. No payments will be made directly to scholarship recipients. The scholarship can be used for tuition, fees, books, or on-campus housing/meals.

Eligibility Requirements: In order to be eligible for consideration under this Award program, the scholarship applicant must:

- * Be an enrolled member of federally recognized Pueblo, Nation or Tribe in the United States of America.
- * Be a high school graduate by June 2017 who has been accepted by an accredited U.S. college or university.
- * Be a college STEM student already enrolled at an accredited college or university.
- * Have a cumulative GPA of at least 3.0. • Major in a STEM (Science, Technology, Engineering or Mathematics) field.
- * Have a clean criminal and driving record. May not have been placed on disciplinary or academic probation at any time.

Application Requirements: In order to be eligible for consideration, the applicant must provide:

- * Completed and signed application form and applicant agreement
- * Certificate of Indian Blood (CIB)
- * High school or college transcript (cumulative GPA must be 3.0 or higher)
- * Letter of College or University Admission (if a graduating high school student)
- * Two (2) letters of reference
 - * at least one from an instructor or advisor
 - * one from another source (not a family member)
- * A one-page, single-spaced essay that answers the question listed in the essay instructions

*** Optional Submission: Please describe any extra-curricular activities you currently participate in and note whether they are related to a STEM field.

E-mail to: nativeamerican.scholarship@soudermiller.com, mail or hand-deliver to SMA Native American STEM Scholarship, Souder, Miller & Associates, 3451 Candelaria Road NE, Ste D, Albuquerque, NM 87107. Incomplete application packages will be rejected.

Recipients are encouraged to attend an Awards Banquet at a designated SMA location

Scholarship recipient(s) will be notified of award by phone and mail; all others will receive an e-mail

Isleta Elder Center: March 2017 Recap

Spring is officially in the air and the March winds have quickly blown us in to April. The Isleta Elder Center had a lot of great events that took place throughout the month of March. Our community was very grateful to Father George back in our pueblo as he began the month with a beautiful Ash Wednesday Mass held at the Elder Center. Events such as the 2017 AARP Free Tax Assistance Day was a great event that took place as the Elder Center hosted AARP volunteers who assisted seniors of our community with their tax preparation needs. This event had over 100+ individuals throughout the day. The Elder Center also hosted our monthly Afternoon Bingo, our March session was themed around St. Patrick's Day and participants dressed in their favorite green attire as they enjoyed the afternoon filled with friends, refreshments, popcorn, and great prizes. With all these events taking place in March, there is a lot to look forward to as we move in April.

Upcoming events for April 2017:

With the spring season in full effect and the weather becoming warmer there are a lot of great activities and events to look forward as we move into April. We encourage all the older adults in our community to take advantage of the various activities and events throughout the year. Research has shown that older adults who have a social outlet are more likely to feel less depressed, are more engaging, & are likely to experience a more meaningful lifestyle. Below is a list of activities & events for the month of April 2017:

April 10, 2017: Staff Meeting

April 12, 2017: Health Discussion with Dr. Cumby – Assisted Devices Talk

April 12, 2017: Disabilities Benefits discussion – San Juan Center for Independence

April 13, 2017: Catholic Mass

April 13, 2017: Afternoon Easter Event

April 19, 2017: General Meeting: Fire Prevention – Jose Tenorio, Southern Pueblos Agency

April 26, 2017: Afternoon Bingo Day

April 27, 2017: Isleta Elder Center Advisory Committee Meeting

April 27, 2017: PNM Assistance Program: *Please See flyer located in the Isleta Tribal Newsletter for more details

April 18 & 27, 2017: Commodity Dates

April 2017: Isleta Elder Center Exercise/ Recreation & Senior Olympics

April 4, 2017: Senior Olympic Meeting & Discussion: Local Results & National Senior Games Travel

Tuesday evenings: Shuffleboard Practice
Isleta Recreation Center: Gym
5:30pm – 7:00pm

Thursdays: Estimated Time Practice & Morning walk
Isleta Recreation Center: Walking Track
9:00am – 10:00am

Thursdays: Exercise Basics
Isleta Elder Center: Activities Room
2:00pm – 3:00pm

Mondays, Wednesdays, & Fridays: Enhance Fitness Classes with Bernadette Jojola
Location: Isleta Rec. Center Gym
Monday Time: 10:30am – 11:30am
Wed. & Friday Time: 9:00am – 10:00am

April 25, 2017: Manzano Mesa Shuffleboard Practice

TBD April 2017: Belen Senior Center Visit – Learning Pickle ball

April 2017: Isleta Senior Games Schedule – Ages 50 & Older

April 3 – 5, 2017: Isleta Senior Games Event Makeup Week continued

Major Field Trip: Adults 60 & Older

April 28, 2017: NM Tram Visit & Lunch 9:00am – 4:00pm

Join the Elder Center as we provide Free Transportation to seniors ages 60 & older to a day of fun at the Sandia Tram & Sandia Casino. Enjoy a morning of outdoor exploring and fresh mountain air on top the beautiful Sandia Mountains followed by lunch at the Sandia Casino. All participants are responsible for the fees associated with Sandia Tram as well as the cost for lunch.

For more information about any of the Isleta Elder Center's upcoming activities and events, please contact us at (505)869-9770. Please see our Elder Center monthly calendar for listed times & dates. All dates and events are subject to change.



Shuffleboard doubles 2017



Washers players getting some practice in.



Olympic Walkers



St. Patrick's Day Bingo participants.



St. Patrick's Day Bingo participants.

Calendar Notes:

Commodity Dates

April 18 & 27, 2017
Location: Isleta Elder Center
Time: 8:30am - 4:00pm

Isleta Senior Games:

Make-up Week #2:
April 3 - 7, 2017
Location: Various

Elder Center Mass & Easter Event

April 13, 2017
Elder Center Activities Room
Mass Time: 11:00am - 12:00pm
Event Time: 1:15pm - 3:30pm

Friendship Breakfast & General Meeting:

Fire Prevention & Safety:
Wednesday, April 19, 2017
Location: Isleta Elder Center
Time: 10:00 am - 12:00 am

PNM Low Income Assistance Program

Thursday, April 27, 2017
Location: Elder Center
Activities Room
Time: 9:00 am - 11:00am

Field Trip Day: Tram & Lunch

Friday, April 28, 2017
Location: Sandia Tram & Sandia Casino for lunch
Time: 9:00 am - 4:00 pm
Must have 5 or Participants in attendance
Free Transportation

**Please note: Dates & Events are Subject to change.*

2017

Activities Calendar
Isleta Elderly Center
(505) 869-9770

April

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 <small>2017 Isleta Senior Games Make-up Week #2: Various Events</small> <small>Enhance Fitness Isleta Rec Center 10:00am - 11:00am</small>	4 <small>Isleta Senior Olympian's Meeting Isleta Elder Center 1:00pm - 2:00pm & 5:30pm - 7:00pm</small>	5 <small>2017 Isleta Senior Games Make-up Week #2: Various Events</small> <small>Enhance Fitness Isleta Rec Center 9:00am - 10:00am</small>	6 <small>2017 Isleta Senior Games Make-up Week #2: Various Events</small> <small>Basic Exercise @ Elder Center 1:30p.m. - 2:30p.m.</small>	7 <small>2017 Isleta Senior Games Make-up Week #2: Various Events</small> <small>Enhance Fitness Isleta Rec Center 9:00am - 10:00am</small>
10 <small>Staff Meeting: 12:30pm - 2:30pm</small> <small>Enhance Fitness Isleta Rec Center 10:00am - 11:00am</small>	11 <small>Open Activities Room Isleta Elder Center 8:00am - 4:00pm</small>	12 <small>Health Discussion: W/Dr. Cumby Assisted Devices & Disabilities Benefits w/San Juan Center for Indepence 10:00a.m. - 12:00p.m</small>	13 <small>Mass @ Elderly Center Activities Room 11:00a.m</small> <small>Easter Event 1:15pm - 3:30pm</small>	14 GOOD FRIDAY <small>Enhance Fitness Isleta Rec Center 9:00am - 10:00am</small>
17 <small>Open Activities Room Isleta Elder Center 8:00am - 4:00pm</small> <small>Enhance Fitness Isleta Rec Center 10:00am - 11:00am</small>	18 <small>Open Activities Room Isleta Elder Center 8:00am - 4:00pm</small> <small>Commodity Day Elder Center 8:30am - 4:00pm</small>	19 <small>Friendship Breakfast & General Meeting Fire Prevention & Safety Presentation By: Jose Tenorio, SPA Elder Center 9:00am - 12:00pm</small>	20 <small>Est. Run/Walk Practice Isleta Rec Center 9:00am - 10:00am</small> <small>Basic Exercise @ Elder Center 1:30p.m. - 2:30p.m.</small>	21 <small>Open Activities Room Isleta Elder Center 8:00am - 4:00pm</small> <small>Enhance Fitness Isleta Rec Center 9:00am - 10:00am</small>
24 <small>Open Activities Room Isleta Elder Center 8:00am - 4:00pm</small> <small>Enhance Fitness Isleta Rec Center 10:00am - 11:00am</small>	25 <small>Shuffleboard Scrimage Monzano Mesa Center 10:30am - 4:00pm</small> NO OTHER PRACTICES	26 <small>Afternoon Bingo Elder Center 1:15am - 3:30pm</small> <small>Enhance Fitness Isleta Rec Center 9:00am - 10:00am</small>	27 PNM Low Income Assistance Program 9:00a.m. - 11:00a.m. <small>Advisory Committee Meeting @ Elder Center: 9:00am</small>	28 FIELD TRIP DAY: SANDIA TRAM & LUNCH 9:00AM - 4:00PM <small>Enhance Fitness Isleta Rec Center 9:00am - 10:00am</small>

Calendar Notes:

Homebound Deliveries:

Please Call Before
10:00a.m.
to CANCEL meals.

Congregate Meals:

Offered Daily From:
12:00p.m. - 1:00p.m.
Salad Bar included

*** Menu is subject to change.

*** All meals are prepared
with LOW SALT & SUGAR.

For More Information:

Activities :
Eugene Jojola

Adult Day Care:
Emma Abeita
Nicole Abeyta

Food Services:
Robyn Kowice

April
















2017

Monthly Menu
Isleta Elderly Center
(505) 869-9770

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<small>4/3/2017</small> Barley soup w/ground beef and cabbage, g.beef 3 oz barley 1/4 c, cabbage 1/4 c Steamed carrots 1 c WW Roll = 56 g Fresh Fruit	<small>4/4/2017</small> Breaded Baked Chicken chicken breast 3 oz Mixed Vegetables 1 c Wild rice 1/2 c Baked Apples 1/2 c	<small>4/5/2017</small> Meatball Sandwich Meatball 3 oz, Mozz .5 oz Hot Dog Bun 1 ea = 56 g Marinara Sauce 1/2 c Mixed Vegetables 1/2 c Fresh Fruit	<small>4/6/2017</small> Turkey and Noodle casserole Turkey 3 oz, peas/carrots 1/2 c WW rotini 1/2 c Yellow squash 1/2 c Biscuit = 56 g Fruit cup = 1/2 c	<small>4/7/2017</small> Pinto Beans 1 cup Spinach, Egg & Onion 1/2 c egg, 1/4 c spinach Red Chile torta 1 ea WW tortilla 8" Fresh Fruit
<small>4/10/2017</small> Rice Stew 3 oz ground beef, 1/2 c rice Mixed Vegetables 1 c Biscuit = 26 g Fresh Fruit 1/2 c	<small>4/11/2017</small> Ham n Cheese Sub Sandwich 2 oz ham, 1 oz cheese 1 Bun = 56g Potato Salad 1/2 c Carrot sticks 1 c Fresh fruit Staff Meeting	<small>4/12/2017</small> Spaghetti w/ground turkey 3 oz g. turkey, marinara 1/2 c WW spaghetti 1/2 c Corn 1/2 c Garlic Bread stick = 26 g Fruit cup = 1/2 c	<small>4/13/2017</small> Garbanzo beans w/cubed stew meat, 2 oz beef, garbanzo beans 1 c (M/MA) Mixed Veggies 1 c WW Bread = 56 g Fruit cup = 1/2 c	<small>4/14/2017</small> Grilled Cheese, 2 oz Cheese 2 slice WW bread = 56 g Tomato Soup 1 c Baked Beans 1/2 c Fresh Fruit 1 ea Fruit cup 1/2 c Good Friday
<small>4/17/2017</small> Macaroni Stew 3 oz g.beef, elbow pasta 1/2 c Three Bean Salad 1/2 c Steamed carrots 1/2 c WW Bread = 26 g Fresh fruit	<small>4/18/2017</small> Chef Salad Turkey 2 oz, Cheese 1 oz Spring Mix 1 c Tomato/Cucumber 1 c Garlic Breadsticks = 56 g Fruit cup 1/2 c Ranch dressing .9 oz	<small>4/19/2017</small> Beef Stroganoff over Noodles 3 oz beef, egg noodle 1/2 c Peas/Carrots 1 c Rice and Raisins 1/2 c rice, 1/4 c raisin	<small>4/20/2017</small> Red Chile Chicken Adovada Chicken 3 oz, Red Chile 1/8 c Spanish rice 1/2 c Yellow squash 1/2 c Zucchini 1/2 c Tortilla 8" Fresh fruit	<small>4/21/2017</small> Rice/Broccoli/Ham Casserole in cream of mushroom soup 2 oz ham, 1 oz cheese rice 1/2 c, broccoli 1/2 c Mixed veggies 1/2 c WW Crackers = 26 g Fresh Fruit
<small>4/24/2017</small> Turkey Pot Pie 3 oz diced turkey, peas & carrots 1/2 c, pie crust = 2 grain eq Brussels Sprouts 1/2 c Peach crisp = 1/2 c fruit	<small>4/25/2017</small> Green Chile Stew Pork 3 oz, Green chile 1/4 c Potato in stew 1/2 c Corn 1/2 c Tortilla 8" Fresh fruit	<small>4/26/2017</small> Sloppy Joe on ww bun G. turkey 3 oz, Sloppy joe WW bun = 56 g Baked Beans 1/2 c Fruit cup = 1/2 c	<small>4/27/2017</small> Split Pea w/Ham Soup 1/2 c Split Pea M/MA, 2 oz Ham Mixed Veggies 1 c WW Roll = 56 g Fruit Cup	<small>4/28/2017</small> Chicken and Macaroni Casserole 3 oz diced chicken ww pasta 1/2 c Mixed Vegetables 1 c Biscuit = 56 g Fresh Fruit
		CONGREGATE MEALS Salad Bar offered daily <small>Based on the availability of ingredients/produce or other unforeseen circumstances, menus are subject to change.</small>	Please call ahead of time to cancel Home Delivered Meals. This saves time and money. Thank You.	Congregate meals age 55+ free of charge. Persons ages < 55 the suggested donation is \$5.00 however any donation is appreciated.

Adult Day Services Calendar April 2017



Mon	Tue	Wed	Thu	Fri
<p>3) <i>Field Trip</i> 10-2 Wal-Mart & Lunch</p> 	<p>4) 10-11 Nutrition Education 11-12 Chair Exercises 1-3 ADS Choice</p> 	<p>5) 10-11 Chair Exercises 11-12 Card/Board Games 1-3 Bead Work</p> 	<p>6) 10-12 Make Easter Baskets 1-3 Continue w/ Baskets</p> 	<p>7) 10-11 Open Activity 11-2 ADS Easter Luncheon</p> 
<p>10) <i>Field Trip</i> 8-2 Jemez Senior Center</p> 	<p>11) 10-11 ADS Choice 12-3 Closed for Staff Meeting</p> 	<p>12) 10-11 Nutrition Education 11-12 Easter Crafts 1-3 Continue with Crafts</p> 	<p>13) 10-11:30 Easter Bouquets 11:30-12 Catholic Mass 1-3 Continue with Easter Bouquets</p> 	<p>14) <i>Closed</i> Good Friday</p>
<p>17) 10-11 Chair Exercises 11-12 Make Spring Wreaths 1-3 Continue w/ Wreaths</p>	<p>18) 10-12 Make Aprons 1-3 Continue</p>	<p>19) 10-12 General Meeting 1-3 Open Activity</p> 	<p>20) 10-11 Morning Walk 11-12 Painting 1-3 Continue w/ Painting</p>	<p>21) 10-11 Nature Walk 11-12 Design Flower Pots 1-3 Fill Flower Pots</p>
<p>24) 10-11 Chair Exercises 11-12 Spring Crafts 1-3 Continue w/ Crafts</p>	<p>25) 10-12 Bake Spring Goodies 1-3 Eat & Enjoy!</p> 	<p>26) 10-11 Chair Exercises 11-12 Plastic Canvas Crafts 1-3 Bingo</p> 	<p>27) PNM Benefits Assistance 10-12 Open Activity 1-3 ADS Choice</p> 	<p>28) <i>Field Trip</i> 10-2 Indian Pueblo Cultural Center</p>
<p>*Calendar Subject to Change</p> 	<p><i>April Commodities</i> April 18th & April 27th</p>	<p><i>For Further Assistance</i> Emma Abeita 869-9770 Nicole Abeyta 869-9770</p>	<p><i>April Birthdays</i> Na-Na Sophie April 2nd Emma A. April 5th Nicole A. April 19th Carmen R. 25th</p>	

In Memory

Lupita Thomas, 1930-2017

We would like to thank everyone who knew our beloved Lupita Thomas for your kind words, encouragement, shared memories, and donations given during our family's time of sorrow. Ms. Thomas was a mother, sister, grandmother, great-grandmother, aunt, and friend who lived a wonderful 87 years. She loved her Cowboys and she enjoyed attending the Adult Day Services Program at the Pueblo of Isleta Elder Center. Thank you to Pauline Lucero and the entire staff at the Elder Center/Adult Day Services program, and in particular, her Personal Care Service aides, Jolene Carpio and Sharon Chiwewe. We'd also like to say thank you to the staff at the POI Assisted Living Facility for making her feel comfortable at 'home'. Finally, thank you to all that had befriended her, engaged with her, or helped in one way or another; your constant friendship and companionship throughout the years is appreciated.



Our Condolences

On behalf of the entire Pueblo of Isleta, the Governor's Administration and the Tribal Council, I would like to express our heartfelt condolences to the families who lost loved ones over the last few weeks. We, the people of Isleta are one large family and when one of us feels the pain of the loss of a loved one, we all feel that pain as well. We take consolation in the fact that as a community with strong traditional and cultural values, we turn to our neighbors in times of need to help and assist whenever and wherever we can. Such is the way we were taught by those who came before us and that is how we expect those who will follow us to teach their children as well. I salute all of those tribal members who gave so generously of themselves to assist others in need during their time of mourning. Maybe you cooked a meal, sang in the church choir, dug the grave, baked bread or chopped wood, or maybe you were just there to hold a hand and dry a tear. I salute you all for everything and everyone who helped a friend or family member. May our Creator continue to bless our community and our people in times of need. We remember the following tribal members who have left us for a better place.

*Michael Paquin, Maria Reynita Jaramillo,
Agnes Lucero, Maria Legoria Zuni,
Barbara Jaramillo Alvarez, Nana Lupe Abeita.*

In Memory of

Na-Na Lupe Abeita

We wish to express our most sincere appreciation and heartfelt thank you to our relatives, family, friends, and community for the outpour of love and support during Na-Na Lupe leaving us.

Thanks to father George, Auntie Frances, Dr. Nelson, Marla Jim, Natasha Abeita, and Ann Begay, who were always there to care for her. For Richard Garcia, Ed Riley, and family for the wonderful mass. Thanks for all of your prayers and help you gave to the family. May god bless you all, with good health and happiness. Thanks ever so much. We're sure Na-Na Lupe is grateful to all of you as well.

Thanks to all, Abeita Family!

St. Augustine Parish Isleta Pueblo Ministry of Consolation



MISSION STATEMENT

We are a ministry of consolation at St. Augustine Parish to offer spiritual comfort and support to families who have experienced the loss of a loved one. We will continue to honor and respect our traditional teachings.

With Sympathy

"In times of sorrow God's quiet waters of hope and courage flow"

Healthy Snacks for Kids

Parfait: Layer yogurt and mandarin oranges or blueberries in a tall glass. Top with a sprinkle of granola.

Mini Pizza: Toast a whole grain English muffin, drizzle with pizza sauce and sprinkle with cheese.

Banana Split: top a banana with vanilla and strawberry yogurt and sprinkle with your favorite whole grain cereal.

Smoothie: Blend yogurt, milk, frozen strawberries and a banana in a blender for a frozen treat.

Spread peanut butter on apple slices, celery or graham crackers.

Dip it!

- Baby carrots and cherry tomatoes in ranch dressing
- Strawberries and apple slices in yogurt
- Pretzels in mustard
- Graham crackers in apple sauce
- Baked tortilla chips in bean dip or hummus
- Animal crackers in low fat pudding
- Bread sticks in salsa

For more healthy snack ideas visit www.eatright.org

Plan of Action!

Small changes to your family's meals and snacks can mean big rewards in your health! Tips for making positive changes:

1. Choose one area to focus on such as soft drink intake, snacks, cooking at home, etc.
2. Involve the entire family by coming up with a plan together.
3. Don't be afraid of mistakes and bumps along the way, no one is perfect.
4. WIC is here to help! We are happy to help you make a plan that you can stick to.

The WIC Program offers a variety of healthy foods and practical nutrition information to help your family be happy and healthy! Call us today for our soonest available appointment.

Isleta Health Center Behavioral Health Services

Prevention Programs
Phone: 505-869-5475

Methamphetamine and Suicide Prevention Initiative (MSPI)

• **MSPI Quarter 2 Update & Quarter 3 Planning and Implementations**

With our MSPI Quarter 2 coming to an end (January – March), we continue to plan activities for the youth of the community. We ask the youth to help plan the activities we can offer them. All activities under the MSPI Funded Grant Purpose Area #4, Generation Indigenous (GEN-I) Youth Support Initiative, seek to meet 3 broad objectives:

1. *Implement evidenced-based and practice-based approaches to build resiliency, promote positive development, and increase self-sufficiency behaviors among native youth;*
2. *Promote family engagement; and*
3. *Increase access to prevention activities for youth to prevent methamphetamine use and other substance use disorder that contribute to suicidal behaviors in culturally appropriate ways.*

In order to meet an overall MSPI Goal, we promote early intervention strategies and implement positive youth programming aimed at reducing risk factors for suicidal behavior and substance abuse.

During Teen Dating Violence Awareness Month, we were able to complete activities for our Quarter 2 goals including education about communication, problem solving, and awareness of dating violence and healthy relationships. Youth enrolled in the BHS Prevention Program's After-School Program (ASP) enjoyed a snowboarding activity as an Experiential Outdoor Outing.

For the last two months, the youth enrolled in ASP earned their way to go to Ski Santa Fe where they will have lessons on the fundamentals of snowboarding. During the March Spring Break, the youth will learn how adobes are made. Other ideas for the Spring Break week (March 20-23) include a trip to Santa Fe for an outdoor experiential outing with the Santa Fe Mountain Center Ropes Courses, education sessions and Equine Therapy. Look for the May edition of the POI newsletter for updates on all the Spring Break fun!

Again, community members and youth are invited to be a part of our planning processes for Quarter 3. Our next big planning phase includes Summer Programming and our Annual Youth Summit Summer Series. For more information, contact Isleta Behavioral Health Services, 505-869-5475.

• **Snowboarding 2017 Update**

The youth participants enrolled in the Behavioral Health Services Prevention Program's After-School Program (ASP) had the opportunity to engage in an Experiential Outdoor Outing of Snowboarding.

For the last two months, the ASP youth earned their way to go to Ski Santa Fe where they learned the fundamentals of snowboarding. Such fundamentals included feet placements, balancing, turning, boarding etiquette, and much more. The ASP participants were awarded this opportunity for attendance and participation in Quarter 1 activities.

There were a total of 16 youth participants in snowboarding outings with three chaperones. Four of these youth are considered mentors with the Prevention Program. These mentors have a long standing with the Prevention Program through ASP and Summer Programs. The youth mentors were positive role models and provided guidance to other youth during this outing. The guidance involved areas such as walking youth through rentals, gathering gear, putting on boarding boots, and helping them learn the fundamentals of snowboarding. Chaperones had the opportunity to share memorable moments with the youth from their own struggles of learning snowboarding basics and see the youth smile, laugh, have fun, and express their gratitude at the end of the day.

Two groups were initiated with the snowboarding outings and both groups had two opportunities to go snowboarding. Each group got Never Ever snowboarding lessons from skilled snowboarding instructors. The instructors were really helpful in teaching the fundamentals and providing hands on learning. Our youth all learned a new skill. After the snowboarding lessons were given, the following group outing was meant for them to practice on their own, and see their ability to go up the mountain on the ski lifts. Although not every participant made it to the ski lift, we had 90% make it. Of those that made it up the lift, they had the opportunity to practice more on fundamentals coming down the mountain.

Please join us for a

PNM Good Neighbor Fund On-Site Event for Isleta Elders!

DATE: Tuesday, April 12th, 2016
TIME: 10:00am till 12:00pm
LOCATION: Isleta Elder Center at the Isleta Pueblo

Get help at this event to pay your PNM electric bill & get helpful money saving information!

Please bring the following documents that are needed to process Good Neighbor Fund assistance:


- Your current PNM electric bill
- Proof of all household income *including a current bank statement with deposit information*
- ID's for all adults living in the home
- ID's for children living in the home
- Proof of LIHEAP assistance


More Info:
505-869-9770

Household Size	Monthly income
1	\$1,471
2	\$1,991
3	\$2,511
4	\$3,031
5	\$3,551
6	\$4,071
7	\$4,591
8	\$5,111
Each additional	\$383
150% of Poverty Source: LIHEAP Clearinghouse	



APRIL 2017 **ISLETA HEALTH CENTER** Questions? Call 869-3200

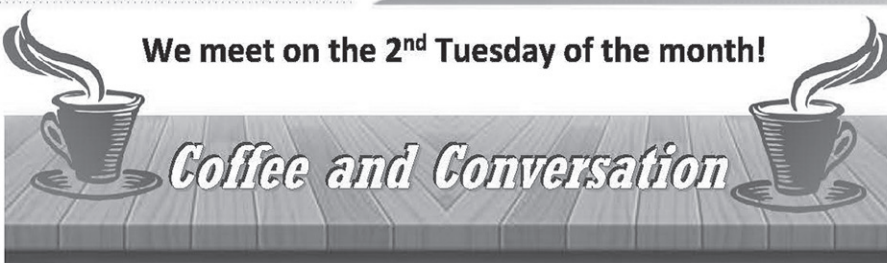
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT / SUN	
<p>Reminder: "DPP" = Diabetes Prevention Programs @ 869-4595. "BHS" = Behavioral Health Services @ 869-5475.</p>						<p>Saturday, April 1st 5th Annual Cancer Conference 10:30am—4:15pm @ Isleta Eagle Golf</p>
<p>3 Early Recovery Skills: 9-12p @ BHS. Alcoholics Anonymous: 11-12p @ BHS. Women's Path to Recovery: 1-2:30p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS. Freedom From Smoking Session 4, 5:30-7:30p @ small conf. room, IHC.</p>	<p>4 Pueblo Women Rising: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Pueblo Men Rising: 2-3:30p @ BHS. Freedom From Smoking Session 5, 5:30-7:30p @ Health Training Center. Express Endurance: 5:30-7:30p @ DPP Wellness Center.</p>	<p>5 Young Leaders Youth Krew: 4:30p @ BHS. DPP Walking Group: 5:30-6:30p @ DPP Wellness Center.</p>	<p>6 CLINIC OPENS AT 9:50am Grief Group: 1-2p @ BHS. Express Endurance: 5:30-7:30p @ DPP Wellness Center. Alcoholics Anonymous: 6-7p @ Health Training Center.</p>	<p>7 Early Recovery Skills: 9a-12p @ BHS. Alcoholics Anonymous: 11-12p @ BHS. Another Recovery Technique (ART): 1-3:30p @ BHS.</p>	8 / 9	
<p>10 Early Recovery Skills: 9-12p @ BHS. Alcoholics Anonymous: 11-12p @ BHS. Women's Path to Recovery: 1-2:30p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS. Freedom From Smoking Session 6, 5:30-7:30p @ large conf. room, IHC.</p>	<p>11 Pueblo Women Rising: 10-11a @ BHS. POI Community Cancer Support 'Breast & Cervical Cancer Awareness': 10:30a @ IHC Kitchen. Acu-Detox: 1-2p @ BHS. Pueblo Men Rising: 2-3:30p @ BHS. Express Endurance: 5:30-7:30p @ DPP Wellness Center.</p>	<p>12 Parent Preview of "Puberty Education Program": 1:30pm @ Isleta Elementary School (S. Barela, IHC Health Educator). Young Leaders Youth Krew: 4:30p @ BHS. DPP Walking Group: 5:30-6:30p @ DPP Wellness Center.</p>	<p>13 CLINIC OPENS AT 9:50am Grief Group: 1-2p @ BHS. Express Endurance: 5:30-7:30p @ DPP Wellness Center. Alcoholics Anonymous: 6-7p @ Health Training Center.</p>	<p>14 Early Recovery Skills: 9a-12p @ BHS. Alcoholics Anonymous: 11-12p @ BHS. Another Recovery Technique (ART): 1-3:30p @ BHS.</p>	15 / 16	
<p>17 Early Recovery Skills: 9-12p @ BHS. Alcoholics Anonymous: 11-12p @ BHS. Women's Path to Recovery: 1-2:30p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS. Freedom From Smoking Session 7, 5:30-7:30p @ small conf. room, IHC.</p>	<p>18 Pueblo Women Rising: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Pueblo Men Rising: 2-3:30p @ BHS. Express Endurance: 5:30-7:30p @ DPP Wellness Center.</p>	<p>19 Young Leaders Youth Krew: 4:30p @ BHS. Community Healthy Cooking Class (Diabetes Prevention): 5:00p @ Health Center Kitchen.</p>	<p>20 CLINIC OPENS AT 9:50am Grief Group: 1-2p @ BHS. Express Endurance: 5:30-7:30p @ DPP Wellness Center. Alcoholics Anonymous: 6-7p @ Health Training Center.</p>	<p>21 Early Recovery Skills: 9a-12p @ BHS. Alcoholics Anonymous: 11-12p @ BHS. Another Recovery Technique (ART): 1-3:30p @ BHS.</p>	22 / 23	
<p>24 Early Recovery Skills: 9-12p @ BHS. Alcoholics Anonymous: 11-12p @ BHS. Women's Path to Recovery: 1-2:30p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS. Freedom From Smoking Session 8, 5:30-7:30p @ small conf. room, IHC.</p>	<p>25 Pueblo Women Rising: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Pueblo Men Rising: 2-3:30p @ BHS. Express Endurance: 5:30-7:30p @ DPP Wellness Center.</p>	<p>26 Young Leaders Youth Krew: 4:30p @ BHS. DPP Walking Group: 5:30-6:30p @ DPP Wellness Center.</p>	<p>27 CLINIC OPENS AT 9:50am Grief Group: 1-2p @ BHS. Express Endurance: 5:30-7:30p @ DPP Wellness Center. Alcoholics Anonymous: 6-7p @ Health Training Center.</p>	<p>28 Early Recovery Skills: 9a-12p @ BHS. Alcoholics Anonymous: 11-12p @ BHS. Another Recovery Technique (ART): 1-3:30p @ BHS.</p>	29 / 30	



Pueblo of Isleta Community Cancer Support Group

Support the health of your family.
Educate yourself on cancer.
REDUCE YOUR RISK!


We meet on the 2nd Tuesday of the month!



Coffee and Conversation

Next Meeting:	April 11, 2017
Time:	10:30am – Noon
Location:	Isleta Health Center Kitchen
Topic:	Breast and Cervical Cancer Awareness
Presenter:	Deb Openden

Call Stephanie Barela @ 869-4479 for more information.

Please join us!  Everyone welcome!

Child Safety Seat Clinic

3 OUT OF 4 CHILD SAFETY SEATS ARE USED INCORRECTLY.
Could yours be one of them?

Learn How to Properly Install Your Child's Car Seat to Keep Them Safe!*

WHEN:

Saturday, May 6th
9:00am – 11:00am

WHERE:

Isleta Health Center
1 Sagebrush Street in Isleta Pueblo

Have your child safety seat or booster seat inspected for recalls, broken parts, improper installation, and appropriateness for your child. Learn the restraint law in New Mexico. There is no charge for this service.

***Must have child and car seat present!**

CALL 869-4479
FOR MORE INFORMATION

